



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Vayikra 5783

Vol 1:20

Thursday 23 Adar 5783

The Rosh Yeshiva Says:

It is very important to learn at home. Firstly, your wife will look at you differently, and she will start to appreciate you more. Secondly, when your children grow up with a father that learns Torah, they will also learn Torah. Finally, you yourself will also have a clear mind, and become free. Torah takes a person away from his smallmindedness, as the holy Chachamim said in (Avos 6:2) "Who is a free man? Only those who learn Torah".

Today's message has been taken from Q&A in the Yiddish Gilyon Parshas Ki Sisa Taf Shin Pey Gimel



Friday 24 Adar 5783

The Rosh Yeshiva Says:

This Shabbos is 'Shabbos Hachodesh'. The first Mitzvah that Hashem gave to Moshe in Mitzrayim was that the Yiden should calculate the calendar according to the moon. Mohorosh asked, why is this the first Mitzvah, is there no other Mitzvah that is more important? This is because this is the foundation of a Yid, to renew ourselves. You

must rejuvenate yourself. The nations of the world calculate their calendar by the sun. The sun shines brightly everyday of the year the exact same way. The moon however is a totally different story. It gets bigger and bigger until the middle of the month, then gets smaller and smaller until you can't see it anymore. Then we see like a small nail and it gets bigger and bigger again. This continues on and on, and this is how the moon works. Hashem told Moshe you should count by the moon, because we need to refresh ourselves all the time.

Today's message has been taken from Ah Git Vort Oif Parshas Hachodesh Taf Shin Pey Beis



Sunday 26 Adar 5783

The Rosh Yeshiva Says:

Go speak to Hashem in your own language, in English. Hashem understands every language, so speak in English. Tell Hashem how much you want to be sincere, and yet every time you try you fall down again and again. The Yetzer Horah throws you down in Pgam Habris, and you do Aveiros R"L. Cry to him in your language, beg him that he should help you. You will become cleaned out, and

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with time you will become released from all your difficult and bitter hardships.

Today's message has been taken from Q&A in the Yiddish Gilyon Parshas Vayakhel - Pekudei Taf Shin Pey Gimel



Monday 27 Adar 5783

The Rosh Yeshiva Says:

The holy Rebbe said in (Lekutei Mohoran 2:44) "Emunah is dependent on the mouth of a person", just as Dovid Hamelech said in the Pasuk (Tehillim 89:2) "With my mouth, I speak about Hashem". When we speak about Emunah, this itself is Emunah, and it brings us to have Emunah. We must constantly speak about Hashem. Whenever we can, we need to remember Hashem. When we are asked, "Are you coming tonight?", don't answer: "Yes", rather answer: "With Hashem's help". When asked, "What's doing, how are you?", don't answer: "Good", rather answer: "Baruch Hashem, Thank You Hashem". This will slowly go into you, your wife, and your children. This way all your fears and anxiety will fade away.

Today's message has been taken from the Gilyon Shiurei Chinuch Parshas Vayakhel - Pekudei Taf Shin Pey Gimel



Tuesday 28 Adar 5783

The Rosh Yeshiva Says:

Mohorosh always said by the Shiurim that Hashem has nothing to be ashamed of with

Yiden because of the Chesed that they do with one another. Specifically now before the Yom Tov of Pesach, when we distribute to thousands of Yiden wine, fish, meats, and Matzos for Pesach. Then there are those who help by schlepping for people who don't have a way to pick it up, and also to those who are ashamed but are helped in an honorable way. This is the greatest Mitzvah to bring happiness to Yiden who can't make Pesach on their own. Even if you can't help out financially, you can help physically. This will save you from all the downfalls that the Yetzer Horah throws you down into.

Today's message has been taken from Ah Sicha Fin Der Rosh Yeshiva in the Kiryas Breslev Bletel Parshas Vayakhel - Pekudei Taf Shin Pey Gimel



Wednesday 29 Adar 5783

The Rosh Yeshiva Says:

The Rebbe said in Sichas Haran, that someone once told the Rebbe that a certain person conducts himself in a proper way. The Rebbe said that by a Yid there is no such a word. The nations of the world can use such a word, he is a proper person. The Goy doesn't have a Torah yet he doesn't steal, he doesn't murder, he is a very proper person. However, by a Yid there is no such a thing as a proper person, he is a Yid, Hashem said what to do and this is what I need to do.

Today's message has been taken from a lecture from the Rosh Yeshiva Monday Parshas Vayikra Taf Shin Pey Gimel