

# THE ROSH YESHIVA SAYS:

**Daily Messages from "A Powerful Minute"** 

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Balak 5785

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**Thursday 7 Tamuz 5785** 

Terrible Tragedies

## The Rosh Yeshiva Says:

I want to beg you to please accept upon yourself not speak with any foul language. Speaking with dirty words brings about terrible tragedies. As Chazal said in (Shabbos 33a), and the Rebbe also brings it in (Sefer Hamidos Nivul Peh 85:3), By the account of the Aveirah of Nivul Peh, many problems and new decrees are brought to the world, young people die, orphans and widows cry for help and are not answered, this is all from the Aveirah of Nivul Peh.

Today's message has been taken from a letter from the Rosh Yeshiva Wednesday Parshas Chukas Taf Shin Pey Hey



Friday 8 Tamuz 5785

Find The Good

# The Rosh Yeshiva Says:

Moshe Rabbeinu sent messengers to the King of Edom to explain to him all the hardships that Klal Yisrael endured in Mitzrayim, and asked if they can pass through his land on the way to Eretz Yisrael. Why did they need to explain this whole introduction, rather than just asking to be able to pass through his land? The Rebbe said in

(Lekutei Moharan 1:195) on the Pasuk in Tehillim 4:2, Dovid Hamelach is telling us that Hashem makes something good, even in the middle of our hardships. If we can find the good even in our hardships, and know that it's only to bring us closer to Hashem, we will be saved from all problems.

Today's message has been taken from a Vort Al HaParsha in the Gilyon Lashon Kadosh Parshas Chukas Taf Shin Pey Hey



Sunday 10 Tamuz 5785

Parents Pride

# The Rosh Yeshiva Says:

Take the Rebbe's advice and look for the good in your son (Likutei Moharan 1:282). Sit down with your wife and think about all his positive qualities and find reasons to praise him for them. Don't focus on your son's difficult nature because he will then sense your displeasure and live up to your poor expectations. (This is the reason why some children who are well-behaved at home are terrors in school, and others who act out at home are angels in the classroom. Why does this happen? Often, it is because the child senses his parents' pride in him so he tries to please them, yet he feels that his teacher disapproves of him so he has no incentive to behave in school, or vice

versa.) Seeing the positive always helps - no matter the age, no matter the stage.

Today's message has been taken from a letter from the Rosh Yeshiva in Sparks of Emunah Parshas Chukas Taf Shin Pey Hey



Monday 11 Tamuz 5785

'YES' - 'NO'

#### The Rosh Yeshiva Says:

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My dear brother, start off your day with a walk together with Hashem. Beg him, Hashem save me, heal me, my head is spinning out of control and I'm losing my mind, my head is always bouncing between 'Yes' - 'No', please give me some peace of mind. Help me to always remember that everything is you, I should only serve you and never forget you. Please take away my haughty behavior, because always thinking about myself doesn't let me live, help me only think about you and to only serve you.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas ChukasTaf Shin Pey Hey



**Tuesday 12 Tamuz 5785** 

# Something Really Special

#### The Rosh Yeshiva Says:

When everything is going well, and we continue on with our Avodas Hashem, it's really great. However, when things go the other way around and we need to deal with whatever we're going through and we're still continuing to serve

Hashem, that's something really special. There's nothing unique about serving Hashem when people praise you and when everything is going well. The point is that when people are talking about you, belittling you and embarrassing you, you still conduct yourself as a dedicated Eved Hashem.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Chukas Taf Shin Pey Hey



# Wednesday 13 Tamuz 5785

## Remain Silent

#### The Rosh Yeshiva Says:

You can't imagine that greatness of the Mitzvah of Kibud Av Vaem. Chazal said in (Yerushalmi Peyah 1:1), This is the most stringent of all stringencies, the Mitzvah of Kibud Av Vaem is from the most tremendous Mitzvos that there is. Therefore, I am begging in the most strongest way, don't ever Chas Veshalom answer back at your parents. Remember what the Rebbe said in (Lekutei Moharan 1:6), If we get ashamed and we remain silent, this is the main aspect of doing Teshuva. Beg Hashem to properly accept everything that you're going through and in the merit of you being careful with respecting your parents, your own children will honor you and bring you Nachas.

Today's message has been taken from Q&A in the Yiddish Gilyon Parshas Chukas Taf Shin Pey Hey