



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Bereishis 5784

Vol 1:45

Thursday 13 Tishrei 5783

Peace and Love

The Rosh Yeshiva Says:

The Rebbe said in (Sichas Haran 43), "There are some people who roam around so broken from the struggles that they are going through, they can't even relate it to anyone how they are suffering. They would like to share with someone what they are going through, however they don't have anyone to speak to. Yet, when they find someone with a smile, this brightens them up". This is something that is in everyone's power, everyone needs to make sure there is peace and love amongst everyone, and if there is someone who is sad, we should make him happy.

Today's message has been taken from a letter from the Rosh Yeshiva Tuesday Parshas Vezos Habracha Taf Shin Pey Daled

Friday 14 Tishrei 5783

Hashem Make Me Happy

The Rosh Yeshiva Says:

Bring Yom Tov in with Simcha! Go in a corner and scream to Hashem, "Hashem, make me happy, I want to feel an appreciation to be

in the Sukkah, I want to feel the holiness of shaking the Lulav. Hashem, open up my heart, let me be clean and pure. I'm so broken and cold, I don't feel anything, I don't have any clue what Sukkos is, what the Arbah Minim are, what's Hallel, Hoshanos, and Hakafos. Hashem, I want to be a Yid, I want to live with you, and I want to be close to you.

Today's message has been taken from a letter from the Rosh Yeshiva Thursday Parshas Vezos Habracha Taf Shin Pey Daled

Friday 21 Tishrei 5783

See The Empty Side

The Rosh Yeshiva Says:

We have the custom that on Simchas Torah when we pick up the Sefer Torah by Hagbah we pick up the Sefer Torah backwards, meaning the one who picks up the Torah only sees the empty side of the parchment. This comes to teach us, that even though we have now finished the Torah, we can not say that we don't need to learn anymore. The empty parchment is showing us that we really didn't even start to learn yet, and we must start again with a freshness. Even if a person thinks he is

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like an empty piece of parchment, he has no Torah in him, he can also start right now. Just like a newborn baby begins his new life with excitement.

Today's message has been taken from the Yiddish Gilyon Shmini Atzeres Taf Shin Pey Gimel



Monday 24 Tishrei 5783

Think Good, It Will Be Good

The Rosh Yeshiva Says:

Think good, it will be good. Our minds have such a strong power that whatever we think about, will actually happen. The Rebbe's daughter Udel was once not feeling well. The Rebbe came to visit her and he said "Think to yourself that it's much better already". Udel asked: "How can I think that way when I am still in such horrible pain?" The Rebbe told her, "Our thoughts have a very strong power, and if you will think like that, so will be". This is the greatest service, to think positive and believe that Hashem only does good.

Today's message has been taken from Atzuso Emunah Letter 55 Yom Tov Sukkos Taf Shin Pey Daled



Tuesday 25 Tishrei 5783

Hashem Is Here, Hashem Is Here

The Rosh Yeshiva Says:

Worried and afraid. Killing without stop. Attacks spilling Jewish blood. What will be?

The hated is here. The situation is not good. Hashem is here, Hashem is here, he is our Guardian. Hashem is here, Hashem is here, this is the answer. They come with knives, they come with missiles, the situation is dark, it's breaking my heart, when will this Galus end? Hashem is here, Hashem is here, he is our Guardian. Hashem is here, Hashem is here, this is the answer.

Today's message has been taken from a new song from the Rosh Yeshiva to Talmidim in Eretz Yisrael Monday Parshas Breishis Taf Shin Pey Daled



Wednesday 26 Tishrei 5783

This Small Tefilah

The Rosh Yeshiva Says:

Mohorosh always said, that before a person leaves his house he should kiss the Mezuzah and say a few words, "Hashem please bring me back home safely". If you are married, then when you go out say, "Hashem please bring my wife and I back home safely". If you have children, then take on another 3 seconds and say, "Hashem please bring my wife and I together with our children back home safely". When you come home at night after a day's work say, "Thank You Hashem that I am back home safe with my wife and kids". This small Tefilah saves your day. No one knows what will be during the day, but if Hashem is watching, it will be good.

Today's message has been taken from Chizuk Yomi in Yiddish Monday Parshas Bereishis Taf Shin Pey Daled