

בעזרה ש"ת



# The Light of Emunah

Translated from עֲצוֹתוֹ אֱמוּנָה  
written by the Rosh Yeshiva

פְּרָשַׁת קְדוּשִׁים

הַשַּׁע"ט



הכתובת להשיג את הספר הקדוש הזה וכל ספרי  
אדמו"ר מוהר"ן מברסלב זי"ע וספרי תלמידיו הקדושים

To obtain this and other Breslov publications:

היכל הקודש בארא פארק  
Heichal Hakodesh Boro Park  
1011 41 Street  
718-384-1652

היכל הקודש וויליאמסבורג  
Heichal Hakodesh Williamsburg  
27 Skillman Street  
718-384-1652

היכל הקודש קרית יואל  
Heichal Hakodesh Kiryas Joel  
8 Premishlan Way.  
845-243-0563

היכל הקודש קרית יואל  
Heichal Hakodesh Kiryas Joel  
8 Hayes Ct.  
845-467-5299

היכל הקודש מאנסי  
Heichal Hakodesh Monsey  
32 Dolson Rd.  
347-733-7551

היכל הקודש בלומינגראוו  
Heichal Hakodesh Bloominggrove  
24 Merriewold Ln S  
845-379-1161

בארץ ישראל

מוסדות "היכל הקודש" חסידי ברסלב

שע"י עמותת "ישמח צדיק-קהילת ברסלב בגליל"  
בהתייסדות ע"י כ"ק מוהרא"ש זצוק"ל

רחוב רבי נחמן מברסלב 1 ת.ד. 421 יבנאל 15225

טלפון רב קווי 04-6708356

פקס: 04-6708359

Visit Our Web Site:

[www.breslevcenter.com](http://www.breslevcenter.com)

לשמוע השיעורים 212-444-9191

Find our entire book selection at: [amazon.com](http://amazon.com)

To donate and/or sponsor one of our books please call: 845-248-1651

 ... **START YOUR DAY WITH A  
DAF GEMARA.**

**בעזרת השם יתברך - יום ג' פרשת תצוה, ז' אדר א', שנת תשע"ט**

To my dear...

I received your donation for the Yeshiva; thank you.

It brings me pleasure to hear that you learn diligently every morning in Kollel 'Hichel Hakodesh' the Daf Gemara.

A day that begins with a Daf Gemara cannot compare to one without; when you leave to work your entire day will be better. It will be easier for you to guard your eyes, and your thoughts will be pure, because the Koach of Torah is so holy and powerful that it changes the way one thinks, and it protects a

person's eyes and ears from things he shouldn't hear or see.

Mazel Tov to your son now that he turned three; may Hashem grant you Yiddish Nachas from this child and all your other children together with your wife תחי'.

Fortunate for you that you didn't spend foolishly for the event; your entire Upsherin – the Tzitzes, Kappel, Pekelach and Lechaim costed you less than a hundred dollars; may it also be "כן יכנס לחופה" – without going into debt, and without heartache.



...

**HASHEM DETERMINES**

**PARNASSAH.**

**בעזרת השם יתברך - יום ג' פרשת תצוה, ז' אדר א', שנת תשע"ט**

To my dear....,

I received your donation for the Yeshiva; thank you.

Don't despair even though you just lost your Parnassah; I know you must be very distressed, and your thoughts must be 'how will I be able to put food

on the table?’ However, I want to strengthen you not to lose hope, remember and internalize: **“Only Hashem determines one’s Parnassah.”**

Don’t beat yourself up and blame yourself that you keep on losing one job after another; it isn’t in your hands, it’s only a heavenly test to see if you will persevere and continue being happy like the story of the Baal Bitochen the Rebbe would relate.

אחי היקר, חזק ואמץ ואחוז עצמך בכל כוחך.

 ... **THE TERRIBLE CONSEQUENCES OF WATCHING MOVIES.**

**בעזרת השם יתברך - יום ג' פרשת תצוה, ז' אדר א', שנת תשע"ט**

Dear...

I beg you dear...., instead of watching movies take a Mishnayos and start saying one Perek after another, this will cleanse your Neshumah from all its impurities.

Movies create an illusion and ultimately deceive a person; they rob him of his intellect and intelligence, and eventually cause him to lose everything. Don’t allow yourself to be misled by the Yetzer Hora who

tells you: “It is ok to watch this or that” or “this material isn’t so terrible to watch”, this is only another one of his tactics to be able to trap a person in his web. He persuades a person to watch things which will lead him Rachmana Litzlon to the worst garbage. Once a person is entangled, it is extremely hard to extricate himself. Movies destroy one’s brain and way of thinking; by watching movies one becomes a wicked person, he loses his emotions and love to his wife and children, and he loses his desire to Daven or learn.

I beg you! Throw away your phone which defiles your eyes daily; the least you could do is put a filter on it; try counting how many times Maharosh said that one may not own such a device... all I can tell you is: “One who listens to what we learn here in Yeshiva will have a beautiful home and life”.

Before going to sleep at night admit the wrongdoings you committed during the day, tell Hashem: “Forgive me for today, tomorrow I will be righteous.” These few words create such a storm in heaven; they remove all the **עונשים** the **מקטריגים** try to bring upon a person.

Good night.

 ... **HASHEM PROVIDES EVERY PERSON WITH PARNASSAH.**

**בעזרת השם יתברך - יום ד' פרשת תצוה, ח' אדר א', שנת תשע"ט**

Dear...

Regarding the travails which you are now enduring concerning your Parnassah I want to tell to you a story Maharosh would relate. A Yid once came to the holy Chofetz Chaim and cried bitterly that his cow – the source of his livelihood had died. With tears he described how he entered his barn that morning and found his cow dead, and he now despairs how he will be able to provide food for his family. The Yid was inconsolable until the Chofetz Chaim proclaimed “Your Sustenance only comes from Hashem, and he will continue providing you with Parnassah; Chas Vesholom to entertain the thought that your livelihood came from a cow; the cow was only the means of how Hashem supplied you with Parnassah, and now that the cow died Hashem will provide for you through another way.”

Absorb the message this story conveys; don't think for even a moment that your Parnassah comes through your boss or your workplace, and now

that you lost your source of income you will Chas Vesholom die of hunger. Don't entertain despairing thoughts of "what will be" or 'from where will I have food to put on the table?', place your trust in Hashem, Hashem has his ways of providing every single person with Parnassah.

May Hashem grant you success in all your endeavors.

### . . . **HAVE PITY ON YOUR WIFE.**

**בעזרת השם יתברך - יום ד' פרשת תצוה, ח' אדר א', שנת תשע"ט**

To my dear...

Your wife sought my help today; she maintains that she loves you dearly, respects you and holds you in high regard. I told her that I remember as a Bachur you had a compassionate heart and were beloved by all.

She says that she gets the feeling that she isn't needed; she feels as if she is a burden and she is extremely brokenhearted as a result.

Therefore, I beg you dear..., speak nicely to her, and have pity on her; only you will reap the benefits.



She will come to life and do anything for you if she feels respected; if she has a sense of self-worth, she will certainly move wherever you want to.

Be well and thank you for your constant help and contributions to the Yeshiva.

I hope you will accept my words with positivity, I don't need anything, I only want to help 'your' wife.

יואל בן ריצא רעכיל

 ... **REMAIN STRONG WITH YOUR BOND TO THE HOLY REBBE.**

**בעזרת השם יתברך - יום ד' פרשת תצוה, ה' אדר א', שנת תשע"ט**

Dear...

Remain strong with your connection to the holy Rebbe; don't be broken by people who try to persuade you or pull you away from the holy Rebbe.

Every person who comes to the Rebbe goes through what you are enduring now; people speak Loshon Hora, people threaten, but if one is strong with his convictions and does not leave the holy Rebbe then all the 'מניעות' become 'נעימות', as we learned in Gemara this morning (Yerushalmi Shivios,


10:); The Gemara recounts: R' Abba worked for a wealthy Roman as his personal tailor. One morning the Roman entered the workshop with a piece of non-kosher meat and offered it to him, Rebbe Aba declined and exclaimed "I am a Jew and it is forbidden for me to eat this meat," the Roman was incensed and threatened to kill him if he refuses. R' Abba once again replied "I am a Jew and it is forbidden, you can kill me, but I will not abandon my beliefs." The Roman then calmed down and said "it's a good thing you refrained from eating the meat, because if you would, I would have certainly killed you," because: "או יהודי, יהודי! או ארמאי, ארמאי" A yid must behave like a Yid, and a Gentile like a gentile; I heard a Pshat from a Breslever Chassid that the same story plays out with us Breslev Chassidim. At first we are hounded and harassed in order to try to make us break our bond to the holy Rebbe, but when someone sees that the person is firm in his beliefs and does not leave the Rebbe then he is respected.

I beg you dear..., don't allow the Yetzer Hora to break you; continue with your good deeds. Continue learning Mishnayos and Gemara even though there are people who ridicule you and shame you. All beginnings are hard, even R' Nosson suffered

terrible persecution when he first was Mekiruv to Breslev. His father was so upset that he even tried to convince R' Nossan's wife to divorce him! You hear stories of parents persuading their own children to return home, but a father should try to convince a daughter in law to leave his son?! This is unheard of! However later R' Nossan's Father would refer to R' Nossan with 'R'. R' Nossan wasn't comfortable with the Kavod and asked his father "why do you refer to me as R'?" His father replied "You are my only son who truly honors me."

We can learn from this that in the beginning everyone has their share of hardships, yet, if one listens to what the Rebbe says and behaves with Derech Eretz and self-respect, then everything changes for the positive.

May Hashem grant you success in all your endeavors.

 ... **THANK YOU, HASHEM, FOR THE MANY MIRACLES YOU BESTOW UPON ME.**

**בעזרת השם יתברך - יום ה' פרשת תצוה, ט' אדר א', שנת תשע"ט**

Dear...

Baruch Hashem – praised be Hashem who gives me such blessings, my son Shlomo נ"י, became a Chosson last night to the daughter of my dear Chaver R' Yoel Teitelbaum נ"י.

My heart is overflowing with gratitude to Hashem for the many miracles he constantly bestows upon me, especially now, that I found a Shidduch for my son at such a young age; he only turned sixteen two weeks ago; he merited a Kallah from a warm and Ehrliche home, and I am extremely grateful. I want to bless you, also to marry off your children while they are still young, and you should be Zoche to Ehrliche Yiddishe Doros.

I request of you, don't fall into despair; take the Rebbe's Eitzah of Hisboidedes; find a quiet corner and pour your heart out to Hashem, as if you are conversing with a trusted friend. Don't hide anything

from him, disclose all your problems and secrets in full detail. Don't think 'what is the point of revealing everything to Hashem? Hashem anyway knows everything which occurs to me', the holy Zohar states (רעיא מהימנא, פרשת בא, דף מ:): Don't say "there is no point in revealing everything to Hashem, because Hashem knows everything that happened, and everything that will happen to a person"; the holy רעיא מהימנא says (this is the Neshuma of Moshe Rabeinu who would reveal herself to R' Shimon Bar Yochai), that even though Hashem knows exactly what a person is going through he still wants to hear it from the person himself. He wants to hear about all his hardships, and likewise everything that is going good for him. Through doing so a person removes all his suffering from himself.

May Hashem grant you success in all your endeavors.

 ... **REJOICE WITH THE HOLY SHABBOS.**

**בעזרת השם יתברך - יום ה' פרשת תצוה, ט' אדר א', שנת תשע"ט**

Dear...

Shabbos is approaching, I beg of you try with all your might to remain happy and upbeat.

People would say that the holy Beer Mayim Chaim would appear taller on Shabbos than during the rest of the week; Maharosh would explain: he was so excited on Shabbos that he would jump for joy throughout Shabbos resulting in him appearing an entire head taller.

Dance and sing all Shabbos "ברוך השם שלא עשני גוי" how fortunate am I that I am a Yid and I am Zoche to keep Shabbos; I refrain from driving on Shabbos, I don't smoke on Shabbos, I don't use my phone on Shabbos; the Rebbe would implore that one must be B'Simcha on Shabbos (Likitei Maharan, Chelek 2, Siman 17) the Rebbe said: "צריך לזהר מאד להיות שמח וטוב לב בשבת, כי מעלות וקדושת שבת גדולה ויקרה מאד, והכלל, שצריך לנהג שמחה גדולה בשבת קדש, ולבלי להראות שום עצבות ודאגה כלל, רק להתענג על ה'

Good night.

 ... THE POWER OF TEFILLA  
- ESPECIALLY AFTER LEARNING  
MISHNAYOS.

**בעזרת השם יתברך - יום ג' פרשת כי תשא, פורים קטן, י"ד אדר א',  
שנת תשע"ט**

Dear...

How fortunate are you that you seize the opportunity every day to learn some Chumash, Rashi and Targum; on Sunday until Sheini, on Monday until Shlishi, and so on until you complete the entire Parsha every week. It also makes me very happy to hear that you learn Mishnayos, there is no greater benefit to the Neshuma than Limud Mishna.

If you are struggling to earn Parnassah, take the Eitzah the Rebbe gives us (Sefer Hamiddos, Ois Mumoin): "מי שאין לו פרנסה יעסק בתורה ואחר כך יתפלל", - "על פרנסה, בודאי יתקבל תפלתו", - one who doesn't have Parnassah should learn Torah, and then Daven to Hashem for Parnassah, and Hashem will certainly listen to his Tefilla; heed the Rebbe's advice, after every Perek Mishnayos you learn, whisper a Tefilla to Hashem, beseech him: **"Hashem, listen to my plea; I'm struggling so hard with Parnassah, my**

**finances are so stretched, I don't have money to bring home to my wife and children; help me, bless me with abundance."**

A Breslever Chassid recently related that his financial situation was deteriorating; he owns a business which in the past would turn in a nice profit, but lately work is slow and he has no way to even pay his workers. This person lives in Kiryas Yoel, and when he felt that he can't take the stress any longer, he went up to the Tzion of the holy Satmar Rebbe Zt"l where he poured his heart out to Hashem for a Yeshua. On the way down from the Beis Hachaim he received a phone call from a Yid who asked to meet him and pay up a debt he owes him of five thousand dollars... this Chassid told me "I had long given up of ever collecting this particular debt;" we can see just how powerful Tefilla is.

Remember to never stop Davening; whenever you learn Mishnayos or Gemara, Daven to Hashem that in the merit of all the Tanaim and Amoraim, you should find a way to crawl out of all your debts.

May Hashem grant you success in all your endeavors.



 ... **SHARE YOUR GAN EDEN  
WITH ANOTHER YID.**

**בעזרת השם יתברך - יום ג' פרשת כי תשא, פורים קטן, י"ד אדר א',  
שנת תשע"ט**

Dear...

I was extremely pleased to speak to you and hear that your son .... recently finished Mishnayos for the first time; it is something that is unheard of, a nine-year-old child should complete Shisha Sidrei Mishna? I will write him a letter to encourage him to start once again.

It brings me even more pleasure to hear that your son, H'Bachur... distributes גליונות in London every Erev Shabbos; one cannot grasp the greatness of being Mechazek and bringing other Yidden closer to Hashem.

I once read in the Toldos of Chassidei Chabad of how they risked their lives in Russia during Communism, when practicing Yiddishkeit was forbidden. There was a Yid then called R' Berka Chein, Zichrono Livrocha, a true Mesirus Nefesh Yid! He had to go into hiding from the regime for his

activities, where he was forced to stay for many long years. Every Shabbos Yidden would secretly come to the house where he was hiding to strengthen each other with Emunah and Bitochen. R' Berka would have a practice of reciting the entire Tehillim every Shabbos, until a Bachur once approached him with the following Taaneh: "R' Berka it isn't right that you take the entire Gan Eden for yourself; why don't you share some with us Bochorim? We risk our lives to come here to hear encouragement, and you sit with the Tehillim the entire Shabbos?!" when R' Berka heard this he immediately closed his Tehillim and spent time with the Bochorim.

To you I say the same; Hashem blessed you that you discovered the light of the holy Rebbe, you tasted the sweetness of the Rebbe's Eitzas and the Seder Derech Halimud; therefore it brings me great pleasure to hear that you and your children are **עוסק** in **הפצה**, you don't take the entire Gan Eden for yourself, you understand the importance of drawing another Yid closer to Hashem.

May Hashem grant you success in all your endeavors.

 ... THE REBBE ALSO STARTED  
LEARNING MISHNAYOS AS A YOUNG  
CHILD.

**בעזרת השם יתברך - יום ג' פרשת כי תשא, פורים קטן, י"ד אדר א',  
שנת תשע"ט**

Dear ...

I am very pleased to hear that you completed the entire Mishnayos through following the Seder Derech Halimud from the holy Rebbe, who told us (Sichas Haran 76): "אין צריכין בלמוד, רק האמירה לבד, לומר" (Sichas Haran 76): "הדברים כסדר, וממילא יבין", one does not always need to comprehend everything he learns, he should just say the words of the holy Torah and eventually he will also understand.

Now that you finished Mishnayos don't stop there, begin once again; continue learning every day Perakim Mishnayos, and Daven to Hashem you should be Zoche to comprehend what you are learning.

The Rebbe would relate that he also started learning Mishnayos as a young child (Shivchei Haran, Chapter 8): "כי בתחלה היה לומד משניות ולא היה מבין למודו",

at first he would learn Mishnayos but not grasp what he was learning, so what did he do? "והיה בוכה הרבה" and "והיה בוכה ובוכה כל כך עד" and "לפני השם יתברך שיאיר עיניו", "שזכה שיוכל ללמוד משניות", he would cry and Daven to Hashem until he was Zoche to understand what he was learning. The same would be with other Seforim he would learn; initially he would have a hard time comprehending, until he would Daven and cry to Hashem for clarity and Hashem helped him grasp whatever he learned.

May hashem help you grow up to be an Ehrliche Yid, and may your parents merit to see only Nachas from you.

 ... **NOTHING BRINGS MORE PLEASURE TO A PERSON THAN UNBURDENING HIMSELF TO HASHEM.**

**בעזרת השם יתברך - יום ג' פרשת כי תשא, פורים קטן, י"ד אדר א',  
שנת תשע"ט**

Dear...

I request from you once again: put a filter on your cell phone, tablet, and computer etc., because when one watches Aveiros Rachmana Litzlon, he

loses everything, and it makes him miserable and depressed. The holy Rebbe said (Likutei Maharan, Chelek 1, Siman 50): "זה בחינת חולאת שקורין ברעכעניש", רחמנא לצלן, ששובר עצמות של אדם, שבא החולאת הזאת מחמת פגם הברית", through the Aveira of פגם הברית one is afflicted with the ailment of 'ברעכעניש' – the person starts feeling worthless, he feels as if he was broken into shards, and ultimately he loses his entire pleasure of living.

Therefore, I beg you dear brother, listen to the Rebbe and take the Rebbe's Eitzah of Hisboidedes; this will help you escape from your damaging habits. Beg Hashem to help free yourself from this terrible Aveira.

I'm attaching a small Tefilla for you to beseech Hashem: **"Riboino Shel Oilam, have pity on me! I repeatedly fall down in פגם הברית, I was not careful during my childhood and therefore it became like a habit to me. Hashem, save me! I so strongly yearn to be Ehrlich but I keep on returning to my bad ways, and it causes me to feel so terrible and depressed. Hashem, have pity on me, give me strength, help me believe in you and feel your love. The Yetzer Hora wants me to believe that You are angry at me; I have thoughts that I am not**


**worthy of your love, and I am very frightened that I don't have a way to repent anymore."** By begging Hashem repeatedly, you will be Zoche to emerge from your darkness.

What should I tell you dear brother; there is nothing more satisfying in the world than pouring out your heart to Hashem in the language you are most comfortable with. Every word you utter to Hashem strengthens your Emunah in Him, and by talking to Him constantly it becomes clear to a person that there is no one in the world who can help him except Hashem. Only this remains of a person when he leaves the world as Maharosh would always review, Chazal say (Tana D'bai Eliyahu Raba, 15): "לפי שכל", if a person accustoms himself to talk to Hashem, and reveals everything to Him, this will accompany him for eternity, on this world and the next.

Maharosh Zt'l repeated this all his life, and this is written in all his Seforim; a person should remember that he has nobody except Hashem, and the more one talks to Hashem, the closer he becomes to Him, and this will benefit him forever.

I'm waiting to hear from you if you filtered your...  
etc.

Good night.

 ... THE GREATNESS OF  
LEARNING BAVLI, YERUSHALMI, AND  
TOSEFTA DAILY.

**בעזרת השם יתברך - יום ד' פרשת כי תשא, שושן פורים קטן, ט"ו  
אדר א', שנת תשע"ט**

Dear...

Today is a big day for us – 'Talmidei Hichel Hakodesh'; we were Zoche to complete 'Shisha Sidrei Tosefta.'

Maharosh initiated that Talmidei Hichel Hakodesh should establish a Shiur in Bavli, Yerushalmi, and Tosefta which they should learn daily; Maharosh would say that by learning Bavli, Yerushalmi, and Tosefta one builds himself a 'בית' which is an acronym for **ב'בלי, ירושלמי, ת'וספתא**; just like everyone dreams to be able to build himself a home one day, and he works hard all his life to be able to achieve his goal, likewise, one must remember to build himself

something that will accompany him for eternity. By learning Bavli, Yerushalmi and Tosefta every day, a person is guaranteed that he has something to take along with him to the next world.

I have a request for you: make a reckoning of what you accomplished this past winter; a long season passed, if a person used his time wisely, he was certainly able to fill his days with Mikra, Mishna and Gemara, and if he failed to do so, its never too late to start anew. Tomorrow start with a Perek Tosefta in addition to the Daf Bavli and Yerushalmi, and you will secure yourself with a **בית לנצח נצחים**. You will also merit to your own home here on this world because one who learns Torah is Zoche to happiness and prosperity.

I gave a Shiur last night in Kiryas Yoel, in Beis Hamedresh Atzei Temorim; we strengthened each other with the Eitzahs of the holy Rebbe, and we spoke about the greatness of **הפצה**. It's a shame you didn't attend, I'm sure you would have benefited from the Chizuk to continue with **הפצה** – to encourage another Yid with the Eitzahs of the holy Rebbe. You can listen to the Shiur on 'Kol Breslev.'

May Hashem grant you success in all your endeavors.



 ... EITZAH'S TO BE ABLE TO  
ESCAPE FROM YOUR DEBTS.

בעזרת השם יתברך - יום ד' פרשת כי תשא, שושן פורים קטן, ט"ו  
אדר א', שנת תשע"ט

Dear...


Don't despair dear brother, we have a mighty creator who provides for everyone! He will certainly not forsake you. You will come to realize that everything you are suffering through now – even though it seems like it is only רע, was for your benefit after all.

Regarding your debts etc.; heed the holy Rebbe; find a place where no one will disturb you and beseech Hashem: **“Hashem help me! I can't take the pressure of my many debts anymore, and I feel the strain on my heart already. I must provide food for my family, but the grocery, butcher, and fish store refuse to sell to me anymore. My wife is expecting me to bring home money, and to my great humiliation I cannot provide for her. Hashem, my wife and children are relying on me, they are waiting for me to bring Parnassah yet I have no one to turn to except you, my faith and**

**trust is only in you, as Chazal say (Chulin 84): A wife depends on her husband, and children depend on their father to bring home money to buy food, but the person himself has no one to turn to except Hashem”;** by pouring your heart out to Hashem, you will see the wonders and miracles that Hashem will bestow upon you.

Another way to merit prosperity is: treat your wife with respect; Chazal state (Bava Metzia, 59.): "אוקירו לנשיכו כי היכי דתתעתרו", and Rava said: “Respect your wives and you will merit great wealth”; the holy Rebbe said in Likutei Maharan (Chelek 1, Siman 69): "כי עקר העשירות על ידי האשה", one’s entire wealth is contingent in his wife; if one speaks pleasantly to his wife, he doesn’t hurt her feelings, then he will merit great abundance. (This doesn’t mean you have to become her slave, and her every whim should be your command; I’m referring to having a healthy loving relationship.)

I’m waiting to hear that you made a **סיום** on something, or inform me that you learn Torah every day.

 ... THE BENEFITS AND TIKKUN  
A PERSON IS ZOCHÉ TO BY LEARNING  
THE REBBE'S SEFORIM.

**בעזרת השם יתברך - יום ה' פרשת כי תשא, ט"ז אדר א', שנת תשע"ט**

Dear...

I want to strengthen you to learn the Rebbe's Seforim; establish Shiurim in all five of the Rebbe's Seforim because they entail all the **עצות**, **רפואות**, and **סגולות** a person may need.

Likewise, when one wants to correct his past, or his flawed actions he should learn Likutei Maharan, as the holy Rebbe said (Chai Maharan 349): "שיכולין", "להיות נעשה בעל תשובה גמור על ידי למוד הספר שלו", one can become a true Baal Teshuvah by learning Likutei Maharan, and the Rebbe stated further "One who learns my Sefer with Emes, will be Zoche that all his clogged arteries will open and he will become an Ehrliche Yid. Meaning, he will abandon his evil ways and start living with purity.

My dear ....., R' Nosson once remarked to a Yingerman: "Yingerman see to learn a lot of Likutei Maharan, because one who learns Likutei Maharan

will be saved from the insects and rodents which consume one's body after 120." R' Nosson also said before his passing: "Should a person be the biggest Baal Aveira, but if he will cleave to the holy Rebbe he will certainly have a Tikkun." We can see from this that the Rebbe has a way to help everyone.

Absorb the message that no one in the world can help you, and as long as you are convinced that people can, you are a great Rachmanus; once you realize that you are helpless without Hashem, only He provides for you and can assist you, then you will merit to see miracles Hashem will grant you.

May Hashem bless you in all your endeavors.

 ... **HASHEM IS WAITING TO HEAR YOUR VOICE.**

**בעזרת השם יתברך - יום ה' פרשת כי תשא, ט"ז אדר א', שנת תשע"ט**

Mrs....

When you would know how valuable your Tefillos are up in heaven, you will certainly not feel so broken and worthless; even though you feel like you have no

one in the world, you are never alone; Hashem is always with you, guiding you from above.

The holy Rebbe would always praise the Tefillos of the Jewish women; Maharosh would say that women have a **לב נשבר** – a broken heart, therefore their Tefillos are very precious up in heaven.

Whatever you desire request from Hashem, and He will help you.

It is a shame to squander money on a human being (therapist), he should listen to your problems, while he can't even help himself, he must also turn to Hashem for help. You can have the same service for free; pour your heart out to Hashem, reveal everything to Him, and beg Him for Rachmanus and assistance in everything you are suffering through.

Good day.

 ... **REJOICE WITH THE HOLY SHABBOS.**

**בעזרת השם יתברך - ערב שבת קודש פרשת כי תשא, י"ז אדר א',  
שנת תשע"ט**

Dear....

I beg you, focus with all the strength you have, to remain happy on Shabbos; the holy Rebbe insisted that one must be happy on Shabbos.

When a person is B'Simcha on Shabbos he is Zoche that Hashem forgives him for all his Aveiros, and likewise one merits wealth and prosperity. Chazal state (Shabbos 118.): "כל המענג את השבת", whoever rejoices with the holy Shabbos, "נותנים לו", is blessed with abundance with no boundaries.

Bring happiness to your wife and children too; remember everything is dependent on you, if the father is happy then the entire house is lightened up.

I hope you enjoyed the Shiur last night; I would advise you to hear the Shiur again and again. You can hear it on the telephone line "Kol Breslev"; it will remind you what is truly important in life, that you don't have to fall apart every time your wife says something that isn't what you wanted to hear. It will remind you that when your wife criticizes you, she does not want to hurt you personally, she is simply overwhelmed or exhausted with everything that lies on her shoulders, and therefore she said it in a way that hurt you.

If you are aware of someone traveling to Eretz Yisroel please inform me; I must send money for the freshly printed Asher Banachals. Thank you.

Good Shabbos.

 ... **THE REBBE TEACHES US  
HOW TO MERIT A BLESSED LIFE.**

**בעזרת השם יתברך - ג' פרשת ויקהל, כ"א אדר א', שנת תשע"ט**

Dear...

How fortunate for us that we have a Rebbe who teaches us the right way to conduct ourselves. Even if a person has no Seichel – yet if he listens to the holy Rebbe and he takes the Rebbe as his guide, he will be blessed with success and merit a happy life. the Rebbe said (Sichas Haran, Siman 67): "כי עקר" שגעון של כל המשגעים הוא רק מחמת שהוא אינו מצית ושומע לדברי "הבעלי שכל", why does someone who is insane act the way he does? Because he relies on his own Seichel and refuses to listen to someone wiser than him. If he would heed the advice of a Chochom or a true Tzaddik then he would be cured from his insanity.

The holy R' Nosson would say: "The entire world around me is crazy – and so am I, yet I was connected to someone with clarity;" meaning that he was connected to the Rebbe and he follows his guidance without questions. R' Nosson also said "I am comparable to a midget who is on the shoulders of a giant;" which means that no matter how small or foolish a person should be, if he heeds the Rebbe's advice then he will merit a good life.

I request from you; be careful not to be stingy; money was created to be used. If your wife needs money for something, give it to her graciously. The holy Rebbe said (Likutei Maharar, Chelek 1, Siman 69): "כי עקר העשירות על ידי האשה", A person's entire Parnassah comes in the merit of respecting his wife; therefore, if you respect your wife you will be Zoche to great wealth.

The holy Zohar says (Tikkunei Zohar, Hakdamah 2.): "קמצן נבל בממוניה, דלאו איהו נדיב ולא איהו מזרעא דאבהן", a stingy person is a נבל, and this is a Siman that he does not descend from Yidden Rachmana Litzlon. Stinginess is not a Siman of a Yid.

Instead of trying to appear between friends as the generous one, open your heart and pockets to your



wife and children; on the outside it could sometimes seem like a person is so generous, he gives large donations, he buys עליות, he pledges money left and right, but at home he is evil. He torments his wife and children every time they ask him for money, he doesn't allow her to take a cleaning lady to help her out with her housework, and he makes an issue out of every necessary purchase etc. However, for his desires he squanders money without a second thought; he smokes like a chimney, buys and drinks alcohol without a Cheshbon etc.

May Hashem bless you in all your endeavors.

 ··· **OBSERVE ALL THE MITZVOS  
WITH תמימות ופשיטות.**

**בעזרת השם יתברך - ג' פרשת ויקהל, כ"א אדר א', שנת תשע"ט**

Mrs....

I received your letter.

We must do the Ratzon Hashem without questioning; we can't understand anything, we only know that Hashem commanded us to keep the Torah

and Mitzvos – and this will benefit us even though it might sometimes be hard for us.

You ask why Hashem commanded us to observe Taharas Hamishpacha; how can we even try to understand Hashem?! I'll try to explain it with an example, imagine a young child who keeps on running into the road, and is punished by his father for doing so. Because this child's mind isn't yet developed, he can't comprehend why his father doesn't allow him to do certain things which are dangerous for him. Only when he gets older and matures does he realize that his father only wanted to protect him from harm. Likewise, it is not possible for a human being to understand Hashems ways; our Seichel is insignificant, it is nothing in comparison to Hashem.

The holy Rebbe said (Likutei Maharan, Chelek 2, Siman 44): The greatest wisdom a person can have is to put away his own wisdom and do the Ratzon Hashem; therefore, if Hashem commanded us to count seven days, we must do so with immense happiness.

Chazal say (Niddah 31:): " רבי מאיר אומר: מפני מה אמרה " תורה נדה לשבעה? מפני שרגיל בה וקץ בה", Rabbi Meir said: "why did hashem command a Niddah to count seven

days?" אמרה תורה: תהא טמאה שבעה ימים, כדי שתהא חביבה " על בעלה כשעת כניסתה לחפה", because by doing so the woman will be beloved by her husband just as the day they got married; they will also merit healthy children, because when one is careful to keep Hilchos Taharah he has healthy children, and when one is lax with the Halachos he will have unhealthy children Rachmana Litzlon.

May Hashem help us be Zoche to always follow the path of the holy Torah, we should be able to put aside our own Seichel and conduct ourselves with תמימות ופשיטות. The greatest Chochma is to believe without Chochmas, as the Rebbe said (Sichas Haran, Siman 15): "שהוא חכמה ומלאכה גדולה להיות כמו בהמה", it takes wisdom to be able to behave like a Beheima, and not question Hashem's ways. As it says (Shemos 36, 1): "וכל איש חכם לב אשר נתן ה' חכמה ותבונה בהמה", and Chazal say (Chulin 5): on the Pasuk in Tehillim (36, 7): "אדם ובהמה תושיע ה', אלו בני אדם שערומים בדעת ומשימין"; and Asaf davened to Hashem (73, 22) "ואני בער ולא אדע בהמות הייתי עמך".

May Hashem grant you success in all your endeavors.

