

בעזרה ש"ת



The Light of Emunah

Written By the Rosh Yeshiva
of Tifferes Hatorah

פְּרֶשֶׁת שְׁמִינִי

הַשַּׁע"ט



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 . . . **CHILDREN MUST BE TAUGHT
THAT CHUTZPAH IS NOT TOLERATED.**

**בעזרת ה' יתברך - ערב שבת קודש פרשת משפטים, מברכים החודש,
כ"ו שבט, שנת תשע"ט**

Dear...

Fortunate for parents who seize the opportunity to be Mechanech their children while they are still young, for as soon as they turn older, they are far less receptive to being told how to behave. The younger children are, the more they absorb and listen.

Shlomo Hamelech states in Mishlei (13, 24): One who loves his child will rebuke him, and one who refrains from doing so when necessary hates his child.

Chazal elaborate (Medrash Shemos Raba 1, 1): One who isn't Mechanech his child because he

feels bad doing so, will eventually lose his children, and they will shun Yiddishkeit. As we learn from Avraham Avinu, he saw his son Yishmoel playing with an Avodah Zorah, yet he said nothing, and later he had to chase him from his home to ensure he doesn't destroy his brother Yitzchok.

The same also happened with Eisav: Yitzchok loved Eisav as we see in the Pasuk (Bereishis 25, 28): "וַיֵּאָהֵב וַיִּצְחָק אֶת עֵשָׂו", and he refrained from Mussaring him, and we know the outcome – he grew up to be Eisav H'rasha. Chazal say (Bava Basra 16): "The same day Eisav sold the Bechurah to Yaakov, he transgressed on five grave sins; he sinned with a **נְעֵרָה הַמְּאֹרָסָה**; he murdered a person; he doubted the existence of **תְּחִיית** **הַמֵּתִים**; he doubted the existence of Hashem; and he scorned the Bechurah. What we can learn from this is, the importance of raising our children with Yiras Shomayim and Middos Toivos while they are young, so we will not regret the missed opportunities years later. It would be worthwhile for you to look up the Medrashim (Medrash Shemos Raba 1, 1; Tanchuma Shemos 1, 1), you will see a few more incidents Chazal relate, including what happened to Avsholom and Adoniyu, when Dovid Hamelech abstained from rebuking them when necessary.


The reason I'm writing this to you, is because I want to highlight a נקודה in Chinuch; I recently noticed your son hitting you and instead of reprimanding him, or giving him a Potch etc. for being so disrespectful, you chose to ignore him.

I want to bring to your attention that this isn't the right response, and it may even be that I am at fault, because I repeatedly implore by my Shiurim the damage of hitting one's children; on one hand Maharosh taught us to have patience and refrain from hitting our children, yet on the other hand, parents must realize that with Chutzpah, if a child hits his father or mother, they must discipline him and give him a Potch.

Maharosh recounted that when he was a Melamed he would never hit his Talmidim – except for Chutzpah; and I heard the same from Yingleit who learned in Maharosh's Yeshiva, he would only give a Potch if someone was a מחוצף. As Shlomo Hamelech says in Mishlei (23, 13) "אל תמנע מנער מוסר", you should not refrain from punishing your child, "כי תכנו בשבט לא ימות", no one dies from a spanking, "אתה ונפשו משאול", you should give him a Potch, "תציל", by doing so you will save him from Gehinnom.

I hope it isn't too late already; your son is five years old; now is the time to tackle his difficult natures. If you allow him to continue like this, it will just be harder later on. This is a mistake many parents make; they don't realize that they must be Mechanech their children while they are still young, as the Rebbe quotes (Sefer Hamiddos Ois Bonim): "צריך ללמד את התינוק דרך ארץ מנעוריו", one must teach his children Derech Eretz and Middos Toivos while they are young; a child must clearly understand that something a parent said is undisputable, and there is no place for arguments or explanations. If a child questions "why must I do so and so?" the answer is: "Because Totty or Mommy said so." No reasons or justifications are necessary. If a child hits his father or mother one must discipline him properly, he should learn not to do it again.

May Hashem help you, you should only see Nachas from your children.

 ... **BE CAREFUL THERE
SHOULDN'T BE BULLYING BETWEEN
YOUR TALMIDIM.**

**בעזרת ה' יתברך - ערב שבת קודש פרשת משפטים, מברכים החודש,
כ"ו שבט, שנת תשע"ט**

Dear... Melamed in Talmud Torah Hichel
Hakodesh Breslev

אשרי חלקך, that you are employed with such holy work. As a Kitah Alef Melamed you have the awesome opportunity and responsibility to teach your Talmidim the holy **אותיות** of the Torah and instill in them Yiras Shomayim.

Chazal relate (Yerushalmi Damai 7, 3): “Rebbi Yochanon saw a Melamed fasting and remarked: “It is forbidden for you to fast, for even a simple laborer is prohibited from fasting because he will be less productive and cause a loss for his employer, thus certainly you who is **עוסק במלאכתו של הקדוש ברוך הוא** cannot fast, for you must have energy to teach your Talmidim”; we can see from this how Chashuv a Melamed’s work is, that he is working solely for Hashem.

I request from you to be vigilant that there not be a child in your class who bullies other children; H'avreich..... related that his son comes home from Cheder every day in fear of another boy in the class, to the point that he refuses to go to Cheder altogether. It is a Melamed's responsibility to keep his eyes open and notice such behavior, that such things should Chas Vesholom not occur.

Thus, I ask you to speak to the boys that it is unacceptable to hurt other children or bully other children; they are still young – Kitah Alef, now is the time to be them Mechanech. Shlomo Hamelech states in Mishlei (22, 15): “A child is born with bad Middos and difficult natures, and it is our responsibility to Mussur and discipline them, they should learn the right way to behave.”

The path we must follow to raise our children must come from the holy Torah; unfortunately many people are influenced by foreign methods that don't come from the Torah, instead they turn to therapists whose Hashkofos are far from Yiddishkeit and originate from the Goy; they believe that the right way of being Mechanech is that children are entitled to their every desire, and the parents enable them to get away with unsuitable behavior. We all know

the outcome of this approach – the children grow up crippled and have a very hard time later in life.

Therefore, I beg you, imbue Middos Toivos into your Talmidim; tell them stories about the severity of hurting another child, and if a child uses his hands you should punish him etc. There are children who don't realize that when they hit someone it actually hurts; such children sometimes must also receive a Potch to experience how it feels to be hurt.

Maharosh would relate, a woman once came to the holy Satmar Rebbe Zt"l and cried bitterly that her husband hits her, and rolled up her sleeve to show the Rebbe the marks from vicious behavior. The Rebbe immediately sent his Gabbai to summon the husband, and when he arrived, without any explanation the Rebbe took his cane and started striking him. The man cried out "What did I do that I deserve such treatment from the Rebbe?" The Rebbe replied "I believe you are not aware how it feels when you hit somebody; I want you to experience that Petch actually hurt."

There are times when you have to give a child a taste of his own behavior; Chas Vesholom that a different child should have a fear of coming to

Cheder; the Yingerman told me that his son is having a hard time with עברי since he is being bullied.

It brings me great pleasure that you come to Kollel in the evening to learn Halacha; you cannot imagine how much enjoyment it brings me, to see Talmidim after they get married sitting and learning the holy Torah.

May Hashem help you succeed in all your endeavors.

... TEFILLA FOR A BACHUR TO FIND HIS ZIVUG.

בעזרת ה' יתברך-יום א' פרשת תרומה, כ"ח שבט, שנת תשע"ט

Dear..., Talmid in Yeshiva Tiferes Hatorah

You made the right decision by not joining your friends and going away for Shabbos to a place where there is no Minyan; this demonstrates that you have Yiras Shomayim. It astonishes me that Chassidishe Bochurim would do such a thing – go away for Shabbos to a place without a Minyan or a Mikve, it is a display of קלות ראש.

Remain strong with your good deeds; continue Davening Shachris, Mincha, Maariv with Minyan, and carry on with your daily shiurim. Learn some Chumash and Rashi with the Targum every day, and Chai Perakim Mishnayos; the עיקר is you should learn a lot of Gemara, because through doing so you will merit to be protected from all harm.

Don't worry about your Shidduch; you will soon find your true Zivug. Recite the קרבנות הנשיאים every day, as the Rebbe says (Sefer Hamiddos, Ois Chutan): "Whoever wants to find his Zivug, should say the קרבנות הנשיאים". Say the following Tefilla that Maharosh wrote specifically for Bochorim and girls to merit to find their Shidduch, originally from the Sefer 'Your Shidduch will arrive'.

"Reboinoi Shel Oilom, help me merit to find a good Shidduch, I should be Zoche to get married already, and not have to wait any longer for my Shidduch to arrive.

Hashem, I know there are times when I did not behave as I was supposed to, and I wasn't always so righteous and Ehrlich. However, I beg you Hashem, disregard my Aveiros and don't withhold my Shidduch because of them. Forgive me for

everything I have done, and save me from any more sins by granting me my Shidduch I should be able to be Ehrlich.

What should I do? Reboinoi Shel Oilam, I am ready to get married tonight! What can I do that I haven't found the right one yet? I'm waiting and waiting, and Davening for so long now, but nothing has yet come to fruition.

Chazal say that when one gets married after the age of twenty, he is doomed to think of Aveiros all his life, and you say regarding such a person that his bones shall disintegrate. Hashem! Why must I receive such a harsh punishment, that for the rest of my life I should have unholy thoughts, and my bones will disintegrate? Why am I at fault? Why do I deserve this? Is the terrible pain that I haven't found my Shidduch yet, not enough?

Hashem, help me I should continue having patience, and not despair until my Shidduch arrives. Help me not question your ways, and I should strongly believe that everything you do is **לטובה**, and everything that happens on this world is accounted for.

Hashem, you are the only one who can truly understand what I am going through! Only you can feel the humiliation and embarrassment I suffer, that all my friends are married already and I remain all alone. Help me, that the shame should be a Kaparah for my Aveiros, and I shouldn't have to go through this anymore, I should be Zoche to get married very soon.

I genuinely believe Hashem that you will not forsake me, and I will eventually merit to get married. Therefore, I beg you, when I do get married there should only be harmony and happiness in my home; we should never argue or fight Chas Vesholom, and there should only be אהבה אחוה שלום ורעות between us. We should love each other, and merit a happy marriage; we should never need to divorce Chas Vesholom.

Hashem, help me I should always be a ותרן, I should be able to concede and not argue over pettiness. Help me that I always be able to assist and support my wife. Help us establish a happy home together, there should always be a pleasant atmosphere in our home. I should merit healthy and Ehrliche children, and be able to raise them and see Nachas from them. My home should be

a place of Chesed, I should merit to invite guests and give Tzedakah to the needy.

Hashem, please accept my Tefilla and help me already in the Zchus of all the Tzaddikim, and especially in the Zchus of Rebeinu Eliezer Shlomo Ben Menachem Zev, זכותו יגן עלינו, who made this Tefilla, **”אמן כן יהי רצון.”**

May Hashem help you succeed in all your endeavors.

 ... **WHEN EMPTY, THE CLASSES MUST REMAIN LOCKED UP.**

בעזרת ה' יתברך-יום א' פרשת תרומה, כ"ח שבט, שנת תשע"ט

Dear...

I have requested a few times already if you can install locks on all the classes in the Yeshiva building; Chazal state (Gittin 45.): "לאו עכברא גנב אלא חורא גנב", meaning, the mice who enter one's home are not the thieves, it's the cracks and openings which allow the mice access who are the thieves. Similarly, only aggravation emerges when classrooms are left unlocked.

Last night there was a Sheva Brochos for a Talmid here in Yeshiva, and the following morning there was an offensive picture on one of the whiteboards, Hashem Yishmereinu; this only happens when classrooms are left open without accountability.

If this is a burden for you and you cannot carry through, let me know, and I will ask someone else to do it.

May Hashem protect me from harm, and protect our children from harm.

 ... **WHEN A PERSON LIVES WITH EMUNAH HIS LIFE IS SWEET.**

בעזרת ה' יתברך-יום א' פרשת תרומה, כ"ח שבט, שנת תשע"ט

Dear...

How fortunate for us that we are aware of the **עצות** of the hoy Rebbe; the Rebbe states (Chai Maharar 332): “I am like a river which cleans a person from all his impurities.”

When one listens to the Rebbe, and learns his Seforim, he will be Zoche to become a big Tzaddik, as the Rebbe says (Chai Maharar 349): “One can

truly repent and become a Baal Teshuvah when they learn my Seforim, and whoever learns my Seforim with an Emes will merit to eliminate the evil from himself”; therefore, establish a Shiur for yourself in the Rebbe’s Seforim, and you will become a righteous person.

This Shabbos before Shachris we learned about the Rebbe’s Journey when he traveled to Eretz Yisroel, (262 **פעולת הצדיק**), the Rebbe sent his Talmid R’ Yitzchok to Haifa to arrange tickets for their voyage back to Europe, but when R’ Yitzchok got to Haifa he became preoccupied with something else, and returned to the Rebbe without the tickets. He told the Rebbe he collected money from Meshulachim etc., and the Rebbe remarked: **“It is obviously Hashem’s will that we should remain a little longer in Eretz Yisroel”**; we discussed how lucky one is when he believes everything that happens comes from Hashem; when one has faith in Hashem his life is so much easier because he knows everything that happens to him was orchestrated by Hashem. Unlike someone who doesn’t believe, everything that then happens to him causes him worry and confusion because he has nowhere to turn. This is what the Rebbe teaches us, pure and simple Emunah,

everything that occurs to us is only from Hashem, and anything that happens down here is decreed beforehand from above.

After davening we discussed the story of the Ben Melech and the Ben Shifcha who were exiled (Sippurei Maasios, Story 11), that the phony Ben Melech who originally banished the true Ben Melech, eventually was sold to the Ben Melech as a slave; we ascertained from this that the world is not Hefker, and one who harms or hurts another will ultimately pay a steep price for his evil. One must be very cautious never to hurt another Yid; one should rather be from the נרדפים – and always support the נרדפים, as the Rebbe cites in Sefer Hamiddos (Ois Merivah) "לעולם תצדד להציל את הנרדפים".

Last night we celebrated a Sheva Brochos for a Talmid of the Yeshiva; it's a shame you didn't attend. It was such a Simcha! It is an especially big Simcha for me since the Bachur is from the first few Talmidim with who our Cheder was founded.

Ten years ago, in year 2010, my children were expelled from their Cheder to pressure me to close the Yeshiva. We then asked Maharosh if we should open our own Talmud Torah, and Maharosh

encouraged us strongly to do so. Maharosh then told me something that carries me through even in the stormiest times, Maharosh said these words “I cannot explicitly tell you to open a Cheder – it is an extremely hard undertaking, but I can tell you one thing, if you do open a Cheder, there is no going back.”

We took the plunge and opened the Cheder, at first it didn't seem like it will survive for very long. We originally only opened classes for the younger boys, but their older brothers came and asked "למה? נגרע?", we also want to learn in a Bresleiver Talmid Torah! So we opened a class with four Talmidim. The Chasan last night was the last of the four to get married, therefore it's a great excitement for me to see the fruits of my hard labor.

There is so much more to write how nice Shabbos was; I hope you also Daven together with Anshei Shlomeinu. It is a different Shabbos when you Daven together with Anshei Shlomeinu, and strengthen one another with the Rebbe's **עצות**.

May Hashem help you succeed in all your endeavors.

 ... **TEHILLIM ENTAILS ALL**
ישועות.

בעזרת ה' יתברך-יום א' פרשת תרומה, כ"ח שבט, שנת תשע"ט

...Student in Bais Faiga Breslev

I received your letter.

How fortunate are you that you completed Tehillim for the thirty first time; Tehillim holds the key to many **ישועות**, and likewise the Rebbe constantly praised one who recites Tehillim every day. (Likutei Maharan, Chelek 2, Siman 73) Therefore, Anshei Shlomeinu find time to say the Yom Tehillim daily, for it entails all **ישועות**.

I'm very pleased to hear from you that in school everyone gets along together in harmony. There are no arguments or fights between the girls, and there is no senseless competition; I'm pleased to hear that you are happy in Bais Faiga.

You write that when the girls dance together there is only Achdus; the older girls don't make a difference between themselves and the younger girls, everyone dances together in unity. This brings me immense happiness because it isn't easy to run a Moised, but

the feedback that you enjoy every minute and you appreciate the lessons you learn in school, gives me the strength to continue my challenging work.

Don't worry about your Shidduch; strengthen yourself by saying Tehillim and between the Pesukim pour your heart out to Hashem, daven for a healthy and Ehrliche husband, and for healthy and Ehrliche children and you will soon merit to find your Shidduch.

... TRAVEL ONLY TO A PLACE WITH A MINYAN AND A MIKVE.

בעזרת ה' יתברך-יום א' פרשת תרומה, כ"ח שבט, שנת תשע"ט

Dear... Talmid in Yeshiva Tiferes Hatorah.

It hurts me to hear that you went away for Shabbos to a place without a Minyan or a Mikve; I cannot understand why you did so; there are so many Ehrliche places where one can go, why must you go somewhere where you don't have a Minyan to Daven, and can't hear Krias Hatorah? I will judge you favorably that you didn't consider the consequences of your actions, you just tagged along without thinking.

It really doesn't bother me that Bochorim go away for Shabbosim, (although it is not something I would recommend you to do, but I will not object to it); there were many occasions that Bochorim went away for a Shabbos to a place with a Beis Chabad, or somewhere with a Minyan and a Rav, a place with a Mikve etc. this is reasonable. But, the fact that you and some other Talmidim from Yeshiva went away without any consideration to these requirements causes me great pain.

Thus, I want to request from you; you came to learn in Hichel Hakodesh, absorb the message this place conveys: don't run after anyone. You tag along like a spare tire; this is not what life is about, and not what Hichel Hakodesh is about.

I have a lot more to write on this matter, but I cannot continue, because of the pain it causes me to hear that Talmidim from Yeshiva behaved in such a manner.

 ··· **DON'T TALK TO CHILDREN ABOUT DYING.**

בעזרת ה' יתברך-יום א' פרשת תרומה, כ"ח שבט, שנת תשע"ט

Mrs.....

This letter is regarding your child who tells you that he will die etc., it is understandable that this is extremely frightening and worrisome for you.


I request from you to forget what he said, and cease talking to your children about dying. The only reason he talks about this topic is because he hears other people talking about it, therefore, make sure it isn't mentioned anymore. Instead talk to your children about Hashem, imbue in them that Hashem is everywhere, and anything they need or desire they can ask from Him.

The Rebbe related that as a young child he heard many stories of Tzaddikim, and this left an impression on him and he started yearning to also become a Tzaddik. When a child hears a story of a Tzaddik his pure heart starts longing to also be Ehrlich. Talk to your children about the greatness of Tzaddikim, how they lived with absolute faith in

Hashem, and whatever they desired they simply asked from Him. Explain to them that this is how they brought salvation for Klal Yisroel.

If you have an extra minute during the day when your children are in school and Cheder etc., say a Kapitel of Tehillim, and empty your heart out to Hashem, tell Him all your worries and fears in your own words, talk to Him as if you are talking to a trusted friend; Daven to Him to merit holy and Ehrliche children.

May Hashem help you succeed in everything you do.

 ... **CALL YOUR PARENTS EVERY DAY.**

בעזרת ה' יתברך-יום א' פרשת תרומה, כ"ח שבט, שנת תשע"ט

Dear...

Call your parents every day; Maharosh would make sure to call his father every single day after Shachris.

Discuss what is going on in your life with them, tell them about your children – understandably only

positive things; don't recount your problems, parents don't want to hear their children complaining, they already had their share of hardships while raising you, now is the time to bring them only Nachas. What can I say? There is no greater Mitzva than bringing pleasure to your father or your mother.

The fact that your parents are upset at you that you affiliate with Breslev – this will certainly pass. They only mean your benefit – they unfortunately heard Lashon Hora on Breslev, especially on Hichel Hakodesh and therefore they are angry that you associate yourself with such a place.

The Rebbe said (Sichas Haran, 182): “People don't oppose me; in their minds they created a vision of who I am, and that is the person they oppose.” The Rebbe concludes “Rightfully so; I also oppose that person; someone who conducts himself in such a manner is someone I also fight against.” People have no clue what Breslev is about; they think it is just a haven for משוגעים.

You remain strong and conduct yourself according to the **עצות** the Rebbe teaches us; continue to honor your parents, and if they bring up the subject of Breslev, just remain quiet. Don't answer or argue with them, and you will see their anger will subside.

Good night.

 ... THE חשיבות OF DAVENING
WITH MINYAN IN BEIS HAMEDRESH.

בעזרת ה' יתברך-יום ג' פרשת תרומה, א' דר"ח אדר א', שנת תשע"ט

Dear...

Strengthen your commitment to go to Shul three times a day and Daven with minyan, in this merit you will have Parnassah; Maharosh would say “When one Davens with Minyan, he will have a **דבר שבמנין**.”

Even if you woke up late and there are no Minyanim anymore, you still go to Shul; in Shul one davens, however when one stays home, or davens in his office etc. he ends up not Davening. Likewise, this is what the Shulchan Aruch determines, that even if one does not have a Minyan he should daven in Shul. (אורח חיים, סימן צ, סעיף ט)

Don't view yourself as a failure; R' Nossou would constantly quote the following Pasuk (Iyuv 3, 19): "קטן וגדול שם הוא" – only in heaven will one know who is considered big and who is considered small; meaning that many times someone is distinguished

here on earth, people seek to honor him etc., but up in heaven he is not worth mentioning. However, there could be a person here on earth that feels he is insignificant, nobody looks in his direction, yet in heaven he is very valuable; because despite his hardships and difficulties he still goes to Shul three times a day, and finds a moment here and there to pour out his suffering to Hashem, this is what is important up in heaven.

“If you shall be happy” – exclaimed the king - “Then I will also be happy” (Sippurei Maasos, story 13); all Hashem wants from us is to serve him with Simcha, therefore make sure to flee from sadness and depression.

May Hashem bless you in all your endeavors.

 ... **THE IMPORTANCE OF BELONGING TO AN EHRliche חבורה.**

בעזרת ה' יתברך-יום ג' פרשת תרומה, א' דר"ח אדר א', שנת תשע"ט

Dear...

Every time you send me pictures of the daily Shiur by you in Bloomingrove you truly gladden me.

I want you to tell me who attends every day, that way I can encourage those who come to keep on coming, and for those who don't attend, I wish to strengthen them to establish a Shiur in Gemara and hold on to their connection with Anshei Shlomeinu.

One cannot imagine what he can achieve just by having devoted friends; as we see in Gemara, the holy R' Chanina stated (Taanis 7.): "הרבה למדתי מרבותי", I have learnt a wealth of Torah from my Rebbes; yet "ומחברי יותר מרבותי", from my Chaveirim I learned even more. We can see from this how important it is to have good friends where you can get together and strengthen each other.

Continue sending me pictures of you learning together, and send me details of what transpires in your Shul; I fervently wish that all my Talmidim remain together "איש את רעהו יעזרו ולאחיו יאמר חזק". Everyone should only strive to only help each other, and of course remember to focus on what is important – תכלית.

When Bochorim or Yingeleit get together, I always ask them to relate a story of הפצה; whether negative or positive, if the person took the Sefer with a smile, or if he tore it in front of them. If they got a good

word while they were at it or unfortunately the opposite. Likewise, I ask them to relate a Maasa Fin 'Tefilla,' a story where they Davened to Hashem for something and Hashem helped them. This way we constantly refresh ourselves, and remind ourselves why we came to the holy Rebbe.

Show this letter to the Yingleit who Daven and attend the Shiur.

May Hashem bless you with success in all your endeavors.

 · · · **LISTEN TO YOUR PRINCIPAL.**

בעזרת ה' יתברך-יום ג' פרשת תרומה, א' דר"ח אדר א', שנת תשע"ט

..... Student in Bais Faiga Breslev.

I am pleased to hear excellent regards from your teachers regarding your behavior in school; by behaving with respect you create a good name for yourself. You will be Zoche to find a good Shidduch and establish a beautiful home.

I ask you to obey everything your principal requests from you; if she tells you that you are not allowed to bring a cell phone to school then do not

bring it. Don't find ways to outsmart the school, if you listen to everything your teachers and principal demand from you, then you will be successful; all they want is only your benefit.

If you would ask me if it is advisable for you to have a cell phone in the first place, I would answer that it is at all not necessary for a girl your age to have one; the most you can do is follow the school rules and not bring it to school.

I'm waiting to hear from you where you are up to in Tehillim; how many times you completed it already.

May Hashem bless you with success in all your endeavors.

 ... **PARENTS MUST WORK
ALONG WITH THE SCHOOL.**

בעזרת ה' יתברך-יום ג' פרשת תרומה, א' דר"ח אדר א', שנת תשע"ט

Mrs....

I strongly request from you to work along with the school; if there is a rule that the girls cannot bring cell phones to school, please don't allow your daughter

to bring one and tell her to hide it from the principal etc. It is detrimental to the Chinuch of your daughter if she hears one thing in school, and at home she hears the opposite. Later when the school demands something else, even if it is something you agree on, your daughter will find reasons not to accept it because she knows that her mother permits her to go against the school rules.

I hope this straightens things out, and from today onwards you will be on the same page as what the school requires from the students, you should certainly encourage your daughters to listen to everything the school demands.

If you have a few minutes during the day, say some Tehillim, and hand over your worries to Hashem; one cannot imagine the greatness of Tefilla; when one would know how powerful every word they utter is, they would talk to Hashem from morning until night.

May Hashem help you succeed in all your endeavors.

 ··· **A BACHUR MUST BE HAPPY.**

בעזרת ה' יתברך-יום ג' פרשת תרומה, א' דר"ח אדר א', שנת תשע"ט

Dear... Talmid of Yeshiva Tiferes Hatorah.

I received your letter.

Try with all the strength you possess to be happy, for the key to a successful person is positivity. The Rebbe states (Sefer Hamiddos, Ois Simcha): “Whoever is always happy, leads a successful life.”

Especially now that you have reached the stage of Shidduchim, you certainly must work to be happy, and always greet people with a smile. The first thing one wants to know by a Shidduch is, if the Bachur or girl is healthy, and they don't suffer from mental illness. This information is readily available on someone's face; if someone is always relaxed and has a smile on their face then it is an indication they are a healthy person, but if someone is constantly upset, and walks around with a frown, it could be a sign that there is something going on in his mind, for ex. anxiety etc. Hashem Yishmereinu. The Rebbe states (Likutei Maharar, Chelek 1, Siman 23): “When a person is depressed and there is a cloud of gloom hanging over his head, it is a sign that the **סטרא אחרא**

have triumphed over him; they make sure his face shows signs of hopelessness and misery, and on such a person the Pasuk in Shemos (20, 2): "לא יהיה לך אל-הים אחרים על פני" is applied."

Thus, I request from you to always be happy; if you try with all your might you will succeed to escape from your misery and depression and find a Shidduch; no one is interested to marry a Bachur who is miserable, girls want a happy boy.

Don't waste your time; utilize your years to learn Torah. Learn the holy Gemara, Daf after Daf, even if you can't comprehend what you are learning, say the words even without understanding. The Rebbe gave us the gift of the Seder Derech Halimud (Sichas Haran 76); take no notice of those who ridicule it, because one day we will see who is the laughingstock. Give it a few years and you will have learned hundreds of pages of Gemara, and those who scorned and joked about it will not have even opened their Gemaras.

May Hashem bless you with success in everything you do.

 ... **ROLLER BLADES ARE NOT TZNIUS FOR A GIRL OVER BAS MITZVA.**

בעזרת ה' יתברך-יום ג' פרשת תרומה, א' דר"ח אדר א', שנת תשע"ט

.....Student in Bais Faiga Breslev.

I received your letter.

I'm happy to hear from your teachers that you conduct yourself with respect, and you excel in everything that is taught in Bais Faiga; with your good behavior you are bringing Nachas to your parents. Parents hope and Daven that their children will behave in an Ehrliche manner with Derech Eretz, and in this Zchus you will merit that your children will Iy"eh bring you Nachas.

Be proud of your Tznius; if you are already Bas Mitzva, refrain from playing on the street with roller blades or jets. Now that you are becoming an adult you must be careful to behave in a modest fashion.

Help your mother at home; Kibud Av V'em is a very big Mitzva. Chazal say (Peah 1, 1): "אלו דברים שאדם אוכל פירותיהן בעולם הזה, והקרן קימת לו לעולם הבא: כיבוד אב ואם וכו'", Hashem rewards someone for Kibud Av V'em here on this world and on the next. Similarly, you

will also be rewarded that your children will respect you; as we know, the way one treats his parents, is how his children will treat him.

May Hashem help you succeed in all your endeavors.

... FORTUNATE FOR YOU THAT YOU BROKE YOUR SMARTPHONE.

בעזרת ה' יתברך-יום ג' פרשת תרומה, א' דר"ח אדר א', שנת תשע"ט

Dear... Talmid in Yeshiva Tiferes Hatorah.

I received your letter together with your broken smartphone.

I was very happy to receive your letter and find in the envelope your destroyed phone; with this action you fulfilled the mitzva of "ובערת הרע מקרבך", (Devarim 17, 7) because a smartphone without a filter is in the category of the following three Aveiros where a person must rather be killed than transgress on them, 'גילוי עריות', 'עבודה זרה', and 'שפיכת דמים'.

A smartphone robs a person of his Emunah, as the Rebbe says (Likutei Maharan, Chelek 1, siman 31) 'Bris' and 'Emunah' are contingent in each other, as

it says in Tehilim (89, 29): "ובריתי נאמנת לו"; meaning that when one is פוגם בברית, especially if he Rachmana Litzlon watches dirty movies and then sins in הוצאת זרע לבטלה רחמנא לצלן, he then starts questioning and having doubts in Hashem. The more he sinks in this terrible Aveira, the more his doubts increase until he is drawn to כפירה. Aveiros extinguish a person's Emunah, as the Rebbe quotes (Sefer Hamiddos, Ois Emunah): "הפשע של אדם מכניס כפירה באדם", these Aveiros bring כפירה; that's why a smartphone is such a harmful object.

Now that you took the strength to get rid of your smartphone stay strong with your conviction and don't be like a dog who returns to the food he just expelled. Shlomo Hamelech states in Mishlei (26, 11): "כלב שב על קאו, כסיל שונה באולתו", A fool is comparable to a dog, who returns to the food he just threw up - he lacks the intelligence to realize that it is rotten and therefore unsafe to eat; likewise, a fool keeps on returning to his previous follies.

Establish a shiur in Mishnayos; start from Seder Zeroim and gradually work your way through; continue with Seder Moed until you complete the entire Shisha Sidrei Mishna. Once you finish

immediately start again, and continue this way your entire life. This will protect you from all harm.

The holy Rebbe said (Sichas Haran 19): “Even a person who has strayed far from the Kedushah, and has already descended so low that he is lying in **שואל תחתיה**; yet, if he takes upon himself to learn Mishnayos every day, he will manage to extricate himself from his sins, because the power of the Torah is infinite, and one cannot imagine the positive effect it has on a person.”

Daven to Hashem to give you the strength to continue overcoming your Yetzer Hora; even if it's hard for you to talk to Hashem, say the following **“Reboinoi Shel Oilam, give me the strength to guard my eyes and refrain from looking at Aveiros, help me resist my urge to watch movies and garbage. I find myself constantly returning to my Aveiros, just like a dog who returns to his filth. Hashem help me have the power to withstand my difficult Nisyonas.”** Beseech Hashem and you will find the energy to conquer your Yetzer Hora.

Send me more letters; at least once a week.

 ··· **PARENTS MUST PAY TUITION
ON TIME.**

בעזרת ה' יתברך-יום ג' פרשת תרומה, א' דר"ח אדר א', שנת תשע"ט

Dear...

Thank you for paying Schar Limud on time; this shows me that you have Hakoras Hatov, you appreciate everything we do for your children.


Helevai you speak to your friends and encourage them to also pay Schar Limud on time, and if they cannot afford it, they should apply to the city for assistance. If all the parents would make an effort to pay tuition, or apply for vouchers, then I would be able to pay the Melamdim and teachers on time.

You cannot imagine how hard it is for me every week when I see that I once again did not have the ability to give the Melamdim and teachers their paycheck; It causes me immense pain, and I have no **מנוחה**. It bothers me even more that there are families who simply disregard the calls from our office staff to work something out; they cause me great distress.

Therefore, I thank you for everything you do to help me; in the merit that you help the school and

Cheder continue to function, may you be blessed with Nachas from your children and never experience hardships.

Good night; A Giten Chodesh.

 ... **THROUGH SIMCHA ONE CAN ESCAPE FROM HIS SUFFERING AND DIFFICULTIES.**

בעזרת ה' יתברך-יום ד' פרשת תרומה, ב' דר"ח אדר א', שנת תשע"ט

Dear...

Chazal tell us (Taanis 29.): "משנכנס אדר מרבנים בשמחה", therefore, we must do everything in our power to be happy. When a person is happy and positive, he finds a way to emerge from all his suffering and difficulties, as the Navi states (Yeshayahu 56, 12): "כי: "בשמחה תצאו", through Simcha, you will be redeemed from Galus.

When one seeks the positive in himself, he then becomes a happy person; every Yid is overflowing with so much virtue, as Chazal say (Berachos 57.) on the Pasuk in Shir Hashirim (4, 3): "כפלה הרמון רקתך", - "מאי רקתך? אפילו ריקנין שבך מלאים מצות כרמון

lowest Yidden in Klal Yisroel are full of Mitzvos like the seeds of a pomegranate; if you look for it, you will find that you also possess an abundance of good in yourself.

As long as a person is not happy, he has no control over his mind. His mind is drawn to negativity, and he only thinks of distressing thoughts, and only sees the negative in everything. But when one is happy, he has control over his mind. This is what the Rebbe means in Likutei Maharan (Chelek 2, Siman 10): "כי שמחה הוא עולם החרות", Simcha frees a person from his personal captivity. When someone is happy, they are free from all their painful and stressful thoughts and they rid themselves from their suffering.

Begin from now to be happy; rejoice with the fact that you are Yid; when one delights with 'שלא עשני גוי', he merits to achieve great levels in Avodas Hashem.

I request that you start with fresh energy to learn Mishnayos; wherever you go, take along a small Mishnayos and when you have an extra minute here and there say a Mishna. Maharosh would always say: "How can you identify a Talmid Hichel Hakodesh? When you see someone with a Mishnayos."

You cannot proclaim yourself a Talmid Hichel Hakodesh unless you learn Mishnayos every day; if you establish a Shiur in Mishnayos you will find a way out of your Aveiros, and it will purify your Neshuma you shouldn't be drawn to watch Aveiros.

Thank you for applying for vouchers; if only all parents would be like you and ensure they pay Schar Limud. I am under so much pressure to have to pay the Melamdim and teachers that I cannot endure it anymore. What bothers me most is that some parents ignore the calls from our office staff or simply laugh them off. May you merit an abundance of success in the Zechus that you help **'yourself'** that **'your'** children have Melamdim who can teach them with **ישוב הדעת**.

Tonight Iy"ח will be a gathering for the ladies; stay home so your wife can attend; come home early and help out with the kids so your wife can go enjoy herself.

May Hashem bless you with success in all your endeavors.

 ... **TEHILLIM IS A CRUTCH WHICH ONE CAN GRAB FOR SUPPORT.**

בעזרת ה' יתברך-יום ד' פרשת תרומה, ב' דר"ח אדר א', שנת תשע"ט

...student of Bais Faiga Breslev

I received your letter.

Strengthen yourself and continue saying Tehillim every day, between the Pesukim weave in your own Tefillos to Hashem.

Tehillim was a priority by the holy Rebbe, as we see in Sichas Haran (Siman 98), the Rebbe said “Tehillim is a crutch upon which one can lean for support;” just like a sick person **לא עלינו**, leans on a cane for support, he relies on it to assist him in coming and going; likewise, when one says Tehillim and relies on Hashem, he is freed from his suffering.

Don't worry about your Shidduch; I spoke to your father regarding this issue. I hope that you will soon find your Shidduch and start building a home of your own.

I appreciate everything you do in school; whoever helps establish the Rebbe's Moised will certainly be repaid with blessing and success.

Send me a letter every time you finish Tehillim and you will bring me great pleasure.

May Hashem bless you with success in all your endeavors.

 ... **BE HAPPY WITH תמימות
ופשיטות.**

בעזרת ה' יתברך-יום ד' פרשת תרומה, ב' דר"ח אדר א', שנת תשע"ט

Dear...

I beg you: try with all your strength to be happy; I know you are going through difficult times, yet, focus all your energy on being positive and Hashem will certainly help you.

If a person wants to know his **מדריגה** in Avodas Hashem, whether he is by the **קדושה** or by the **טומאה**, it can very easily be determined by looking if he is upbeat or miserable. Happiness is **קדושה**, and depression is **טומאה**.

Therefore, I beg you my dear beloved ... lift your feet in the air and dance with joy. All you must do nowadays is turn on a cd and you have a full band in the comfort of your home; no need to bring down

musicians and singers in order to enjoy some music, with the flick of a switch you can dance to your hearts content.

R' Nossou once advised a Talmid to dance every day, he told him the following: “If you make sure to dance every day, you will never see the face of the Gehinnom.”

Talmidei Hichel Hakodesh who learned in Yeshiva by Maharosh recount that in the old Yeshiva Building where the noise would travel from floor to floor, the Bochurim would hear Maharosh dancing for hours in a row; whenever Maharosh would go through difficulties, this was the **עצה** he would turn to. Maharosh listened to whatever the Rebbe said with **תמימות ופשיטות**, if the Rebbe said (Likutei Maharan, Chelek 1, Siman 10): “Through dancing and clapping one removes all his **דינים** from himself;” then he followed without questions, and danced and clapped to remove the **דינים** from himself and others.

If you're looking for a way to eliminate the **דינים** which you are now suffering from; heed the Rebbe's words and lift your feet in joy; clap your hands and rejoice that you believe in Hashem, and he will bring you salvation.

I will still write to you Iy”h.

Good night.