



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Shemos 5784

Vol 1:56

Thursday 16 Teves 5784

Scream Together

The Rosh Yeshiva Says:

This week we will be finishing Sefer Bereishis. We will all scream together, "Chazak, Chazak, Venischazek!". If you will learn every day a little Chumish with Targum divided up by the days of the week, you will merit to have a successful week. Mohorosh said from Tzadikim, that learning Chumish and Rashi brings success. Strengthen yourself and don't give up. Even if you have fallen into immorality and you're in the dirt, you're drained and feel lifeless, yet you should still strengthen yourself.

Today's message has been taken from a letter from the Rosh Yeshiva Monday Parshas Vayechi Taf Shin Pey Daled

Friday 17 Teves 5784

Yaakov Was Alive

The Rosh Yeshiva Says:

Vayechi Yaakov, Yaakov was alive, he was a lively person. Do you know what Yaakov went through? Yaakov was shamed like no one else had been ashamed before. He went through the biggest embarrassment

after he got engaged when he came home and realized that he was tricked between Rachel and Leah. Then the events with Eisav by the Brochos, and when Dina had her issues when all the Kings went against Yaakov. Then he had new problems to deal with about Yosef. Wherever he went he had difficulties, yet Vayechi Yaakov, Yaakov lived his life.

Today's message has been taken from Ah Git Vort Oif Parshas Vayechi Taf Shin Pey Daled

Sunday 19 Teves 5784

Fix Ourselves

The Rosh Yeshiva Says:

Today we are beginning very holy days. The Ari Hakadosh said that the days of Shovavim are to fix ourselves. This is meant for older boys, for younger boys, for everyone, for families, for women, everyone needs to fix their ways, we can not fool ourselves, we can not laugh at Tzadikim. These eight weeks of Shovavim Tat, specifically this year in a leap year when we have an extra two weeks of Terumah and Tezaveh, many places fast, but the Rebbe

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told us not to fast, the Rebbe told us to increase our Hisbodidus and Tefillah during these holy days and to impel ourselves go back to Hashem. It is a time where we can merit real beautiful things.

Today's message has been taken from a lecture from the Rosh Yeshiva Thursday Parshas Vayechi Taf Shin Pey Daled



Monday 20 Teves 5784

A Good Word

The Rosh Yeshiva Says:

You should know that with just one good word, you can give someone life. People think that you need to give someone a tip to buy him out, but the truth is that they don't need your money, they need a good word. A good word is worth more than all the money in the whole world. As Chazal said in (Kesubos 111a), on the Pasuk in (Bereishis 49:12), To smile at someone, or to give them a good word or a compliment is worth more than anything in the world.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Vayechi Taf Shin Pey Daled



Tuesday 21 Teves 5784

Proper Interest

The Rosh Yeshiva Says:

In honor of Shovavim you should renew yourself to say Tehillim everyday. Reb Nosson used to say the Yom Tehillim every

day of the year, and during the days of Shovavim he said the Yom Tehillim twice every day. The Rebbe said in (Lekutei Moharan 2:73), "Whoever wants to merit to do Teshuva, should say Tehillim. Every Yid wants to be Ehrlich and do the will of Hashem, but some don't merit to get it, because they don't have the proper interest. However, if someone does have some interest yet he doesn't know what to do to become Ehrlich, if he will say Tehillim, he will merit to do Teshuva and become an Ehlicher Yid.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Vayechi Taf Shin Pey Daled



Wednesday 22 Teves 5784

Awaken A Yearning

The Rosh Yeshiva Says:

Tell children stories about Tzadikim. This will awaken a yearning in their pure hearts to also be Tzadikim. As the Rebbe states in (Lekutei Moharan 1:248), "Telling a story of a Tzadik is extremely significant, because through a tale of a Tzadik one's heart is awakened to serve Hashem. Likewise, one starts yearning to be Ehrlich when he sees the levels Tzadikim were Zoche to by withstanding their Nisyonos.

Today's message has been taken from The Light of Emunah 32, Letter 2

