



# THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Chayei Sarah 5785

Vol 11:01

**Thursday 13 Cheshvan 5785**

## Look At The Kindness

### **The Rosh Yeshiva Says:**

My dear brother, my dear friend, life is filled with trials, bitterness and troubles, don't wait for someone to come and strengthen you or take pity on you, etc., etc., because if you don't have mercy on yourself - you will be even more bitter, you need to look for some good things within your trouble, seek relief in everything you are going through, don't wait for others; If you will have mercy on yourself, you will become enlightened, and if not - I don't want to say or think. The Rebbe reveals a secret of how one can get over difficult situations. The Rebbe says (Likutei Moharan 1:195): "If one would look at the kindness that Hashem does; even when he has difficult days, he shall look carefully, he will see that within the trouble Hashem makes for him the good.

Today's message has been taken from Daily Letters from the Rosh Yeshiva in English Wednesday Parshas Vayeira Taf Shin Pey Hey



**Friday 14 Cheshvan 5785**

## Continue Moving Forward

### **The Rosh Yeshiva Says:**

Lot's wife looked back and turned into a pillar

of salt. The holy Rebbe said in (Sichas Haran 26), The world views forgetfulness as a flaw, but in my eyes it has a tremendous advantage. If a person would not be able to forget, he would never be able to serve Hashem. He would always remember all the bad things that he did, and it would prevent him from continuing moving forward, may it be spiritually or physically. However, now once Hashem has made it that we forget and we don't look back at our old ways, we can restart again with a freshness and live a successful life.

Today's message has been taken from Ah Vort Oif Der Parsha in the Yiddish Parshas Vayeira Taf Shin Pey Hey



**Sunday 16 Cheshvan 5785**

## Stand On His Feet

### **The Rosh Yeshiva Says:**

We see that when someone physically falls down and he can't get up on his own, then he needs to find someone who can help him stand up. The same is true by spirituality. When a person can't stand on his own, he watches himself falling and falling, he needs to go to a Tzadik who can give him the helping hand to stand on his feet. The Rebbe said when a person

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is connected to a Tzadik, he won't fall. The true Tzadik teaches him how to behave and how to stay strong in every situation, and this will help him not to fall. We must beg Hashem a lot that we should find the real true Tzadik who can really help us, rather than going to people who fool us into thinking that they can help us.

Today's message has been taken from Mohorosh Dertzeilt in the Yiddish Gilyon Parshas Vayeira Taf Shin Pey Hey



## Monday 17 Cheshvan 5785

### Nachas Ruach for Hashem

#### **The Rosh Yeshiva Says:**

The only way a person can succeed in his Avodas Hashem is if he takes no notice of others. A person's focus must be on what he can achieve, and how he can create a Nachas Ruach for Hashem at each moment. Avraham Avinu teaches us this lesson, as the Pasuk says (Yechezkel 33:24), " Echod Haya Avraham" Avraham Avinu was Zoche to serve Hashem because he didn't look at what others were doing.

Today's message has been taken from The Rosh Yeshiva Says in Sparks Of Emunah Parshas Vayeira Taf Shin Pey Hey



## Tuesday 18 Cheshvan 5785

### Have Me In Mind

#### **The Rosh Yeshiva Says:**

Learn a little from the Holy Rebbe's seforim every day, even just for a few minutes - you will

become a new person. You know the story about the chair, a Yid once brought a chair to the Rebbe as a gift, the Rebbe asked him: "How long did it take you to make the chair?" "Half a year" he replied. The Rebbe asked him: "You worked all day for half a year to do this?" "No, every day for an hour I built the chair," he replied. The Rebbe said: "So! You had me in mind for half a year every day for an hour..." The Rebbe enjoyed more the fact that the Yid thought of him - more than he enjoyed the chair itself; The fact that one thinks of a tzaddik - brings all yeshuos to the person.

Today's message has been taken from Daily Letters from the Rosh Yeshiva in English Sunday Parshas Chayei Sarah Taf Shin Pey Hey



## Wednesday 19 Cheshvan 5785

### Still Be Happy

#### **The Rosh Yeshiva Says:**

Sadness will not help, worry will not help you; worry will only make things worse, and sadness, I don't want to say what it can do, the worst thing that can happen, and if you are pressured in Parnasah - you could still be happy, and if something else is pressuring you - you should still be happy; don't be foolish, the world doesn't end with your problems, we have a great creator, we have to nudge him until we see the salvation.

Today's message has been taken from Daily Letters from the Rosh Yeshiva in English Monday Parshas Chayei Sarah Taf Shin Pey Hey

