



# THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Toldos 5784

Vol 1:50

## Thursday 25 Cheshvan 5784

### The Greatness Of Tzadikim

#### **The Rosh Yeshiva Says:**

Speak to everyone about the greatness of the Tzadikim. Tell them what they are privileged to receive from the holy Rebbe. This will bring you respect and you will be successful in everything. The Rebbe said in (Lekutei Moharan 29), Everyone likes to hear good words, when you speak with good words, and you speak positive, people will hear you out. Therefore, when you speak good words, everyone will listen to what you have to say. However, if you do not speak with nice words, your words won't be accepted. How can a person achieve to speak positively, and effectively for people to listen to him and to accept what he has to say? This is when one speaks wisely, and when he speaks with sensible words, then there is good in his words and everyone will accept it, but if not, then his word won't be accepted. The Rebbe concludes: How do you come to speak wisely? That is when we speak about the greatness of Tzadikim.

Today's message has been taken from a letter from the Rosh Yeshiva Wednesday Parshas Chayei Sarah Taf Shin Pey Daled

## Friday 26 Cheshvan 5784

### A Prosperous Life

#### **The Rosh Yeshiva Says:**

Rashi says in (Bereishis 23:1), that by Sarah Imeinu "It was always good for her". Tzadikim explain this to be because she understood that whatever Hashem does is good. When she was 100 it was to her like she was 20, and when she was 20 it was to her like she was 7. All of her years were good, even with all the terrible bitter hardships, it was still considered good. The more we practice and accept upon ourselves Emunah in our younger years, we will live a prosperous life.

Today's message has been taken from A Git Vort in the Yiddish Gilyon Parshas Chayei Sarah Taf Shin Pey Daled

## Sunday 28 Cheshvan 5784

### Once, Twice, Three Times

#### **The Rosh Yeshiva Said:**

Eliezer, who was Avrahams servant, went out to find a Shidduch for Yitzchak. What did he do? Who did he turn to? It says in (Bereishis 24:11), He went to the outskirts of the city when it was dark and Davened to Hashem. This teaches us that whenever we

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need something, don't go to anyone and don't think that anyone can help you, there is only one thing, to ask Hashem. In the next Pasuk the word Vayomar has a Shalshelas sound, to show that we need to ask Hashem once, twice, and even three times, this is how we need to react when we feel worn out, to beg Hashem.

Today's message has been taken from a letter from the Rosh Yeshiva Erev Shabbos Kodesh Parshas Chayei Sarah Taf Shin Pey Daled



## Monday 29 Cheshvan 5784

### The First Thing

#### The Rosh Yeshiva Says:

Fortunate are those who go to the Mikvah every day. The holy Reb Nosson said, "Whoever goes to the Mikvah, will in the end have a remedy". Specifically while traveling we need to be very cautious about Mikvah. Reb Nosson wrote in (Chayei Moharan 475), "I heard from Reb Yitzchok who was the Travitzer Magids son in law, that the Rebbe said we need to be very careful about going to the Mikvah when we are traveling, and it's a Segulah to be saved from Criminals". When the Rebbe revealed the 'Tikun Haklali', the Rebbe said, "The first thing is Mikvah". When a person goes to the Mikvah, he washes his soul, at the same time when he is cleansing his body here in this world, he is cleansing his soul up in Shamayim.

Today's message has been taken from a letter from the Rosh Yeshiva in the Kiryas Breslev Bletel Parshas Chayei Sarah Taf Shin Pey Daled

## Tuesday 1 Kislev 5784

### Nowhere To Go

#### The Rosh Yeshiva Says:

Where will you run to? There's nowhere to go. You have one option, run to Hashem. Cry your heart out to him, go to a quiet place and tell him everything that you are dealing with and everything you are going through. Thank and praise Hashem for all that he does. Be strong with your Hisbodidus and Tefilah and you will be freed from your bad thoughts.

Today's message has been taken from Atzuso Emunah Letter 1 Parshas Chayei Sarah Taf Shin Pey Daled



## Wednesday 2 Kislev 5784

### It Will Be Good

#### The Rosh Yeshiva Says:

Reb Nosson said, "This world is not ours, and we can't have it". Whatever we run after, we can't get. Yet Torah we can have. We need to live, with our wife, in our home, eating, and sleeping, but the enjoyment and pleasures of a person comes only from Torah. The Rebbe said we need desires to live. We need to eat and sleep, we need to get married and have children, but people think that if I do this and I do that then it will be good, yet it will be good only when you learn Torah.

Today's message has been taken from the Rosh Yeshivas daily Gemorah Shiur Motzei Shabbos Parshas Chayei Sarah Taf Shin Pey Daled

