



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Achrei Kedoshim 5785

Vol 13:04

Thursday 3 Iyar 5785

Chesed Begins At Home

The Rosh Yeshiva Says:

Today is the Yurtzeit of the holy Tzadik Reb Shayla Keristier. This Tzadik was well known for his Chesed of the Mitzvah of Hachnosas Orchim. We must learn from this Tzadik, and to follow in his path of doing Chesed. The first place where Chesed begins, is at home with your wife and kids. We must speak with Derech Eretz at home. Chazal said in (Pesachim 49b), "Someone who lets his daughter marry an Am Haaretz, it's like giving his daughter over to a roaring lion", because without Yiras Shomayim and Torah, we're like wild animals at home.

Today's message has been taken from a Michtav Yomi from the Rosh Yeshiva Thursday Parshas Tazria Metzora Taf Shin Pey Hey



Friday 4 Iyar 5785

Root of the Problem

The Rosh Yeshiva Says:

In the times of the Mishkan and the Beis Hamikdash, Hashem did not allow people to spread anger and resentment. He who spoke

Lashon Hara and caused Machlokes became a Metzora, a leper, and had to go sit alone. Today we have no Beis Hamikdash, no Tzora'as and no Chutz Lamachaneh. But Lashon Hara does exist. Can anyone say that he is truly unsullied by this sin? Chazal say (Bava Basra 166) that Lashon Hara is one of the sins for which we all need to do Teshuva. Let's solve the root of the problem: the lack of Emunah. We need to realize that Hashem is the One Who makes everything happen and is therefore the only One to talk to. By strengthening our belief in Hashem, we'll stop speaking negatively about others and we will be zoche to a life of peace and happiness.

Today's message has been taken from Chizuk from the Parsha in Sparks of Emunah Parshas Tazria Metzora Taf Shin Pey Hey



Sunday 6 Iyar 5785

Get On The Train

The Rosh Yeshiva Says:

Start Meseches Shevuos. Get on the train together with everyone else who learns a Blatt Gemarah everyday. This will guard you from any bad. Gemarah is the initials of the four Malachim, Gavriel, Mechoel, Refael, and Uriel.

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When we learn Gemarah, we are guarded from above. It's not hard to learn a Blatt Gemarah everyday. Today, there are Gemaros that are beautifully designed that have Nekudos, we just need to decide to start learning, and beg Hashem that we should merit to learn Torah.

Today's message has been taken from a letter from the Rosh Yeshiva Erev Shabbos Kodosh Parshas Tazria Metzora Taf Shin Pey Hey



Monday 7 Iyar 5785

Us Small People

The Rosh Yeshiva Says:

The most beautiful part of a Yid is that he doesn't give up, and he comes back again to Hashem. Hashem created Man, because he wants to get an appreciation and an enjoyment from us that he can't get from Angels. Malachim don't have a Yetzer Horah, they don't have any struggles with Parnasah, they are a ball of fire, and are very holy. Yet, Hashem created us small people with a burning Yetzer Horah that keeps on throwing us down again and again. Hashem wants to see how a person picks himself up, comes back again, and tries his best.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Tazria Metzora Taf Shin Pey Hey



Tuesday 8 Iyar 5785

Basic Necessities

The Rosh Yeshiva Says:

The holy Rebbe once said (Sichos Haran 51),

"The Taavos that destroy man are not desires at all, but rather basic necessities. A person must eat and drink in order to have strength to serve Hashem, he must sleep so he can then Daven and Learn, and he must be married so that he can fulfill Hashem's will to bear children". There is no need to detach oneself from the physical world in order to be righteous and holy. It is a mistaken assumption that to be Ehrlich, one must abstain from all pleasures and conduct himself in a strange manner. Establish Shiurim in the Rebbe's Seforim and a new world will be opened to you. You will start eating with Hashem, sleeping with Hashem and feeling His Presence in your home.

Today's message has been taken from a letter from the Rosh Yeshiva in Sparks of Emunah Parshas Tazria Metzora Taf Shin Pey Hey



Wednesday 9 Iyar 5785

Make Your Wife Happy

The Rosh Yeshiva Says:

Keep yourself strong and make your wife happy. Chazal said in (Kedushin 34b), "A man must make his wife happy", specifically right after the wedding and for the first few years, we must invest a tremendous amount into Shalom Bayis. There are many ups and downs during these initial years, and we must keep ourselves together and only focus on being happy.

Today's message has been taken from Ish Emunas Letter 2 Parshas Tazria Metzora Taf Shin Pey Hey

