

# THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

**Parshas Shelach 5785** 

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Thursday 16 Sivan 5785

## The Niggun of Moshiach

#### The Rosh Yeshiva Says:

Sing to yourself the Niggun of Moshiach. The Niggun that Moshiach will teach to the entire world, the Niggun of Emunah. "Mimaleh Kol Almin", Hashem fills and surrounds all the worlds, nothing exists without Hashem, and every move is Hashem. Mohorosh said that it was very hard for him in the beginning to go into the forest alone and speak to Hashem, he was scared to be there alone with wild animals, etc. He started singing these words "Mimaleh Kol Almin", he sang and sang this song and it lifted his Emunah to know and to remember that nothing exists without Hashem.

Today's message has been taken from a letter from the Rosh Yeshiva Tuesday Parshas Behaloischa Taf Shin Pey Hey



Friday 17 Sivan 5785

Keep Traveling

# The Rosh Yeshiva Says:

As Klal Yisrael traversed the desert, the Passuk says that "The cloud of Hashem was upon them",

a Heavenly cloud led the way. Hashem's guiding hand was so obvious that every person knew with perfect clarity that Hashem was with them. How can we, simple people living in the twenty-first century, also merit to feel Hashem's presence? The trick lies in the words "When they traveled from the camp", we must keep traveling. When a person keeps going and doesn't let challenges stop him, he is zoche to feel the Shechina resting upon him and he experiences tremendous joy in his journey.

Today's message has been taken from Chizuk from the Parsha in Sparks of Emunah Parshas Behaloischa Taf Shin Pey Hey

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Sunday 19 Sivan 5785

## The Ladder To Success

# The Rosh Yeshiva Says:

The first step on the ladder to success is to give yourself over to Hashem. To drill it into your head that there is nothing besides Hashem. Every small thing and every big thing that happens in the world is controlled only by Hashem. As Chazal said in (Chulin 7b), "A person doesn't bang his small little finger without it being declared in Shomayim". The more a person

knows with clarity and with certainty that no one can do anything and nothing can happen here in this world without Hashem, he will start to live a successful life.

Today's message has been taken from Mohorosh Dertzeilt in the Yiddish Gilyon Parshas Behaloischa Taf Shin Pey Hey

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## Monday 20 Sivan 5785

## Always Be Happy

#### The Rosh Yeshiva Says:

The holy Rebbe said in (Lekutei Moharan 2:24), "It is a great Mitzvah to always be happy and to take out of yourself with all your might any depression and dark bitterness. All diseases and sicknesses that a person gets comes from depression and bitterness". The Rebbe continues, "The doctors also agree that all problems and sickness comes from a lack of happiness, and Simcha is a remedy for all sickness". When a person is happy he takes away all problems and suffering from himself.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Behaloischa Taf Shin Pey Hey

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Tuesday 21 Sivan 5785

# Change His Life Forever

## The Rosh Yeshiva Says:

The greatest form of Tzedaka is not done with money, but with words. More valuable than giving a large donation to a pauper is giving a hefty dose of Chizuk to one in need. When a person gives money to a poor man, how much could those few dollars help him? Perhaps he'll be able to buy food for his family, or maybe pay rent for another month, but the cash will soon run out and he'll have to collect Tzedaka again. However, when one gives Chizuk to another, it can change his life forever! More valuable than the most magnanimous donation is one word of encouragement. We must distribute "Tzedaka," spreading hope and positivity!

Today's message has been taken from Mohorosh Speaks in Sparks of Emunah Parshas Behaloischa Taf Shin Pey Hey

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## Wednesday 22 Sivan 5785

#### **Greener Grass**

## The Rosh Yeshiva Says:

People think the grass is greener on the other side. It's really sad for people to think that others have it better. It's not true to think that someone else has greener grass. It really all depends on the person himself. If he is connected to Hashem and is always happy, then wherever he is, he feels like he's living the best life in the world. However, if that's not the case then wherever he goes he feels like the earth is shaking underneath him. Just as Kayin was cursed as sourced in (Bereishis 4:12). When someone asks where do you live? You can say that my house is in this and this place, but I live in my home and with the Rebbes advice my home is like Gan Eden.

Today's message has been taken from a letter from the Rosh Yeshiva in the Kiryas Breslev Bletel Parshas Behaloischa Taf Shin Pey Hey