



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Shelach 5783

Vol 80

Thursday 14 Sivan 5784

Rich and Poor

The Rosh Yeshiva Says:

The Rebbe said in (Sichas Haran 51), it's a shame to worry about money. Life goes by the same way for everyone. Each and every one of us thought when we were kids that those who are poor don't have a good life and those who are rich do have a good life. The Rebbe said that the poor and the rich both go through the same life. How can such a thing be said? We must look into it, because both the poor and rich both need to eat, both need to tend to their needs. It could be that in the moment it seems that the rich life is more enjoyable, but the truth is that it really doesn't make a difference what we had to eat a year ago, and if we look at two graves where one of them had 100 Million dollars in the bank and the other was in the minus, in the end they both made it through their life. We must know that Hashem gives money to everyone, and we must work to atone for our sins.

Today's message has been taken from a lecture from the Rosh Yeshiva Monday Parshas Behaloischa Taf Shin Pey Daled

Friday 15 Sivan 5784

Travel On

The Rosh Yeshiva Says:

In this week's Parsha, it says that the cloud of Hashem was over Klal Yisrael when they traveled. The holy Rebbe said in (Lekutei Mohoran 1:198), "When a person screams to Hashem, it's called traveling", just as the Pasuk says in (Shemos 14:15), When the Yiden were standing by the Yam Suf all lost and scared that the Mitzriyim were running after them with wild animals, and the big sea of water was in front of them, they didn't see a way out. Hashem then told them to "Go travel into the water", and Hashem split open the water for them. They went through dry and they were saved. When we go through a rough time, and we scream out to Hashem to help us, we need to "Travel on", don't give up just continue moving along with life, then you will see how nice Hashem will help you get out of all your problems and struggles.

Today's message has been taken from Ah Vort Oif Der Parsha in the Yiddish Gilyon Parshas Behaloischa Taf Shin Pey Daled

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Sunday 17 Sivan 5784

Start Living Life

The Rosh Yeshiva Says:

Find ten good things that Hashem does for you. For example, you see, you hear, you have feet and you have hands etc., and thank Hashem for these ten things. If you will thank Hashem everyday for these ten things, you will start appreciating life. You will stop feeling so disconnected and you yourself will see that you have a new life. Thanking and praising Hashem is the secret to enjoying life. Just as Dovid Hamelech said in (Tehillim 115:17-18), "If we don't give thanks, we feel dead, yet if we thank and praise Hashem, we start living life".

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Behaloischa Taf Shin Pey Daled



Monday 18 Sivan 5784

Give Him More

The Rosh Yeshiva Says:

If we will thank Hashem, then Hashem will tell the Malachim, "Look at this person who is thanking and praising me, let's give him more good". A Yid can not say, "My Tefillos are going in air". No Tefillah is ever lost, every Tefillah goes up to Hashem. The Rebbe said in (Lekutei Mohoran 1:2), "There are people who are mistaken and think that their Tefillos just go up in the air, but the truth is that it's not so, every Tefillah goes up to Hashem".

Today's message has been taken from Q&A in the Yiddish Gilyon Parshas Behaloischa Taf Shin Pey Daled

Tuesday 19 Sivan 5784

Prevent Much Heartbreak

The Rosh Yeshiva Says:

A person who is looking to harm others will target those who are fearful and can be easily intimidated. The Baal Shem Tov says that a Shmira against the wicked is not to fear them. When one internalizes that Hashem is in control, he is always with him and protecting him from harm, nobody can succeed in frightening him. All those who seek to harm him are rendered powerless. Parents must teach their children to fear no one but Hashem, not even a Malach. It is unfortunate that children are not taught this from when they are young. If our sons and daughters would be prepared with this knowledge, we could prevent much heartbreak.

Today's message has been taken from a letter from the Rosh Yeshiva in Sparks of Emunah Parshas Behaloischa Taf Shin Pey Daled



Wednesday 20 Sivan 5784

Mental Help

The Rosh Yeshiva Says:

Look, if you will learn Gemorah, you won't have to go to any Mental Care. It became a new style that everyone needs to go for mental help. If we learn Gemorah we will be healthy and strong, if you don't learn Gemorah, you will go crazy. This is the best treatment for a person.

Today's message has been taken from the Rosh Yeshivas daily Gemorah Shiur Monday Parshas Shelach Taf Shin Pey Daled