



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Chukas 5785

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Thursday 30 Sivan 5785

My Heart Cries

The Rosh Yeshiva Says:

My heart cries when I see you in danger. You will destroy everything and you'll lose it all. The Yetzer Horah wants to dig you into the ground, he wants to take your wife away, your home, your whole life, it's really scary. The Tzadik Reb Avraham Ben Reb Nachman said, "The Yetzer Horah doesn't want to take away your world to come, rather he wants to take you away from this world", and those who have eyes can see it. We hear about planting bombs inside cell phones and it kills people. This is a lesson for me, that the telephone is a bomb that can kill me, it takes away my Yiras Shomayim, my honesty, and my sincerity.

Today's message has been taken from a letter from the Rosh Yeshiva Sunday Parshas Korach Taf Shin Pey Hey

Friday 1 Tamuz 5785

Brilliant People

The Rosh Yeshiva Says:

Korach argued with Moshe Rabeinu and

ended up getting swallowed up into the ground. Rashi says that he was actually really very smart, yet this is exactly what caused his whole downfall. The holy Rebbe says in (Lekutei Moharan 2:19), The main aspect of a Yid is to serve Hashem with simplicity. There are extremely brilliant people who think that we must understand every minute detail, however for the majority of people who are not so smart we must know that Hashem created us only to do Mitzvos with simplicity and not to do any Aveiros.

Today's message has been taken from Ah Vort Oif Der Parsha in the Yiddish Gilyon Parshas Korach Taf Shin Pey Hey

Sunday 3 Tamuz 5785

The Soldiers Marched

The Rosh Yeshiva Says:

Listening to cheerful music helps a person overcome his Yetzer Hara. Tzaddikim say that Napoleon, the famous ruler of France, was so successful in conquering many countries because he used to bring his military band to play music at the war front. The soldiers marched as the band played, and this is what gave the mighty army the encouragement they

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needed to fight against many powerful countries. Turn on upbeat music in your home and dance with your children! Rejoice with the fact that you were born into the Jewish Nation and that you can serve Hashem.

Today's message has been taken from a letter from the Rosh Yeshiva in Sparks of Emunah Parshas Korach Taf Shin Pey Hey



Monday 4 Tamuz 5785

Precious Time

The Rosh Yeshiva Says:

When we travel, we find ourselves wasting a lot of precious time. Time is the most valuable thing that we have in the world. We can't buy time for any money in the world. It's only a gift that Hashem gives to us. Every minute that passes by, is a minute lost that we can never get back. Therefore, we must be extremely careful with our precious time so that it doesn't go by empty. We must utilize our time in the proper way. Every passing minute is a dead minute, that we'll never get back again. However, if we utilize our time properly, it will be very good for us.

Today's message has been taken from Mohorosh Dertzeilt in the Yiddish Gilyon Parshas Korach Taf Shin Pey Hey



Tuesday 5 Tamuz 5785

Breathe In and Out

The Rosh Yeshiva Says:

Only Emunah can calm us down. All the other

methods that come from the Goyim are fantasies that don't make us any calmer. It's really unfortunate for all those who go to people who call themselves counselors or therapists, they end up getting more twisted. These are just human beings who say, "Breathe in and breathe out", and , "Now think of something scary", or "Now think that your fear will take you over", "Now scream".. All these things are for the nations of the world. Us Yiden we have Emunah, by us Yiden we have another world, and there is nothing to fear.

Today's message has been taken from a letter from the Rosh Yeshiva in the Gilyon Shiurei Chinuch Parshas Korach Taf Shin Pey Hey



Wednesday 6 Tamuz 5785

Do Silly Things

The Rosh Yeshiva Says:

The Rebbe says in (Lekutei Moharan 2:24), We must force ourselves to be happy, even if that means to do silly things, we must do it just to be happy. Dance with your children, make them happy, and you can also do funny things etc.. just make sure they're happy, because happiness brings us to the highest levels. If you're going to ask, 'What can I be happy about? It's so horrible by me etc.', still you should be happy that soon things will be better, just as the holy Chachamim said in (Avodah Zarah 2a), "Even though now it's stressful, yet in a little while it will be good". Therefore, right now we must be very happy, and immediately thank Hashem for everything.

Today's message has been taken from a Michtav Yomi from the Rosh Yeshiva Sunday Parshas Chukas Taf Shin Pey Hey