



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Vayakhel - Pekudei 5783

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Thursday 16 Adar 5783

The Rosh Yeshiva Says:

My dear brother, let's run away from Achashveirosh and Haman, and run towards Mordechai Hatzadik. The holy Chachamim said in (Megillah 13b): "Esther was with Achashveirosh, then Toiveled and went to Mordechai". The holy Reb Nosson said, even when a person has fallen into dirty Aveiros, he is sitting on Achashveirosh's lap, he should do what Esther Hamalkah taught us, not to get lost, but go to the Mikvah and run to the Tzadik. Run to Mordechai Hatzadik, to the holy Rebbe's lap. Purim opens up the ears, and cleanses the heart, we hear the Rebbe's cry: There is absolutely no despair at all!

Today's message has been taken from a letter from the Rosh Yeshiva Wednesday Parshas Ki Sisa Taf Shin Pey Gimel

Friday 17 Adar 5783

The Rosh Yeshiva Says:

The Rebbe said in (Lekutei Mohoran 2:74), that after Purim we read Parshas Parah. This is a preparation for Pesach, because Parshas Parah is read in order to be cautious of Tumas Meis. When a person becomes Tumah with 'Tumas Meis' he must go to the Kohen, to the Tzadik and

he will purify him. The Rebbe said 'Neioff' - immortality, is 'Tumas Meis' the 'Avi Avos Hatumah'. A person who falls into looking at Aveiros and is Pogem B'bris he rips himself away from Hashem. Therefore now Parshas Parah is a good time to purify ourselves. How can I purify myself? We come to the Tzadik and learn the Rebbe's holy Seforim. Whoever will have a shiur in these Seforim will start to feel like he is drinking fresh water and will be cleansed.

Today's message has been taken from Ah Git Vort Oif Parshas Parah Taf Shin Pey Gimel

Sunday 19 Adar 5783

The Rosh Yeshiva Says:

Someone who speaks to Hashem a lot knows that anything that happens to him, he needs to make a calculation on what he has done. Mohorosh relates that the holy Chasam Sofer was once walking and his button fell off. He told his talmidim that he knows why it happened and he immediately figured out why. We can't just say "Ok, a button fell off"! Why do I need to go through this trouble, to go find a needle and thread? Chazal say, that if you put your hand in your pocket to take out a coin and a different one comes out this is already

considered pain that can be counted as an atonement for your sins. This is true with everything that happens. Why did my car get towed today? Or A person doesn't feel well, even if it's nothing major and he just has a fever, or he feels dizzy and he can't go to work, it's possible that this is because he keeps on complaining and he's not thanking Hashem enough.

Today's message has been taken from a lecture from the Rosh Yeshiva Thursday Parshas Ki Sisa Taf Shin Pey Gimel



Monday 20 Adar 5783

The Rosh Yeshiva Says:

The Rebbe gave us a new revolution, a direction even for simple people. We can dress in Chassidishe clothes etc, but let's not fool ourselves about who we are, what we do and how we think. The holy Rebbe came, and gave us such a high concept that even in the middle of work, while eating, or whatever we might be busy with, we think about Hashem. We yearn for Hashem, we speak out a word to Hashem: "Hashem I yearn for you", "Hashem I want to think of you, I don't want to lose focus of you", "Hashem I want to learn, I want to daven". When a person speaks out about his interests in Hashem, he talks about his yearning, a big commotion happens in Shamayim and there is nothing greater than this.

Today's message has been taken from the Gilyon Sipurei Masiyos Parshas Ki Sisa Taf Shin Pey Gimel

Tuesday 21 Adar 5783

The Rosh Yeshiva Says:

Parents that want to merit to have good children must beg Hashem a lot for this. Good children don't come on their own, we need to ask Hashem a lot that we should know how to teach our children. Chinuch is absolutely not an easy thing, Chinuch is real hard work. We need to know how much to say and how to say it, how strict we need to be etc.. If we put all our strength into our children, and understandably a lot of Tefillos, we will later bear beautiful fruits.

Today's message has been taken from the Gilyon Shiurei Chinuch Parshas Ki Sisa Taf Shin Pey Gimel



Wednesday 22 Adar 5783

The Rosh Yeshiva Says:

Get rid of all your depression and bitterness. Be happy that you are a Jew, that you believe in Hashem, and that you are filled with Mitzvahs. If you will be happy, you will be healthy, all your problems will go away. The Rebbe said in (Lekutei Mohoran 2:25), "It is a great Mitzvah to constantly be happy", with all our might we need to get rid of all depression and bitterness from within ourselves. All diseases and sicknesses that a person gets comes from depression and bitterness. The Rebbe continues, "that doctors also agree that all problems and illnesses come from a lack of happiness, and happiness is a treatment for all sicknesses".

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Ki Sisa Taf Shin Pey Gimel