



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Miketz 5785

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Thursday 18 Kislev 5785

All The Letters

The Rosh Yeshiva Says:

Go do Hisbodidus, and if you don't have anything to say then go according to the Aleph Beis. For example, for the letter Aleph, ask for Emunah, say, Hashem, let me feel your presence and remember that you are always with me. Aleph is Emes, beg Hashem to help you only speak with Emes, not lie, and go along the true path. Continue on with all the letters, as Beis is for Bonim, beg Hashem that you shouldn't smack your kids and get nervous at them. Beis is for Bayis, beg Hashem to have a holy home, a mini Beis Hamikdash, and so on.

Today's message has been taken from a letter from the Rosh Yeshiva Tuesday Parshas Vayeishev Taf Shin Pey Hey



Friday 19 Kislev 5785

Living With Hashem

The Rosh Yeshiva Says:

The Pasuk says that Potifar's wife grabbed onto Yosef by his clothes. The holy Rebbe in

(Sichas Haran 100), explains this Pasuk that the Yetzer Hara fools a person with his clothing. He makes a person be so busy with his clothes that it causes him to stray from learning and Davening. However, someone who is focused on living with Hashem, doesn't think about these things and only focuses on his Avodas Hashem.

Today's message has been taken from A Vort Oif Di Parsha in the Yiddish Gilyon Parshas Vayeishev Taf Shin Pey Hey



Sunday 21 Kislev 5785

Bless My Child

The Rosh Yeshiva Says:

The Tzadik Reb Burech'l from Mezhibizh was by the Rebbe's Bris, and his sister Feiga who was the Rebbe's mother asked her brother, "Burech'l, bless my child that no one should argue with him". Reb Burech'l said, "Feigele, this can not be, there is nothing you can do, there must be disagreement with him". (Explained at length in Peulas Hatzadik 21). This is because a Tzadik who has the power to bring Yiden back to Hashem, must have controversy on him, in order for it to be done

with truth, just as the Halacha says that when Moshiach will come, no one will be able to convert because by then they won't be converting out of love for Hashem. (Sourced in Lekutei Moharan 1:228).

Today's message has been taken from a letter from the Rosh Yeshiva Thursday Parshas Vayeishev Taf Shin Pey Hey



Monday 22 Kislev 5785

Our Good Side

The Rosh Yeshiva Says:

Very soon we will already be getting into the holy and happy days of Chanukah. When we light the Chanukah candles, our hearts and our souls get illuminated. We need to utilize these holy days of Chanukah to shine through and lighten up so strong that it can continue on and last through the whole year. The first thing that we need to rejuvenate ourselves with during these days is to look at our good side. To recognize the good traits that we have, and to thank Hashem for all the good that he gives us.

Today's message has been taken from Mohorosh Dertzeilt in the Yiddish Gilyon Parshas Vayeishev Taf Shin Pey Hey



Tuesday 23 Kislev 5785

Appreciation Of Others

The Rosh Yeshiva Says:

Chanukah, when our lights get "turned on

again," is a time to work on gaining an awareness of the needs and uniqueness of the various people around us. Spouses, children, parents, in-laws, friends, neighbors and colleagues each have their own feelings, likes and dislikes. In the darkness of a selfish frame of mind, it is so easy to "bump into others" and send them flying, or "trip over others" and cause them to tumble. Let us use this time of increased light to develop a heightened appreciation of others and accept others, even with their differences.

Today's message has been taken from Mohorosh Speaks in Sparks of Emunah Parshas Vayeishev Taf Shin Pey Hey



Wednesday 24 Kislev 5785

Only Be Happy

The Rosh Yeshiva Says:

Tonight we will be lighting the holy Menorah. The main thing we need to do is to be happy, do the Mitzvos with tremendous Simcha. Don't let the Yetzer Horah make you think if you did the Mitzvah properly or not, he makes you think like that, to throw you down and be sad. Beg Hashem only to be happy. When you light the holy Chanukah candles, you must only be happy, and your happiness should flow over to your entire family.

Today's message has been taken from a letter from the Rosh Yeshiva Tuesday Parshas Miketz Taf Shin Pey Hey

