

בעזרה ש"ת



# The Light of Emunah

פְּרָשַׁת וַיִּקְהַל

תשע"ט



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## THE LIGHT OF EMUNAH

 ... WHEN ONE TRULY BELIEVES  
HASHEM CONTROLS EVERYTHING, HIS  
WORRIES DISSIPATE.

**בעזרת ה' יתברך - יום א פ' יתרו, י"ד שבט, שנת תשע"ט**

Dear...

Tonight, Chamishah Asar Bishvat, go home and celebrate a Seuda together with your wife and children.

The holy Rebbe says (ספר המידות, אות עצבות, סימן לה):  
“When one eats dates, all his worries dissipate;”  
make sure to eat dates to benefit from this Segulah.  
Beseech Hashem “Hashem; help me believe  
everything you do is certainly for my טובה; I shouldn’t  
question you; help me forget my worries.” Maharosh  
explains the connection between dates and worries  
with the Chazal (Succah 45:) “מה תמר אין לו אלא לב אחד”  
– just like the palm tree has only one ‘heart’; all the

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branches emerge from one stem, "אף ישראל אין להם", "אלא לב אחד לאביהם שבשמים", similarly, Klal Yisroel has one heart directed towards Hashem. This means if one truly believes that Hashem controls everything which happens, then his worries disappear. When a person involves Hashem in his life, and has a rock-solid faith; he internalizes the fact that no one can harm him, or affect him in any way, then such a person is happy and content.

Maharosh also explains, the honey from the date demonstrates; when a person doesn't question Hashem's ways – like the fruit of the palm tree, he remembers that everything comes only from Hashem, then his life is also sweet.

May Hashem help you succeed in all your endeavors.

 ··· **REMAIN STRONG, EVEN AFTER YOUR KALLAH BROKE OFF THE SHIDDUCH.**

**בעזרת ה' יתברך - יום א פ' יתרו, י"ד שבט, שנת תשע"ט**

To my dear.....

It pains me deeply to hear that your Kallah broke off the Shidduch.

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I beg you dear..., remain strong with all the strength you possess; I guarantee, if you stay strong in the face of this Nisoyan, and accept it with love, you will merit an even better Shidduch than the first.

I know how hurtful this must be for you; you were so excited to get married, after waiting for this for so many years, and now you received such a blow; however, I beg you dear...., don't despair, and you will certainly find something better.

This world is a constant struggle; everyone is tested with difficult Nisyonas to see where a person will turn **בעת צרה**. Will he cry out to hashem, or will he Chas Vesholom lose hope? If a person perseveres then he is Zoche to wonders and miracles.

Thus, I beg you dear....., your pain is my pain; my wife and I haven't slept all week; our Tefillos are that you should stay strong despite your anguish, continue learning and Davening, and not abandon your good deeds and assistance for the Yeshiva.

Don't torture yourself with thoughts of what happened, because this was also your Shidduch. As the Rebbe says (Chai Maharar, 595) "Everyone has a certain number of Shidduchim, and every Shidduch which is suggested, is part of a person's ultimate

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Shidduch. Sometimes two people must even meet, and become engaged, then break off the Shidduch; this brings them closer to finding their true Zivug.”

Accept this ordeal as a gift from Hashem, and take pride that Hashem chose you for this test. Chazal say (Bereishis Raba 34, 2) regarding the Pasuk (Tehillim 11, 5); "ה' צדיק יבחן"- Hashem tests the Tzaddikim, and R' Yonasan says "When the pottery maker wants to test his creations, whether they are durable and will withstand years of use, he doesn't hammer on the delicate pots because those will break easily. Instead, he hammers on the strong ones to see their resilience." Likewise, Hashem sends trials only to the Tzaddikim, because he knows they will not give up, and continue believing in him. R' Yossi says "Someone who's field yields good flax, will thresh it, for it to improve, and the more he does, the better it will become. Similarly, Hashem tests the Tzaddikim for he knows this will only make them stronger." R' Eliezer compares it to a person with two cows, one is robust and strong, while the other is scrawny and weak. On which of the two will he place the heavy load? Of course on the healthy one! He also concludes, that Hashem only tests the Tzaddikim, whose faith will not diminish.

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I'm waiting to see that your faith doesn't waver; in this merit you will find something even better.

 · · **CHINUCH STARTS WHILE CHILDREN ARE STILL YOUNG.**

**בעזרת ה' יתברך - יום א פ' יתרו, י"ד שבט, שנת תשע"ט**

Dear...

Tonight is Chamishah Asar Bishvat, the time of year when the trees start sprouting.

We can learn many lessons from the trees, specifically because a person is compared to a tree. As the Torah states in Devarim "כי האדם עץ השדה".

When a tree is young and supple, it can still bend in any direction. If one realizes that it is growing in the wrong direction, it can still be straightened back. But when a tree is aged and sturdy nothing will be able to budge her. This shows us, the opportunity to be Mechanach our children is while they are still young; then it is easier to uproot their bad Middos.

There are parents who make the mistake that small children aren't included in their responsibility of Chinuch; they say "when our children grow up, and

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are old enough to understand, then we will start with Chinuch.” However, this is a grave mistake, because many times it is then too late. If you delay being Mechanach your children while they are young, you will find yourself in a situation with no return. When children are young it is easier to teach them good Middos, and easier to teach them to behave and talk in a refined manner.

Another foundation in Chinuch starts with oneself. Children grow up according to what they see and hear by their parents. Chazal state (Succah 56:) "שׁוֹתָא דִּינוּקָא בְּשׁוּקָא - אִו דַּאבוּה אִו דַּאימָא", meaning, whatever a child says, is either because he heard it from his father, or his mother. Chinuch starts with the parents; the way they behave, that is how their children will too.

A father who Davens three times a day with Minyan, is indirectly teaching his children the importance of Tefilla, and can be sure his children will follow his example. If the father doesn't Daven, he stays home and mumbles some words here and there, then his children will follow his example and shirk davening too. A tree's fruit grows in accordance to how she was planted. Thus, from today onwards start going to Shul and Daven with Minyan, no matter




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the situation, whether you do have the passion for davening or not, if you do have Sholom Bayis or not, you go to Shul, and you can be sure your children will then too.

The same goes for your daughters, the way they see their mother conducting herself, that is the way they will later behave. Therefore, adults must be very careful with their behavior, since whatever they do will be emulated.

May Hashem help you succeed in all your endeavors.

 ... **TEACH YOUR CHILDREN THE BEAUTY OF TZNIUS.**

**בעזרת ה' יתברך - יום א פ' יתרו, י"ד שבט, שנת תשע"ט**

Mrs....

Today is Chamishah Asar Bishvat, the day of judgement for the trees. We can learn many things from a tree; take the fact that they start anew every year and provide fruit; even after going through an arduous winter season of rain and snow; come spring, they blossom to life and start giving off fruit.

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Likewise, we too must renew ourselves and start fulfilling.

The mother of the house is called the **עקרת הבית** – the foundation of the home. The responsibility and success of the entire household lies on her shoulders. If the mother is happy and uplifted, then her children are happy and healthy individuals. But if a mother is constantly irritable and short-tempered, then her children grow up deficient, with a lifelong anxiety. Therefore, a mother carries a great responsibility, she must always keep in mind that her children's wellbeing is dependent on her.

Likewise, a child's Yiddishkeit is also contingent on his or her mother; if a mother conducts herself with Yiras Shomayim, and is careful about her Tznius, then her daughters will also be modest. Chazal say (Medrash Tanchuma, Vayishlach 7) on the Pasuk (Bereishis 34, 1): "**ותצא דינה בת לאה**" – why is Dinah described as 'the daughter of Leah' not 'the daughter of Yaakov?' And they answer: because Leah went out on the streets. Dinah encountered problems only because she was imitating the actions of her mother, as it says "**ותצא לאה לקראתו**". Chazal cite "**בתה – כאמה**", like mother, like daughter. If a mother is careful not to go barefoot at home, and always

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have her legs covered, then her daughters will also conduct themselves modestly. But if a mother isn't careful, then she shouldn't be disappointed when her children grow up, and downgrade in Tznius.

Therefore, I beg you; strengthen yourself in Tznius. Daven to Hashem you should see the beauty of Tznius. Tznius isn't a penalty, or unfair restrictions here to burden us; on the contrary, Tznius comes to show us our beauty, that our bodies are valuable, and that we are more than just animals without any morals. Animals don't have clothing; and so too, the gentile nations, live without any dignity or morality. We Yidden have self-respect; we know we are more than just animals; as the Pasuk refers to Klal Yisroel (Yechezkel 34, 31) "Hashem says 'in my eyes you are considered people.'" And Chazal explain (Yevamos 61.) "You (Klal Yisroel) receive the title person, but the nations are not considered people", (Yechezkel 23, 20) "They are comparable to the animals in the fields."

When Avraham Avinu went to Akeides Yitzchok he told Yishmoel (Bereishis 22, 5) "I'm continuing with Yitzchak, and you remain here with the donkey." Chazal elaborate (Kidushin 68.) "עם הדומה"

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"להמור"; they are akin to a donkey, because it makes no difference to them if they are clothed or not.

Baruch Hashem, we have a school where we teach the concept of Tznius with joy; the girls respect Tznius, and understand that Tznius is not 'nebbly', and will not limit them; unlike many girls who unfortunately view Tznius as a punishment, or unfair restrictions on them. This is the underlying reason our daughters then seek to dress inappropriately; they never received the Chinuch that Tznius is the beauty and pride of a Jewish girl.

Thus, I request, value Tznius even though your children are still young, even young girls are obligated to dress and behave themselves in a modest fashion. Now is the time while you can still teach them. If they never heard it while they were young, they will ignore your pleas once they are older.

Take notice of what the tree teaches us, while it is still young and flexible it can be straightened and set right; children absorb what they are taught while they are still young; then when they grow older, they blossom, and bring the parents Nachas.

May Hashem help you succeed in everything you do.

## THE LIGHT OF EMUNAH

 ... **BE KIND TO EVERYONE,  
WITHOUT EXPECTING ANYTHING IN RETURN.**

**בעזרת ה' יתברך - יום נ' פ' יתרו, חמשה עשר בשבט, שנת תשע"ט**

Dear.....

Today is a special day; Chamisha Asar Bishvat. There are many lessons we can learn from the trees; we see, that although they endure a harsh winter and seem dead already, they have withered and lost their leaves and fruit, come spring, they bloom to life, and start blossoming. Internalize the message; it's time to awaken from your deep slumber, and start anew.

Dear...., look at the ground, even though it is constantly being stepped upon, it still produces impressive trees, and delicious fruit; remember, continue being kind to everyone, even to those who don't reciprocate.

The holy Rebbe says (Likutei Maharan, Chelek 2, Siman 72): "A person must accustom himself to be like the ground; the ground isn't insulted when people step on her, throw garbage at her, or mistreat her etc.; the earth still continues yielding fruit, and whatever else is planted therein. Similarly, one must be a kind and giving person, even if he isn't always

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treated fairly; he is stepped on, and spat at; despite this, he should continue with his good deeds.”


The Yartzeit Seuda for Maharosh will take place tomorrow evening; we will strengthen ourselves with the wonders and miracles we saw by Maharosh. R' Nosson says (Sichas Haran 249) “The most important miracles we witnessed by the holy Rebbe was his ability to bring Yidden closer to Hashem. Every time someone came to the Rebbe with the desire to grow in Avodas Hashem, one could see how he would transform completely.” This is what we will review and pass down to our future generations; they should know what greatness we had. Maharosh sacrificed everything for fifty years in a row, only to help other Yidden; nothing would deter him, even if people stepped on him, or spat at him etc.

Attach yourself to the holy Rebbe; the Rebbe once remarked to R' Nosson: “You are already secure in my sack”, R' Nosson replied “Rebbe, fasten it, so I shouldn't be able to escape.” This is what we must remember; to connect to the holy Rebbe, and remain in Ehrliche surroundings; we must flee from the Yetzer Hora who tries to distract us with **עצבות** and **עצלות**. The Rebbe says (Likutei Maharash, Chelek 1, Siman 155) “The only reason one refrains

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from coming to a Tzaddik, is because his depression restricts him.”

Daven to Hashem to remain attached to the holy Rebbe and you will see the blessings it brings.

 ··· **EVEN WHEN YOUR SITUATION SEEMS BLEAK, REMEMBER HASHEM IS THERE.**

**בעזרת ה' יתברך - יום ב' פ' יתרו, חמשה עשר בשבט, שנת תשע"ט**

To my dear.....

Even though I sent you a letter yesterday, I feel I must write to you again, to strengthen you while going through such an ordeal; that your Kallah broke off the Shidduch.

I beg you dear..., remain strong with all the strength you possess; don't lose faith in Hashem, believe that everything Hashem does is for the person's benefit. Review in your mind 'everything Hashem does is certainly **לטובה**, even though it now seems like a calamity, I believe Hashem has his reasons.' Chazal state (Berachos 60:): "A person should accustom himself to say: 'everything Hashem does is **לטובה**'". Not always do we see or realize how

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a certain hardship could benefit us, or why Hashem tests us with a particular Nisayon, but we must believe that Hashem is compassionate, and does only Chesed.

Accept this like a valuable gift; say to Hashem: “Hashem, I thank you for breaking off my Shidduch, I believe that this is certainly good for me. Hashem, give me strength to continue with my life, until my true Shidduch arrives. Hashem, it is so hard for me to be alone, I was about to get married and become a complete person, and now the Kallah decided not to continue. Help me Hashem find my true Zivug.” Pour your heart out to Hashem, and in this merit, you will find your Shidduch soon.

## · · · KASHRUS, TZNIUS, AND LICHT BENTCHEN.

**בעזרת ה' יתברך - יום ב' פ' יתרו, חמשה עשר בשבט, שנת תשע"ט**

Mrs....

I received your letter.

I am happy to hear that you are satisfied with your children's Melamdim, and teachers; I'm pleased you appreciate their hard work.



## THE LIGHT OF EMUNAH

We have extremely dedicated Melamdim and teachers, who invest all their efforts into the success of the children. May Hashem help us continue this way, to raise our children in holiness.

Regarding Hechsherim etc.; it is a wise move to accept upon yourself only to eat meat from Kehillas Satmar. Maharosh writes about this in **שאלות ותשובות ברסלב** (letter 341) “Here in America Satmar **שחיטה** has a good Hechsher”; when it comes to other products, use caution what you allow into your home, since food we consume enters our blood flow. If you want to know exactly what is a good Hechsher and what is not, ask your Dayan or Moreh Derech.

Regarding your question, that when someone knocks at your door for Tzedakah, you send a ‘Chizuk Yomi’ card along with the child, and you ask that in case a child is not home and you are giving the Tzedakah, if is it Tznius for a woman to hand out these cards. Firstly, there is no greater Mitzva than bringing Yidden closer to Hashem; we all must engage in **הפצה**, but a lady should only engage therein between other women. Therefore, if you are giving the Tzedaka, refrain from handing out such cards, leave it to your husband or children.

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Regarding what you ask about lighting Shabbos Candles early; someone told you that it is questionable; fortunate for you that you bring Shabbos into your home early. The holy Baal Shem Tov, and the Rebbe also did so. They would Bentch Licht two hours before it turned dark, which is about half an hour before our Zman. You should continue doing so even though there are Poskim who say one cannot light so early; there are Poskim though that determine one can light already before פלג מנחה (שאלות ותשובות ארץ צבי), especially since there is electricity nowadays, and it is obvious that one is lighting the candles in honor of Shabbos. Therefore, you should continue bringing the Shabbos into your home a little earlier; it is a beautiful Minhag.

Make sure to utilize the holy minutes of Licht Bentchen to Daven for your children and grandchildren, they should grow up to be Ehrlich; the Tefillos uttered during these moments are very precious to Hashem.

Maharosh would always repeat what R' Nosson instructed his wife and children to Daven for while Bentching Licht “Riboinoi Shel Oilam, just as I’m igniting these candles, help that the holy Rebbe’s light should be ignited in every Yid’s heart;” and continue

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by saying “Riboinoi Shel Oilam! Grant me a pleasant Shabbos and a beautiful life; help me respect my husband, and live together in harmony; grant me a peaceful and loving relationship with him. Hashem, hear my prayer, help my children be Ehrlich and serve you with love. Riboinoi Shel Oilam, just as I am lighting Shabbos Licht, light up the lives of my family, and all of Klal Yisroel; everyone should be aware of you and of the holy Rebbe. Ignite... heart, and the hearts of my children, they should serve you with love.”

Hashem should grant you Nachas from your children, and may you merit to continue raising them in good health.

### · · · TALKING TO HASHEM CALMS A PERSON.

**בעזרת ה' יתברך - יום ב' פ' יתרו, חמשה עשר בשבט, שנת תשע"ט**

Dear...

I received your letter.

If you truly want to see a way out of your difficult situation, there is only one solution; take the **עצה** of the holy Rebbe – **התבודדות**.

## THE LIGHT OF EMUNAH

On one hand **התבודדות** takes very little effort, and it's free; yet, on the other hand, it is an extremely hard thing to accomplish, because one must have **תמימות ופשיטות** and strongly believe that Hashem is listening to every word. When one doesn't have an unwavering faith in Hashem; just davening Shachris, Mincha, and Maariv is a burden for him, then **התבודדות** is definitely a struggle.

The only reason a person finds Davening insignificant, is because his Emunah is lacking; as the Rebbe says (Likutei Maharar, Chelek 1, Siman 62): "If it would be completely clear in a person's mind, that while he Davens, Hashem is by his side, and he is listening to his every word, then he would certainly Daven the way he is supposed to, and concentrate the entire time."

Talking to Hashem reinforces a person's Emunah, and the more one engages therein, the stronger his faith becomes. He starts sensing Hashem's presence, and his anxieties and delusions disappear. If you start talking to Hashem, your worries will dissipate, and your mind will become clear. It is wise of you not to share all your fears with your wife, she has no benefit from being aware of your weaknesses.

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You write that you never shared your inner turmoil with anyone, since you are ashamed of it; it isn't advisable for you to share it with other people, instead, unburden yourself to Hashem, tell him: "Hashem, my head is spinning with frightening thoughts, I'm worried something will happen to me at any given moment; I feel so anxious, I'm not even sure about what exactly. Hashem help me get rid of my painful thoughts; I know this is the Yetzer Hora, who simply wants to distract me with baseless fears, however, he has taken my mind hostage, and I cannot focus on anything else.

Hashem, help me believe with a steadfast faith, that you are always next to me, and nothing could happen without you decreeing so from above. Help me feel your presence, and have complete trust in you; help me not be bothered with what others say about me.

Help me remember there is no existence without you; help me in the merit of all the Tzaddikim who sanctified your holy name, in the Zchus of R' Shimon Bar Yochai; in the Zchus of R' Yitzchok Luria Ashkenazi; in the Zchus of R' Yisroel Baal Shem Tov; in the Zchus of R' Nachman M'Breslev; in the Zchus of R' Nosson M'Breslev, and in the Zchus of Rabeinu

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Eliezer Shlomo M'Breslev. יהיו לרצון אמרי פי והגיון לבי לפניך. ה' צורי וגואלי, אמן כן יהי רצון.

It gladdens me to hear from you, send me more letters.



### REJOICE WITH THE OPPORTUNITY TO GIVE TZEDAKAH.

**בעזרת ה' יתברך - יום ב' פ' יתרו, חמשה עשר בשבט, שנת תשע"ט**

Dear...

Never banish a needy person from your door. Even if you don't have a single penny to give him, at least invite him in and offer him a drink etc., excuse yourself that you don't have the ability to give at the moment, and you could even say "believe me, if I would have, I would certainly give you." By explaining gently, you will merit great blessings, as Chazal say (Bava Basra 10:): "One who asks for understanding from the beggar, merits to be blessed with eleven Berachos."

Teach your children the greatness of Tzedakah; we see that Shmuel's father raised him with compassion for the needy, as Chazal relate (Yerushalmi Peah, 37:): "Shmuel's father gave him pennies to distribute

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to the poor;” when someone knocks on your door for Tzedakah, send your children with a contribution.

Raise your children never to turn someone away; if it happens that you don't have strength, or if you are busy and can't open the door; don't teach them to lie and say “my father isn't home”; firstly it's detrimental to Chinuch, and secondly, you don't want your words to Chas Vesholom materialize, and you should be absent from your home for whichever reason. Instead instruct them to say “my father cannot answer the door now.”

Maharosh would constantly review the Zohar which states (Vayeira, 104.): “בשעתא דקודשא בריך הוא” “רחים ליה לבר נש”, when Hashem wants to show his love for a person, “משדר ליה דורונא”, he sends him a gift, “ומאן איהו מסכנא”, in the form of a poor person; “בגין דיזכי ביה”, he grants the person the opportunity to give Tzedaka, so he can merit a bountiful of blessings.

Thus, when someone knocks at your door, or should it be in the Beis Hamedresh, or at a chasunah etc. rejoice with the knowledge that Hashem loves you, and expressed it by sending you a gift – a poor person.

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Have you learnt a Daf Gemara yet today? Have you done anything worthwhile yet? Don't find excuses; seize the opportunity and learn a Daf Gemara. If you can't comprehend what you are saying, say the words without understanding; through doing so you will merit to wipe away your sins.

I beg you; don't allow misery or depression to creep into your thoughts, expel them as soon as they try to enter. You have complained enough already; now it's the time to start thanking Hashem for the miracles he grants you.

Good night.

 ··· **הפצה INVIGORATES A PERSON.**

**בעזרת ה' יתברך - יום ג' פ' יתרו, ט"ז שבט, שנת תשע"ט**

Dear.....

If you are feeling confused and don't know in which direction to turn, adopt the Rebbe's **עצה** of **התבודדות** – speaking to Hashem in your mother tongue. Reveal all your thoughts and uncertainties, just as if you would be conversing with a trusted friend; ask him for clarity on how you should conduct yourself.



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R' Nosson related (Sichas Haran, 238); while Davening Maariv, the Rebbe once heard a Yid mutter the words of "ותקננו בעצה טובה מלפניך" without any concentration; the Rebbe was disturbed by this and explained; "the words of "ותקננו בעצה טובה מלפניך" are a powerful Tefilla, and should be said with extra concentration." The origin of many problems is, that one does not have the clarity how to conduct himself, he has conflicting thoughts how to proceed with his problems, therefore, one must constantly Daven to Hashem: "ותקננו בעצה טובה מלפניך, Ribonoi Shel Oilam, enlighten me with the wisdom, to know how to conduct myself."

Lend a hand, in whichever way possible, to spread the Rebbe's **עצות** to the world; this will bring you happiness in your day to day life. As the Rebbe says (Sefer Hamiddos, Ois Simcha) "One who spreads a Tzaddik's light, is Zoche to happiness;" take notice of all the individuals who play a role in **הפצה**; they are always joyful and uplifted.


Thus, I request from you my dear Talmid..., now, during such a meaningful time; right before Maharosh's Yartzeit, start engaging in **הפצה**, and drawing people closer to Hashem. By doing so you will also merit to be happy. Get rid of your misery

## THE LIGHT OF EMUNAH

and depression, enough of petty Machlokes and politics, it's time to stop only thinking of yourself; start finding ways to help others.

Tonight, all the **מפיצים** will come together; all those who abide by the Rebbe's request that we 'water the trees' (see Sippurei Maasos, story 3), to the Yartzeit Seuda of Maharosh, Zecher Tzaddik Livrocha. What can I say; whenever I think of Maharosh I become so happy and calm; I recall everything that Maharosh went through during his lifetime, and despite it all, he remained so strong, and his only desire was to strengthen others. This gives me the encouragement to continue with everything I do; strengthen myself, and others.

I hope to see you ly"eh.

 ... **WHEN ONE STANDS STRONG, AND DOES NOT SUCCUMB TO HIS CHALLENGES, HE MERITS MIRACLES.**

**בעזרת ה' יתברך - יום ג' פ' יתרו, ט"ז שבט, שנת תשע"ט**

To my dear...

Even though I have sent you a letter already, your pain still weighs on my heart; it is impossible

## THE LIGHT OF EMUNAH

to fathom what you are going through. You had everything ready to travel to your wedding, your Shtreimel, your clothing; you booked a ticket already, and suddenly you receive a message that the Kallah broke off the engagement. The more I think about it, the more heartbreaking it is for me; therefore, I want to write a few words to strengthen you.

Dear beloved...., the entire episode, however painful it is, is certainly **לטובה**; you're thinking that someone was definitely behind this, and influenced the Kallah etc.; yes, someone was undoubtedly behind this; Hashem wanted this to happen; he stands behind the challenges a person goes through, and if a person perseveres, he merits great miracles. **נסיון**, entails the **אותיות** of **נס**; if one doesn't succumb to his suffering, he is Zoche to a **נס**.

Thus, I beg you, continue with your daily shiurim, and continue coming to Yeshiva. There is no need to hide yourself from people; this is not your problem, and don't view it as if it happened because something is wrong with you; this is a Nisoyan from Hashem, and he did it only for your benefit.

Daven for me I should have the strength to continue with the Yeshiva etc., Yoel Ben Ratza Rechel; your Tefillos are very valuable up in heaven.

## THE LIGHT OF EMUNAH

Chazal state (מדרש אותיות דרבי עקיבא, אות ד') Hashem says: "People despise a poor person, but I have an enormous love for him; when he davens to me, I don't send him away empty handed," as we see in Tehillim, it says (74, 21), "ואני מקרב שכניתי אצלו בכל יום", and furthermore (Tehillim 34, 19) "אל ישב דך נכלם וגו' קרוב ה' לנשברי לב"; see how Hashem cherishes when someone with a broken heart reaches out to him; especially a Bachur who is truly a beggar; he has nobody to share his life with. I think of you, and what you are going through now, you thought you are finally going to start a new chapter in your life, and now you find yourself once again alone; Daven for yourself, and for others because your Tefillos are very precious to Hashem. Chazal continue (מדרש אותיות דרבי עקיבא): "Hashem is constantly looking at the needy person;" as it states in Yeshayahu (66, 2): "His Tefillos are sweeter to Hashem than any sound in the entire world."

### ··· MAHAROSH'S LEGACY

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של  
מוהרא"ש זצוק"ל, שנת תשע"ט**

Dear...

## THE LIGHT OF EMUNAH

Today is the Yartzeit of Maharosh Zecher Tzaddik Livrocho; Maharosh sacrificed everything he had for Klal Yisroel, and never received anything in return – only hardships and humiliation.

One cannot imagine how degraded Maharosh was during his lifetime; he was discredited, spoken out against, and suffered persecution from all directions. Despite his hardships, he continued strengthening Yidden, especially Bochorim who were very close to his heart; he went out of his way to help them and encourage them.

Maharosh would say, that when he arrives before the Beis Din Shel Maaloh, he will advocate for all the Bochorim they should not be held accountable for their Aveiros; the only reason they sin is that they unfortunately haven't yet found their Shidduch. Maharosh would cry day and night over the tragedy that girls and boys don't get married while they are still young and pure; he placed his own life at risk for this cause, and almost received 16 years in jail, merely for attempting to enhance the lives of others.

Maharosh became attached to the holy Rebbe at the age of 16; he found a small Sefer called 'משיבת נפש', a compilation of התחזקות from the Sefer Likutei Halachos; written by R' Alter from Teplik Z"l. This

## THE LIGHT OF EMUNAH

Sefer ignited a flame in his heart, and starting in year 5724, at the age of 24, Maharosh started writing letters of התחזקות to Bochurim and Yingeleit. These letters eventually became the Sefer 'Asher Banachal' which entails over seventy thousand letters; Chizuk for every person in every situation he may find himself.

Today, during such a significant time as Mahaosh's Yartzeit, we must remember what Maharosh repeatedly told us: "One cannot consider himself a Breslever Chassid except if he learns the holy Rebbe's Seforim"; as the Rebbe says in Likutei Maharash (Chelek 1, Siman 192) "פניו שכלו ונשמתו נמצאים בתוך ספרו", the face, wisdom and Neshumah of the Tzaddik can be found in his Seforim. Someone who learns the holy Rebbes Seforim is a true Breslever Chassid, and one who doesn't, has no connection to the holy Rebbe. By being versed in the politics of Breslev, or knowing individuals who belong to Breslev, doesn't automatically qualify someone a 'Breslever Chassid'; only one who learns the Rebbe's Seforim can proclaim himself a Breslever Chassid. Likewise, one who wishes to forge a connection with Maharosh, must learn Maharosh's Seforim, especially the Sefer Asher Banachal.

## THE LIGHT OF EMUNAH

Today is the fourth Yartzeit of Maharosh Zecher Tzaddik Livrocha, its time you start thinking how you can also help other Yidden taste the sweetness of the holy Rebbe's **עצות**; look at Maharosh as an inspiration; look what a **לב טוב**, he had. He discovered the light of the holy Rebbe, and saw how it transformed his life; however, the holy Rebbe's Seforim were then very scarce and most people had no access to them. Instead of being content with the status quo, he started printing the Rebbe's Seforim so they should be available throughout the entire world. This was his life's mission, and this is what we must emulate; we must continue spreading the sweetness and awareness, that every Yid has a way to return to Hashem.

People ask: "Who received Maharosh's inheritance?" and the truth is, we can all take a part in his inheritance; whoever helps print Maharosh's Seforim obtains a share in it.

Four days before his passing, while lying in hospital, Maharosh wrote a letter to his Talmidim; **השארת י אחרי ירושה גדולה והם שאלות ותשובות 'אשר בנחל'**, "שמסתכם כבר עד השנה הזו למעלה משבעים אלף מכתבים", I have left an inheritance of seventy thousand letters, the questions and answers of 'Asher Banachal', **ולכן אני**,

## THE LIGHT OF EMUNAH

מבקש את כל אנשי שלומנו תעזרו לי שיצא כל חלקי שאלות ותשובות  
"אשר בנחל" לאור עולם", and I request all my Talmidim to  
help me print all the volumes of "Asher Banachal",  
"כל אחד שיקח על עצמו כמה כרכים להדפיס את זה", everyone  
should take a volume to print, "זוה הירושה היחידית",  
"שהשארתי ממני", this is the inheritance I am giving over  
to you. Take a part in printing Asher Banachal and  
you will merit to share Maharosh's legacy.

Maharosh writes in his צוואה: "Thus, I request  
from you my dear children and Talmidim, publish  
all my letters, and make sure they are printed  
repetitively. You cannot put 'כל הזכויות שמורות'  
on any of my Seforim, no one has the exclusive rights to print  
them. Everyone can publish them, and I guarantee,  
that whoever publishes a volume of 'Asher Banachal'  
will merit heavenly salvation. These letters have  
rescued thousands of Bochorim and Yingleit, and  
fortunate is for the person who takes a share in its  
printing."

May Hashem grant us the privilege to continue  
printing, publishing, and distributing the Seforim  
our entire lives; we should follow in the footsteps of  
Maharosh, not to be distracted by anyone's doubts,  
only continue engaging in helping Klal Yisroel.

Good day.



## THE LIGHT OF EMUNAH

 ... ONE MUST BELONG TO AN  
EHRliche חבורה.

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של  
מוהרא"ש זצוק"ל, שנת תשע"ט**

To my dear...

Thank you for helping the Yeshiva with your contribution for the rent; in the merit of Tzedakah may you be successful in all your endeavors.

So much time has elapsed since I last saw you; I was very pleased to notice you last week Thursday at the Shiur; halfway through I spotted you, and it made me very happy. I wanted to talk to you after the Shiur, but I had to leave already.

I wanted to emphasize the importance of belonging to a חבורה of Ehrliche Yidden; it doesn't necessarily have to be 'Hichel Hakodesh', but one must have a place to where he belongs, and draws Chizuk.

It hurts me that Talmidim sever their connection to the yeshiva after their Chasunah; it's understandable that they become preoccupied with the hassle of Parnassah, but it is even more important, to retain a connection with an Ehrliche חבורה. Drifting alone

## THE LIGHT OF EMUNAH

isn't beneficial to a person. Therefore, when I saw you at the Leil Shishi Shiur it gladdened me that you still feel a connection to the holy Rebbe.

I want to talk to you.

### ··· **BOCHURIM SHOULD HAVE AN OUTLET TO BURN SOME ENERGY.**

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של  
מוהרא"ש זצוק"ל, שנת תשע"ט**

To my dear....

I know I still owe you money for my tickets to Uman; I hope to be able to pay you back very soon.

If you can arrange a trip for the Bochorim to go snow tubing, I will really appreciate it; it is very important for children and teenagers to have some excitement, and burn some energy at the same time.

Maharosh told me numerous times I should take the Bochorim on a trip to let off some steam; Baruch Hashem they learn extremely well, but it is important for them to have a break from time to time.

## THE LIGHT OF EMUNAH

Thank you for your monthly donations to the Yeshiva; may Hashem help that in the merit of Tzedakah you have success in all your endeavors.

I don't have any support from the outside; only through the assistance of my devoted Talmidim are we able to function.

My hopes and Tefillos are only to Hashem.

 ... **THOSE WHO STRENGTHEN OTHERS, ALSO NEED CHIZUK.**

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של מוהרא"ש זצוק"ל, שנת תשע"ט**

To my dear....

Havreich....., wrote a letter to me, relating how much you enjoy the letters I send every day; it heartened me greatly.

People have this misconception that those who strengthen others, don't need Chizuk in return; however, the truth is that it's just the opposite. Chazal state (Sifrei Parshas Nosoi, Piske 1): "אין מחזיקים"; "אלא המחוזקים"; Maharosh explains that those who encourage others need the most encouragement,

## THE LIGHT OF EMUNAH

as it says in Succah (52.); "כל הגדול מחברו - יצרו גדול" "הימנו"; the Yetzer Hora puts much more emphasis on individuals who engage in drawing Yidden closer to Hashem. Therefore, it brought me great pleasure to hear that you draw strength from the letters.

If only you could take the 'קונטרסים' **עצתו אמונה**, and distribute them to others; you will have a share in bringing Yidden closer to Hashem.

Thank you for your donation to help the Yeshiva; in the merit of Tzedakah may you see success in all your endeavors.

 · · · **DON'T DESPAIR, AND YOU WILL MERIT TO FIND YOUR SHIDDUCH SOON.**

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של מוהרא"ש זצוק"ל, שנת תשע"ט**

To my dear.....

Thank you for your donation for the rent; in the merit of Tzedakah may Hashem bless you with success.

## THE LIGHT OF EMUNAH

When you would be aware how happy I am every time you come to Yeshiva, and learn some Torah, you would certainly come over more often.

Believe me, your pain weighs heavily on my heart; I know how hard it is for you that you haven't found your Basherte yet. I Daven to Hashem every day that you should find your Shidduch soon, and that you should remain steadfast, until that moment occurs.

I understand you don't feel comfortable sitting in Yeshiva with boys a few years younger than you; especially since most Bochorim your age have gotten married already, but it means a lot to me every time you come up to hear some Chizuk.

I beg you..., don't despair; you will soon merit to find your Shidduch.

 ··· **BY GIVING TZEDAKAH ONE IS ZOCHE TO MIRACLES.**

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של  
מוהרא"ש זצוק"ל, שנת תשע"ט**

Mrs....

## THE LIGHT OF EMUNAH

Although I have written to you on many occasions, I want to reiterate how happy it makes me to see your husband in Yeshiva learning and Davening; whenever he has a spare moment during the day, he comes over for some Chizuk.

I constantly Daven for you and your husband, Hashem should bless you with success in everything you do.

Whenever something disturbs you, or you lack something etc.; take a couple of coins and drop them into the Pushka with both hands; ask Hashem for whatever you need, and you will be Zoche to miracles. As the Rebbe says in Sefer Hamiddos (Ois Tefilla & Ois Tzedakah) "על ידי צדקה בשתי ידים תפלתו" **נשמעת**", when one gives Tzedakah with both hands his Tefillos are accepted in heaven.

Thank you for your donation for the rent; in the merit of Tzedakah may you succeed in all your endeavors.

## THE LIGHT OF EMUNAH

### · · · REGARDING 'NAIL POLISH'.

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של  
מוהרא"ש זצוק"ל, שנת תשע"ט**

To my dear beloved....

Thank you for helping the Yeshiva with your donation for the rent; in the merit of Tzedakah may you be blessed in all your endeavors.

You asked me in your wife's name, if it is permitted for her to apply 'nail polish'; the question is, does she want to know, or is it you who wants an answer? If she isn't interested in my response, in other words she wants to continue doing it anyways, then it is not worth to put up a fight. Rather take a step back and avoid unnecessary conflict. However, if she truly wants to know the right way to conduct herself, then tell her the Rosh Yeshiva said 'rather not'.

Maharosh clearly directed women in the Kehillah to refrain from doing so; for numerous reasons; but if she anyways will do so, it's not important enough to argue over.

Dear...., be strong and encourage your wife; live together in harmony as Maharosh taught you, without **חומרות** or **פרישות** etc. ensure she feels beloved.

## THE LIGHT OF EMUNAH

Many times, this comes from a difficult upbringing, therefore, they want to show they are now 'independent' etc.

I am very pleased with how you conduct yourself.

 ··· **REGARDING 'NAIL POLISH'.**

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של  
מוהרא"ש זצוק"ל, שנת תשע"ט**

Mrs....

Thank you for helping the Yeshiva with your donation for the rent; in the merit of Tzedakah may you be blessed in all your endeavors.

Your husband asked me in your name if it is permitted to apply 'nail polish'; if you are asking, then you certainly want to oblige to what I answer; if not you wouldn't have asked in the first place. So, I want you to know it's not advisable, and you should refrain from doing so.

Maharosh told the women from the Kehillah numerous times not to do so; for whichever reasons.

In the merit of listening to Tzaddikim you will be Zoche to righteous children. Especially if you are



## THE LIGHT OF EMUNAH

careful with your Tznius; you will merit the Brocha of the holy Rebbe, who said (Sefer Hamiddos, Ois banim) "צניעות שבאשה מזכה לה לבנים הגונים".

Regards from your husband, he is very dear to me.

### ... HOW DOES ONE WORK ON THEIR BAD MIDDOS?

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של מוהרא"ש זצוק"ל, שנת תשע"ט**

Mrs....

I received your letter.

Take the **עצה** the Rebbe advised his Talmid R' Shmuel Aizik Z"l; the Rebbe once remarked to him, (Chai Maharar 441) "Because of some bad blood is it worth losing this world and the next? Instead, cry out to Hashem."

Everyone is born with bad Middos, and our Tafkaid is to work on them, and through doing so become a better person. The reason a person thinks he is entitled to everything, and can do no wrong, is because he still retains the bad blood he was born

## THE LIGHT OF EMUNAH

with; he hasn't made the effort to work on his Middos yet. The Rebbe gave us the **עצה** of **התבודדות**; one should empty his heart out to Hashem, and discuss exactly what is bothering him. How this bad Middah is hindering his life etc., and this is how he will eventually be able to conquer it. For ex. if one is an extremely irritable person, and every small thing causes him to explode in anger, once it passes, and he realizes how he just behaved, he should cry out to Hashem to help him overcome it.

Maharosh would relate; before the war there were Bochorim from Poland who were visiting Uman, and when the war erupted, they were stranded in Uman indefinitely. Being that they had nowhere to live, they made themselves comfortable in the Kloiz. This would annoy the Shamesh terribly, and he would constantly drive them out of the Shul in anger. People then heard the Shamesh crying at the Rebbe's Tzion, full of remorse "Ribonoi Shel Oilam, what do I want from these poor Bochorim? Why do I constantly get so annoyed at them?" They thought the Shamesh had changed his ways, but this would only repeat itself again and again. He would rage at them, and then cry to Hashem full of regret. Maharosh would conclude: "This is a true Breslever Chassid; even when he loses himself repeatedly, he

## THE LIGHT OF EMUNAH

turns to Hashem, and each time begs ‘Hashem help me be able to control myself’”.

This is the way to tackle your negative character traits; cry out to Hashem. At first this is extremely difficult, no one finds it pleasant to confront his flaws; it is easier for him to stick to simple Tefillos than admit to his faults. But once one breaks through this barrier, and reveals to Hashem all his imperfections, his impure thoughts, and his bad Middos, he will slowly work to triumph over them. By finding a few minutes every day, and begging Hashem “Hashem, what will become of me? I have this terrible Midda, and therefore did so and so,” he will become a better person.

This is what the Rebbe meant when he told R’ Shmuel Aizik “Because of some bad blood is it worth losing this world and the next? Instead, cry out to Hashem.” Defeating one’s bad natures is a challenging battle, but surrendering to them means living a challenging life.

## THE LIGHT OF EMUNAH



### ... EVERYTHING IS MIN HASHOMAYIM.

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של  
מוהרא"ש זצוק"ל, שנת תשע"ט**

Mrs....

Thank you for helping the Yeshiva with your donation for the rent. In the merit of tzedakah may you succeed in everything you do.

I know you are feeling guilty over the fact that Habachur ..... Kallah broke off the Shidduch; everyone feels his pain, though it must bother you more since you played the role of Shadchan; therefore, I beg you, don't take it to heart, the entire incident is Min Hashomayim.

I want to strengthen you to continue your attempts to suggest Shidduchim; especially for ....., he is a wonderful boy, and almost like a child to me. Likewise, the girl is also a good girl, and why this had to happen is beyond our control or understanding. The only explanation can be, that Hashem wanted this to occur.

## THE LIGHT OF EMUNAH

People will certainly now gossip and speak Lashon Hora; concoct reasons, and manufacture stories why this happened, but take no notice. Continue with your virtuous deeds, that is what Hashem wants from you now.

I request once again: don't feel guilty. You are not at fault, the Bachur isn't at fault, and lastly the girl isn't at fault. This was a decree from heaven, and we must accept it with love and continue our efforts to carry through with more Shidduchim.

Thank you for accepting my words of Chizuk.

## ... THE GREATNESS OF HELPING THE YESHIVA.

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של  
מוהרא"ש זצוק"ל, שנת תשע"ט**

Mrs...

Thank you for helping the Yeshiva with your donation for the rent. In the merit of tzedakah may you succeed in everything you do.

I want to express my gratitude for your husband's assistance with the Yeshiva; he collects money from

## THE LIGHT OF EMUNAH

the Talmidim every month in order to cover the rent of the Yeshiva and school; which together cost me almost twenty thousand dollars monthly.

Countless Bochurim's lives were transformed after being in Yeshiva, and numerous families were established in the merit of the Yeshiva. I would never be able to accomplish what I do, if the burden of the rent would be swaying over my head.

You and your husband share a Zchus in all the Torah and Tefilla, that emerge from these walls; I bless you with Nachas from your children, and may Hashem grant you everything you need.

Regards from your husband, whenever he has a spare moment during the day, he comes over to Yeshiva and utilizes his time to learn.

 ··· **IT'S TIME TO START NOTICING  
THE WONDERS HASHEM GRANTS YOU.**

**בעזרת ה' יתברך - יום ד' פ' יתרו, י"ז שבט, יומא דהילולא של  
מוהרא"ש זצוק"ל, שנת תשע"ט**

Dear...

Cease complaining; start thanking Hashem for the many blessings he grants you.

## THE LIGHT OF EMUNAH

Look around, and notice how lucky you are; there are so many tragedies that unfortunately occur daily, just by listening to the news one can see how fragile life truly is, no one knows what will become of him the next moment.

Yesterday there was a tragedy in the news, a Bachur was on the way to Yeshiva with his bike when a car knocked him down, and he was Niftar, **השם ישמרנו**. You certainly heard the terrible accident that happened to our Chaver Habachur.....; he went on a trip to Europe to Daven for Yeshuous, and the car he was in flipped, and he still is unfortunately in a very difficult condition. May Hashem have mercy on him, and the rest of Klal Yisroel, and grant everyone a Refuah Shleima.

One cannot know what the next second brings; a person foolishly goes around with complaints and grievances against Hashem; while he really has so many benefits and blessings. It says in Tehillim (136,4): "לעשה נפלאות גדלות לבדו", and Chazal explain (Niddah 31.): "לעולם אפילו בעל הנס אינו מכיר בניסו", Hashem grants a person miracles, yet he doesn't take the time to grasp or appreciate how lucky he is.

Instead of crying and complaining start thanking Hashem. Say aloud "Riboinoi Shel Oilam, I am full of

## THE LIGHT OF EMUNAH

gratitude for the many blessings you grant me,” then list in full detail all your miracles. Even if you have issues which are bothering you, Daven for them later; start your Tefilla with thanks and praise to Hashem; start looking at life with a positive mindset.

Avoid arguing with people, especially with your wife. Through bickering one doesn't achieve anything. Instead, be **מוותר** for your wife; what is it she wants already? To create a peaceful and happy home together. Remember what I always implore 'your value isn't diminished when you sacrifice for another, and you don't become stronger when you have the last word.'

Good night.