



# THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Shavuos 5783

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## Thursday 27 Iyar 5783

### The Rosh Yeshiva Says:

The holy Rebbe relates (in the end of Sipurei Masiyos), of the Tzadik who became depressed. Depression by a Tzadik is very hard because by a Tzadik it's harder for him to overcome than a regular person. This went on until he couldn't move anymore. The Tzadik really wanted to be happy, but he couldn't find anything to be happy about. Whatever he thought about made him more sad. Until the Tzadik started to become happy with the fact that he is not a Goy. This is the greatest Simcha, because no matter how low a Yid gets, he is still not a Goy. Even the smallest of the smallest Yid is a thousand times holier than a Goy.

Today's message has been taken from a letter from the Rosh Yeshiva Wednesday Parshas Bamidbar Taf Shin Pey Gimel

## Friday 28 Iyar 5783

### The Rosh Yeshiva Says:

Parshas Bamidar begins with Hashem counting Klal Yisrael. Rashi says, this is because Hashem loves the Yidden, therefore he counts them from time to time. The holy Rebbe said in (Lekutei Mohoran 1:34), every Yid has a good point, something that only he has, and with this he can strengthen himself even when someone

else is succeeding more than him, because others don't have the good points that he has. Therefore, Hashem counted the Yidden every so often to show that every Yid is unique in their own way, and esteemed by Hashem. We read Parshas Bamidbar before Shavuos to show that every Yid is special and is very important to Hashem. We can not disregard anyone, not ourselves, and not anyone else. This is the way to accept the Torah with joy and excitement.

Today's message has been taken from A Vort Oif Der Parsha in the Yiddish Gilyon Parshas Bamidbar Taf Shin Pey Gimel

## Sunday 1 Sivan 5783

### The Rosh Yeshiva Says:

The holy Rebbe writes in Chayei Mohoran, that during the times of Avraham Avinu the Shechina was called Sarah. During the times of Yitzchok Avinu the Shechina Hakedosha was called Rivka. During the times of Yaakov Avinu the Shechina Hakedosha was called Rochel Leah. The Rebbe said that the same applies to everyone, this is applicable to everyone. Do you hear this? We can have the Shechina among us, by a person living in his own home guarding his eyes, and living without any stringencies.

Today's message has been taken from a lecture from the Rosh Yeshiva Thursday Parshas Bamidbar Taf Shin Pey Gimel

## Monday 2 Sivan 5783

### The Rosh Yeshiva Says:

We hear stories of Tzadikim who didn't eat and didn't sleep. Yet we need to eat and sleep, so we think that we can not become Tzadikim and therefore we don't do anything at all. Who told you that in order to become a Tzadik you need to fast? If you want to be a Tzadik, come to daven Shachris, Mincha, and Marriv every single day. But if you want to be something greater than everyone else then that's only about your own self ego, and not about serving Hashem. Someone who thinks he wants to learn for 10 hours straight, he's not normal, come and learn for just 1 minute, 1 Mishna, can you do that? No, you really want to learn the entire Shisha Shideri Mishna in one day, but you can't do that, so you end up not learning at all.

Today's message has been taken from a lecture from the Rosh Yeshiva in Lashon Kodesh Thursday Parshas Bamidbar Taf Shin Pey Gimel



## Tuesday 3 Sivan 5783

### The Rosh Yeshiva Says:

My dear brothers, don't get old and worn out. The Rebbe said in (Lekutei Mohoran 2:48) if a person wants to be an Ehrlicher Yid, he must know that we can't be an Ehlicher Yid unless we are very stubborn. It shouldn't interest a person if he falls or not, because the Yetzer Hora keeps on knocking him down, he makes him think as if Hashem doesn't need him, and he wants him to

lose his interest. Yet when a person is stubborn and doesn't let go, even if he keeps on falling R"L, but he still keeps on going back to Hashem, then in the end he will merit to reach great levels. I beg you dearly, keep strong, don't let go, and don't give up.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Bamidbar Taf Shin Pey Gimel



## Wednesday 4 Sivan 5783

### The Rosh Yeshiva Says:

The holy Rebbe told us, that those who will come to him for the three times a year of Rosh Hashanah, Shabbos Chanukah, and Yom Tov Shavuos will be saved from the punishment of 'Olam Hatahei'. Mohorosh explains this idea of these three times a year. When we come to the Rebbe for Rosh Hashanah, the Rebbe wakes us up from our deep sleep. On Shabbos Chanukah we get from the Rebbe the concept of thanking and praising, to thank and praise Hashem for all the good that he does for us. On the Yom Tov of Shavuos the Rebbe gives us a push and a freshness to learn the holy Torah, The Rebbe gave us a way to learn, how we can merit to learn and go along the path of all areas of Torah (sourced in Sichos Haran 76).

Today's message has been taken from A Sichah Fin Der Rosh Yeshiva in the Kiryas Breslev Bletel Parshas Bamidbar Taf Shin Pey Gimel

