



# THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Naso (Behaloischa EY) 5783

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## Thursday 5 Sivan 5783

### The Rosh Yeshiva Says:

Mohorosh said that on Shavuos we eat Milchigs because Cheese is a very interesting thing. When you open a bottle of milk, and it has a bad smell, you can make it into cheese and you dont have to throw it away. Anything else that gets spoiled, it must be thrown away, and there is nothing that you can do with it anymore. However, cheese is made from spoiled milk. This is a lesson for us, look at yourself, if you are rotten, if you stink, let's make tasty cheesecake, you can do Teshuva. We can make your Aveiros become Mitzvos. The Rebbe said if you believe that you can do wrong, believe that you can correct your ways.

Today's message has been taken from a lecture from the Rosh Yeshiva for Avreichem Wednesday of Yom Tov Shavuos Taf Shin Pey Gimel

## Sunday 8 Sivan 5783

### The Rosh Yeshiva Says:

The holy Rebbe used to speak to us a lot

about his high levels and of what he has merited, because the Rebbe wanted us to follow him. There were times that people asked the Rebbe: "You have achieved such great levels because you are a grandson of the holy Bal Shem Tov, and Reb Nachman Horodenker". Reb Nosson writes in (Shivchei Haran 26), "Every time the Rebbe heard someone saying that he reached his great levels because he was born with a holy soul, or because of his heritage, the Rebbe said, 'I have made to where I am not because of my grandfathers, and not because of my soul etc., only because I worked hard on it, and everyone else can do it too'". The Rebbe said in (Shivchei Haran 10, and Sichos Haran 154), " I have reached my great levels through a lot of Hisbodidus and Tefillah ".

Today's message has taken from Ah Vort Oif Yom Tov in the Yiddish Gilyon Yom Tov Shavuos Taf Shin Pey Gimel

## Monday 9 Sivan 5783

### The Rosh Yeshiva Says:

Listen to me well. The Rebbe said in (Lekutei

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Moharan 2:119), "There is not a single person in this world that does not struggle, everyone struggles. The Rebbe said that even those who have a lot of money struggle, and the rich people that have big palaces also struggle. There is no one that does not struggle. The only one advice is, to run to the Torah, to run to Hashem, and run to the advice that the holy Rebbe has given us.

Today's message has been taken from Ah Shmeas Mitten Rosh Yeshiva in the Gilyon Shiurei Chinuch Yom Tov Shavuos Taf Shin Pey Gimel

## Tuesday 10 Sivan 5783

### The Rosh Yeshiva Says:

Once you taste the "Seder Derech Halimud" you won't need anyone in the world, not in this world and not in the next world. Just as the Rebbe told someone in (Sichas Haran 17), "Why don't you learn? You will receive Olam Habah? Then the Rebbe said, once you will merit to feel a love towards the Torah, you won't need this world, and not the next world, you will only want to learn more and more. Those who learn the "Seder Derech Halimud" learn every day, whether it's Chol Hamoed, Yom Tov, Purim or whenever, we learn everyday without any excuses then the years won't go by without any Torah. We begin to have a feeling towards learning, and it makes us start to learn.

Today's message has been taken from Ah Sicha Fin Der Rosh Yeshiva in the Kiryas Breslev Bletel Yom Tov Shavuos Taf Shin Pey Gimel

## Wednesday 11 Sivan 5783

### The Rosh Yeshiva Says:

You can only give Mussar if you love the person. If you love the person, you can tell him gently how to behave and how to dress. This also needs to be done with patience, but if there's no love between you two, it will go into one ear and out the other. You can have something to say to your wife, but only if you love her. If you don't like her, not only is it a waste of time, it can make things worse. All those people have been told off too many times it will end up backfiring, because they were spoken to without any love and understanding.

Today's message has been taken from the Rosh Yeshivas Daily Inspiration Clips in English Tuesday Parshas Naso Beis Taf Shin Pay Gimel