



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Vayakhel 5784

Vol 65

Thursday 20 Adar 1 5784

Your Deep Sleep

The Rosh Yeshiva Says:

Today we are finishing Meseches Baba Kama. I really want you to wake up from your deep sleep and start living life. Start learning Gemorah, learn every day the Blatt Gemorah. Today there are glorious Gemaros, even for those who can't read without Nekudos, there are beautiful Gemaros from 'Oiz Vehadar'. You can buy an entire Shas cheaper than buying a telephone. You can also get each individual Mesechta separately rather than a buying whole Shas at once.

Today's message has been taken from a letter from the Rosh Yeshiva Monday Parshas Ki Sisa Taf Shin Pey Daled

Friday 21 Adar 1 5784

Hashems Thing

The Rosh Yeshiva Says:

The Luchos were Hashems thing, just as Rashi says how when someone tells someone else about a certain persons work, the same is by Hashem, his whole thing and enjoyment in the holy Torah. The holy Rebbe said in

(Sichos Haran 28), It's good for someone to learn all holy Seforim, he should go through the entire Torah. Just as the Ministers who travel around the world so they can relate with other World Leaders and be familiar with their Kingdoms. The same is by a Yid, he needs to learn all Seforim in order for when he gets to the world to come, he will be familiar with all that he has learned.

Today's message has been taken from Ah Vort Oif Der Parsha in the Yiddish Gilyon Parshas Ki Sisa Taf Shin Pey Daled

Sunday 23 Adar 1 5784

Don't Get Fooled

The Rosh Yeshiva Says:

We must beg Hashem a lot that we shouldn't get fooled here in this world. The holy Rebbe said in (Sichos Haran 51), "This you should accept from me, the world is fooling you, don't get fooled". A person has to constantly look at his spiritual earnings, just like when a person who has a business, he always asks his bookkeeper if they are profiting or losing revenue. Even more so, we must constantly check ourselves and ask, 'What am I doing in this world?, Maybe I'm fooling myself?' Be

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strong in going to Shul three times a day for Shachris, Mincha, Marriv, and to learn the holy Torah, this will definitely be something that will stay with a person.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Ki Sisa Taf Shin Pey Daled



Monday 24 Adar 1 5784

Look Back

The Rosh Yeshiva Says:

When we wait with patience, we end up seeing how everything was for the good. When we look back and remind ourselves of what we went through, we see how nicely Hashem controls and conducts everything. It is specifically through the bitterness, that the sweetness comes out. Mohorosh always said over the Vort from the holy Chasam Sofer on the Pasuk in (Shemos 33:23), "You will see my back, but not my face", Everyone wants to see Hashem, and to understand, 'What will be?'. However, we can't see, we can only see the back, we can look back and see how Hashem helped.

Today's message has been taken from Q&A in the Yiddish Gilyon Parshas Ki Sisa Taf Shin Pey Daled



Tuesday 25 Adar 1 5784

The Life They Want

The Rosh Yeshiva Says:

The sad reality today is that many teenagers abandon Yiddishkeit because they think that the Goyim have the good life.

They are unhappy children, usually from broken homes or from homes in which they never really found their place. Because of their discontent, they escape to smartphones and to the internet, which leads them to all bad things R"L. The way to bring them back is by showing them the beautiful and happy life of a Frum Yid. When they see the way an Ehrlicher Yid lives, how he speaks kindly to his wife and children, and how beautiful his Shabbos Seuda is, they realize that a Torah live is the life they want to live.

Today's message has been taken from a letter from the Rosh Yeshiva in Sparks of Emunah Parshas Ki Sisa Taf Shin Pey Daled



Wednesday 26 Adar 1 5784

Think About Hashem

The Rosh Yeshiva Says:

When negative thoughts come into your head, don't argue with them. The more you try to fight such thoughts, the stronger they become. Rather, start thinking about Hashem. Think, 'Hashem is here, Hashem is with me, Hashem is near me, everything is him and he is everything'. The Rebbe said, (Lekutei Mohoran 1:72), about the Yetzer Horah: the more you try to conquer him, the stronger he gets. It's like when you are being chased by a bad person, the more you look over your shoulder, the more he will keep up the chase, because he sees you're still trying to get away. This is how negative thoughts work, the more you try to get rid of them, the stronger and more persistent they become.

Today's message has been taken from Q&A in Sparks of Emunah Parshas Ki Sisa Taf Shin Pey Daled