



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

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A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Pekudei 5785

Vol 12:09

Thursday 20 Adar 5785

The Worst Impurity

The Rosh Yeshiva Says:

This Shabbos will be Parshas Parah, a very big Shabbos. We will be cleaned of Tumas Meis. The Rebbe said in (Lekutei Moharan 1:242), What is Tumas Meis? Thinking about Shmutz, thinking about Aveiros, watching movies, videos etc. This is the worst impurity, this is Tumas Meis, we become dead, we tear ourselves away from Hashem. We need to come to the Kohen Gadol, to the Tzadikim and have them spray us with pure well water, and with their advice they will purify us.

Today's message has been taken from a letter from the Rosh Yeshiva Thursday Parshas Vayakhel Taf Shin Pey Hey



Friday 21 Adar 5785

Liberate Our Minds

The Rosh Yeshiva Says:

Parshas Vayakhel, a Parsha that is almost exclusively dedicated to the building of the mishkan, unexpectedly begins with two Pesukim about keeping Shabbos. Shabbos is

more than just a day of rest. The Rebbe says (Likutei Moharan 2:17) that during the week, our minds are in a state of Galus. Occupied as we are by the pressures of day-to-day living, it is easy to lose our focus. We tend to forget that Hashem is the only One in control and attribute power to mere humans, thinking that they can help us and/or harm us. Shabbos offers not just a break from the mundane, but also the opportunity to liberate our minds from shackles of mistaken thinking. Shabbos takes our minds out of galus.

Today's message has been taken from Chizuk from the Parsha in Sparks of Emunah Parshas Vayakhel Taf Shin Pey Hey



Sunday 23 Adar 5785

Run Home

The Rosh Yeshiva Says:

The evening hours are a critical and important time to be home to help your wife with the kids. If you want to talk and chill out, you need to do it at other times, not in the evening when the house is upside down, when every child needs something else all at the same time. A time when everything is

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flying, and everyone is screaming and crying. This is the time for you to run home and take over the household tasks until your wife gets back to herself.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Vayakhel Taf Shin Pey Hey



Monday 24 Adar 5785

We Like Luxuries

The Rosh Yeshiva Says:

A popular speaker once said that we can only have either this world or the next world. It is such a shame for the thousands of boys who will listen to his speech. This pulls them away from Hashem, and from the Torah. We like luxuries, and therefore we start thinking to ourselves that we can't live with Hashem. However, Mohorosh taught us from the holy Rebbe that the only way we can have this world is by putting together this world with the next world. This is the only way you will really enjoy your life here in this world, is by living with Hashem.

Today's message has been taken from a lecture from the Rosh Yeshiva Thursday Parshas Vayakhel Taf Shin Pey Hey



Tuesday 25 Adar 5785

Be Extremely Stubborn

The Rosh Yeshiva Says:

My beloved brother, listen to the Chizuk of

the Rebbe in (Likutei Moharan 2:48), one must be extremely stubborn when it comes to Avodas Hashem and not be deterred even when he doesn't seem to be making any progress. The Yetzer Hara repeatedly pushes one down in order to cause him to despair of doing Teshuva. Yet when a person is stubborn, and despite repeatedly succumbing to sin he returns to Hashem each time anew, then he will ultimately rise to great heights in Avodas Hashem.

Today's message has been taken from a letter from the Rosh Yeshiva in Sparks of Emunah Parshas Vayakhel Taf Shin Pey Hey



Wednesday 26 Adar 5785

Save A Jewish Life

The Rosh Yeshiva Says:

Go Hafutza, you can't imagine how important it is to Hashem to help bring people back to Hashem. We hear such horrible stories of people who commit suicide out of depression, out of a sense of loss, and this is only because they are lacking Emunah. They don't know why they are alive, for who we live for, they roam around with questions and complaints, 'Why do I need to suffer? Why do I have to go through all this?' They don't know anything about Emunah in Hashem. Go out of your comfort zone and do something for someone else. Give someone a card, a Gilyon, a CD, a Sefer, a Kuntris, and you will save a Jewish life.

Today's message has been taken from a letter from the Rosh Yeshiva Monday Parshas Pekudei Taf Shin Pey Hey