



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Vayechi 5785

Vol 11:08

Thursday 2 Teves 5785

Switch On The Breaker

The Rosh Yeshiva Says:

We were Zoche to light the Menorah over Chanukah. We illuminated all the worlds. Someone told me that he felt dark and it didn't ignite him. I told him, when there is a blackout in a huge building and the breaker is in the basement, if you go down to the dark basement with your small flashlight and switch on all the breakers, all the floors upstairs illuminate, but downstairs it's dark, humid, foggy, and dusty. Now that we lit the Chanukah candles over Chanukah, we lit up all the upper worlds.

Today's message has been taken from a Melava Malka with the Rosh Yeshiva Chanukah Taf Shin Pey Hey



Friday 3 Teves 5785

You Are In Me

The Rosh Yeshiva Says:

The Rebbe explains the first Pasuk in this week's Parsha (Bereishis 44:18), "Vayigash

Eilav Yehuda", a Yid comes to Hashem, "Vayomer Bi Adoni", and he says, don't be upset with me that I sinned, because "Bi" in me, "Adoni". You should say these words to Hashem, "Hashem, when will I merit to feel you? When will I remember 'Bi Adoni', that you are in me, by me and next to me? Help me not to forget about you, I should remember that everything is you, and no one can help me, or harm me".

Today's message has been taken from a letter from the Rosh Yeshiva Sunday Parshas Vayigash Taf Shin Pey Hey



Sunday 5 Teves 5785

Do A Little Dance

The Rosh Yeshiva Says:

Reb Nachman Tulchiner used to dance everyday. If he would remind himself when he got into bed at night that he didn't dance yet, he would get up and do a little dance. This is how important it is to dance in order to sweeten the judgement, as sourced in (Lekutei Moharan 1:10). Even a quiet and shy person who is ashamed to dance in front of others, should

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dance at home with his kids. It's a small thing but it energizes a person, it lifts up the whole family, and takes away all the bad judgment. Make it the standard that when you come home, do a little dance with your kids, and the Shechina will rest in your home.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Vayigash Taf Shin Pey Hey



Monday 6 Teves 5785

Honoring Hashem Himself

The Rosh Yeshiva Says:

In today's days, it's so easy to do the Mitzvah of Kibud Av V'eim. If you live a little far, you should go visit your parents at least once a month, and if you live nearby, you should definitely go over every week, but if you live in the same city then you should go visit them everyday. Hashem said in (Kiddushin 30b), "Whoever honors his father and his mother it's as if he honors me". The Mitzvah of Kibud Av V'eim is so great it's just like honoring Hashem himself (Sourced in Baba Metzia 32a).

Today's message has been taken from Ish Emunas in Yiddish Letter 10 Parshas Vayigash Taf Shin Pey Hey



Tuesday 7 Teves 5785

Day is Night and Night is Day

The Rosh Yeshiva Says:

I hope you remember what we spoke about

in Uman, how you can make your wife happy, and how to properly speak to your wife. Mohorosh taught us never to prove to your wife that she is wrong. Even if she says that day is night and night is day, we still need to give in and not show her that she doesn't know what she's talking about, rather go along with her and have patience. If things are bothering you about your wife etc. etc., you should cry out to Hashem and beg him for Shalom Bayis.

Today's message has been taken from Ish Emunas Letter 15 Parshas Vayigash Taf Shin Pey Hey



Wednesday 8 Teves 5785

Loyal To Our Rebbe

The Rosh Yeshiva Says:

Chazal said in (Avos 1:6), "Asei Lecha Rav", Have a Ruv. Have a Rebbe that will teach you how to live with Hashem. We must have a Ruv because without a Ruv we can get very lost. We need to look for a Ruv that is connected to Hashem, so then we too can get connected to Hashem, and the more we are loyal to our Rebbe, we will merit to receive more and more holiness and purity.

Today's message has been taken from Ish Emunas Letter 16 Parshas Vayigash Taf Shin Pey Hey

