



# THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Behaloischa (Shelach EY) 5783

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**Thursday 12 Sivan 5783**

**Mikvah is Mikvah**

**The Rosh Yeshiva Says:**

There are boys who don't go to the Mikvah because they were once told that they can't take a shower after the Mikvah. Not to take a shower after the Mikvah does not apply to our Mikvahs today. Those who are particular about taking a shower should take a shower. A Mikvah is a Mikvah, Mikvah is Mikvah. However on Shabbos, the Mikvah water doesn't stink! When you come into Shul with nicely brushed Peiyos, you look so bad you can't be looked at! You can't hide being a Mechalel Shabbos. During the week if you don't come in with nice curled Peiyos, I will tell you to leave. You must have nice Peiyos. But on Shabbos there is no shower, and beautifully combed Peiyos are not nice.

Today's message has been taken from the Rosh Yeshivas Daily Gemora Shiur Tuesday Parshas Naso Beis Taf Shin Pay Gimel



**Friday 13 Sivan 5783**

**Pick Up Your Head**

**The Rosh Yeshiva Says:**

"Naso Es Rosh Bnei Gershon", Pick up the heads of the expelled. There is Bnei Kehus who

carried the Aron, and then there is Bnei Gershon, Bnei Merari, yet "Gam Heim" even they need to pick themselves up, and tell them "Lbeis Avoisom Lemishbichosom", do you know where you come? You come from a part of Hashem from above! You come from Hashem. But, I come from Bnei Gershon, and I was rejected and no one needs me! I have had so many downfalls that nothing will ever become of me! You must pick up your head and know that Hashem is with you.

Today's message has been taken from a lecture from the Rosh Yeshiva for Avreichem Thursday Parshas Naso Beis Taf Shin Pey Gimel



**Sunday 15 Sivan 5783**

**If There's A Way, There's  
A Will**

**The Rosh Yeshiva Says:**

The Rebbe had two Mechatunim. One of them said to the other that for many years already he has a great will to travel to Eretz Yisrael. The other Mechuten laughed at him and said that all he needs to do is to open the drawer, take out money, buy a ticket and go! When the Rebbe heard about this the Rebbe said, "He will go, and he won't go. He has been wanting for so many years he will make it, and

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he won't get there". The world's expression goes, "If there is a will, there is a way". However, the Rebbe lets us just plain want something. Even if I see that it's not happening yet, I will keep up my yearning. I will ask Hashem that, I want to want. In Breslev we have a different expression, "If there is a way, then I am allowed to have a will".

Today's message has been taken from a lecture from the Rosh Yeshiva for Avreichem Thursday Parshas Naso Beis Taf Shin Pey Gimel



## Monday 16 Sivan 5783

### A Way To Learn

#### **The Rosh Yeshiva Says:**

The Rebbe has a way, how we can stay glued to Hashem and to the holy Torah for the entire year and our entire life. The Rebbe has a way for everyone to learn Torah. The Rebbe said, I can show the greatest scholar that he does not understand any of his studies, and for the smallest minds that he can learn. Look into the Rebbe's words in (Sichas Haran 76) you will see that for you too there is a way for you to learn, and a way for you to hold onto your wills and commitments from the Yom Tov Shavuos for the entire year. You will have a way to learn even without understanding, even without remembering, even without a Chavrusa.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Naso Taf Shin Pey Gimel



## Tuesday 17 Sivan 5783

### Dance With Your Kids

#### **The Rosh Yeshiva Says:**

Strengthen yourself and be happy. It would be a good thing to dance every day. Go dance with your kids, every evening and in the morning dance with them with Simcha. It is very healthy for you and definitely for your children to dance and be happy. It is much easier to teach our children when there is Simcha in the house. When we sing and dance with good music it opens up the mind and heart, and it makes it much easier for them to perceive. These are the things that I actually do, it is attested and approved.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Naso Taf Shin Pey Gimel



## Wednesday 18 Sivan 5783

### Alcoholic Beverages During The Year

#### **The Rosh Yeshiva Says:**

In Sefer Hamidos the Rebbe has a whole section on the terrible and despicable concept of a drunkard. The Rebbe said in (Sefer Hamidos Ois Shichrus 4), "Hashem loves the one who does not drink". The Rebbe also said (Ois Shichrus 3), "It is not possible that no bad will come out when one gets drunk". Therefore, from today on you should be very careful not to drink any alcoholic beverages during the entire year.

Today's message has been taken from a letter from the Rosh Yeshiva in the Kiryas Breslev Bletel Parshas Naso Taf Shin Pey Gimel