



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Netzavim Vayelech 5783

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Thursday 14 Elul 5783

The Secret Of Elul

The Rosh Yeshiva Says:

I am so happy that we are already going to Uman. We are all going together, with all the children to the Rebbe for Rosh Hashanah. It's hard for everyone, yet we break through all the obstacles. Remember, the secret of Elul is "Hear your disgrace, and keep quiet", there is nothing else that will clean a person, than to keep quiet after hearing an insult. Thank Hashem, I have at least one insult every day, if not more. If we merit to remain silent, we don't answer back, we continue on with serving Hashem, we will merit to Teshuva, to the realization of Hashem's honor, Sourced in (Lekutei Moharan 1:6).

Today's message has been taken from a letter from the Rosh Yeshiva Wednesday Parshas Ki Savo L'Uman Taf Shin Pey Gimel



Friday 15 Elul 5783

Sit and Shmooze Together

The Rosh Yeshiva Says:

People get so bored on Shabbos that they need to buy magazines worth \$100! After Kiddush and dipping the Challah into Tomato dip, the kids are with their magazines on one couch and the wife is with her magazine on the other couch.

I don't expect you to say Torahs at the table, not every family can listen to Diveri Torah or about the Rebbe - the Rebbe - the Rebbe. Just simply sit and schmooze together, As long as you don't talk about another person, neighbor or Ruv. As long as you don't badmouth someone, you can talk about any topic at the Shabbos table. Talk about clothing, about furniture, about houses, and even about the news.

Today's message has been taken from the Rosh Yeshivas Daily Inspiration Clips in English Thursday Parshas Ki Savo L'Uman Taf Shin Pay Gimel



Sunday 17 Elul 5783

Emunas Tzadikim

The Rosh Yeshiva Says:

Thank you Hashem, that Hashem had mercy on us and sent us the holy Rebbe's Neshama during the last generation before Moshiach. A time that we are struggling with terribly and we are going out of our minds. We have challenges in faith, in holiness, in immorality, and Hashem sent us the holy Rebbe who comes down to our level and lifts us up to return to Hashem. This same Rebbe who strengthens us the whole year, said that we should come to him for Rosh Hashanah. This is not something we can understand with common

sense, this is only done through Emunas Tzadikim and by allowing ourselves to understand that the Rebbe knows more than we do.

Today's message has been taken from a lecture from the Rosh Yeshiva Tuesday Parshas Ki Savo L'Uman Taf Shin Pey Gimel



Monday 18 Elul 5783

Unload Our Heavy Baggage

The Rosh Yeshiva Says:

We are already clapping our hands and dancing "Uman Uman Rosh Hashanah". We are rejoicing that very soon we will be traveling to the Rebbe in Uman. There, we will be able to unload our heavy baggage, and we will merit to receive all remedies. Run away from all the jokes and Lashon Horah that is spoken about Tzadikim. You should know that this is one of the difficult and bitter hardships that we go through when we connect to a Tzadik. The Klippas don't want another soul to go and connect to a Tzadik. Therefore, I beg of you, close your ears and run away from mockery and ridicule, because it is very bitter if we hear jokes and Lashon Horah about Tzadikim.

Today's message has been taken from a letter from the Rosh Yeshiva Thursday Parshas Ki Savo L'Uman Taf Shin Pey Gimel



Tuesday 19 Elul 5783

Holy Thoughts

The Rosh Yeshiva Says:

Hashem should help us make it to the Rebbe in

Uman. The main factor in the journey to Uman is our will and desire to come. You will see that those who have a strong desire and will to make it to the Rebbe's Tzion will get there. When you do get to Uman, don't roam around the streets, just go directly to the Tzion and Daven to Hashem. Mohorosh always said that which Reb Avraham ben Reb Nacham said that by the Tzion you can beg Hashem that you want to be a sincere Jew and to have holy thoughts. The Rebbe said that on Rosh Hashanah Tzadikim give us the holiness of our inner minds.

Today's message has been taken from a lecture from the Rosh Yeshiva in Lashon Kodesh Thursday Parshas Ki Savi L'Uman Taf Shin Pey Gimel



Wednesday 20 Elul 5783

We Don't Understand

The Rosh Yeshiva Says:

We are going to the holy Rebbe for Rosh Hashanah, and we can only make it there with Tefillah. Everyone who is struggling through obstacles of going, you should know that it is only to raise your desire to come. Fortunate are those who are going. The Rebbe said those who come to me for Rosh Hashanah must be happy for the entire year and we need to be happy that we came last year. We don't understand the whole concept of Rosh Hashanah, it is much greater than our comprehension. We can understand the physical world yet not the higher world, we can only do what Hashem says.

Today's message has been taken from a lecture from the Rosh Yeshiva to Avreichem Thursday Parshas Ki Savo L'Uman Taf Shin Pey Gimel