

הכתובת להשיג את הספר הקדוש הזה וכל ספרי אדמו"ר מוהר"ן מברסלב זי"ע וספרי תלמידיו הקדושים To obtain this and other Breslov publications:

היכל הקודש בארא פארק Heichal Hakodesh Boro Park 1011 41 Street 718-384-1652 היכל הקודש וויליאמסבורג Heichal Hakodesh Williamsburg 27 Skillman Street 718-384-1652

היכל הקודש קרית יואל Heichal Hakodesh Kiryas Joel 8 Premishlan Way. 845-243-0563 היכל הקודש קרית יואל Heichal Hakodesh Kiryas Joel 8 Hayes Ct. 845-467-5299

היכל הקודש מאנטי Heichal Hakodesh Monsey 32 Dolson Rd. 347-733-7551 היכל הקודש בלומינגראוו Heichal Hakodesh Bloominggrove 24 Merriewold Ln S 845-379-1161

בארץ ישראל מוסדות "היכל הקודש" חסידי ברסלב שע"י עמותת "ישמח צדיק-קהילת ברסלב בגליל"

בהתייסדות ע"י כ"ק מוהרא"ש זצוק"ל רחוב רבי נחמן מברסלב 1 ת.ד. 421 יבנאל 15225 .

טלפון רב קווי 6708356-40 פקס: 6708359

Visit Our Web Site:

www.breslevcenter.com

לשמוע השיעורים 9191-444-212

Find our entire book selection at: amazon.com

To donate and/or sponsor one of our books please call: 845-248-1651

בעזרת ה' יתברך-ג' פרשת שמות, י"ז טבת, שנת תשעט

Forgive me for not having time this morning to send you a letter; I'm very busy now with multiple things. Yesterday night there was a chasunah here in yeshiva, the chasan is a Talmud from our yeshiva 'Tiferes Hatorah' and the kallah is a student from our school 'Bais Faiga'. In the morning I had a bris in Boro Park for h'avriechs twins. Now that I have a few minutes, I will write a few lines.

A yid once came to R' Nosson z"l regarding another yid, part of אנשי שלומינו who was extremely poor. He remarked "what a pity on him, he is destitute without a penny to his name". R' Nosson answered (in a tone of surprise) "he is a "רחמנות", "Moshe Chinke is a רחמנות!" (Moshe Chinke was one of the Rebbes talmidum, who later became one of R' Nossons biggest opponents.) He continued "true this specific person has no money and therefore seems like an object of pity, and Moshe Chinke is wealthy and powerful, but in reality he is the real

רחמנות, because who knows what will await him after 120 when he will be held accountable for his deeds....."

To you dear brother I say the same, you look at yourself and think 'what a pity on me, I have nothing...' you envy so and so who on the outside looks like they are leading a fine life. Thus, I want to ask you (in a tone of surprise) "you consider yourself a romain? You are not a romain, you live with Emunah! You believe in Hashem! Even when you fall down, it hurts, and presses on your conscience, so why wallow in self-pity? Stop envying another, and instead thank Hashem for all the blessings in your life!

I still have a lot more to write on this topic, but since my time is very limited, I'll end here. What gives me strength to continue, is to hear that you are connected to the Torah, and you learn some mishnayos and gemara every day; זה חלקי מכל עמלי.

Good night.

DAUGHTER TO THE GROCERY

בעזרת ה' יתברך-יום ד' פרשת שמות, י"ח טבת, שנת תשעט

Mrs.....

I received your letter.

If your daughter complains that she doesn't feel comfortable or safe going to the grocery, it is self-understood that you should use extra caution. Especially the grocery next to your house, the workers are extremely immoral; they obsess over the Jewish girls' day and night. I'm surprised this is allowed to continue without anyone saying anything.

One must pay attention; how long do you think it takes to lose a child rachmana litzlon? All a girl needs is to hear only once, from one of the lowly workers, "you look so good", and it is just enough to ensnare her chas vesholom. Therefore, if your daughter does not feel safe going to the grocery because of their behavior, don't send her. Instead keep her home and let her help with the housework.

Thank and praise Hashem that your children are holy and refined, and they strive to be good; guard them carefully. Chazal say (bamidbar rabah 11, 5) "וישמרך בבנות". A girl needs more protection than a boy; especially nowadays when the yetzer

horas only goal is, to distance our children from Yiddishkeit.

May hashem grant you success in everything you do.

THOUSANDS OF DOLLERS, ON JUST A FEW HOURS

בעזרת ה' יתברך-יום ד' פ' שמות, י"ח טבת, שנת תשעט

Mrs.....

Thank you for assisting with the chasunah in yeshiva; for organizing the chair, and beautiful flowers for the kallah. The guests couldn't tell that these were fake flowers, and not fresh ones.

It's terrible to see how wedding hall maintenance carelessly throw away expensive fresh flowers once a chasunah has ended, whilst the mechutanim haven't yet figured out a way to pay for them. Therefore, thank you for arranging the flowers, which we can put away from one chasunah to the next.

I'm sure you witnessed the happiness at the chasunah; people can't stop talking about It - how beautiful it was, and how foolish it is to waste thousands of dollars which one does not have,

resulting in debt for the rest of their life. People came up to me and asked "what is lacking here? It's so beautiful," I replied "one thing is missing – חבות, debt."

Thus, I thank you, and all the other woman from the kehillah, which made the simcha so special, so heimish, and with such a yiddishe chein. So many people pitched in to make this a reality; I have already written a letter to Mrs, to thank her for taking the pictures; my wife cooked the fish and potato kugels, Mrs Prepared the dips; I would appreciate if you could send me a list of everyone who helped, or prepared the food, so I can write them a personal thank you note. It is imperative to me, that we establish in our kehillah, what Maharosh taught us all these years.

Regards from your son, he conducts himself with yiras shomayim. I explained to him that he should cut off contact with; he is an unhealthy yingerman which behaves inappropriately rachmana litzlon. It is important that he hear it from you too. He should sever all his ties with him and keep his distance.

GUIDANCE FOR A JEWISH WOMEN

בעזרת ה' יתברך-יום ד' פרשת שמות, י"ח טבת, שנת תשעט

Mrs.....

I received your letter.

One must be very careful to keep count in a calendar, and immediately note the day etc. There is no way one can keep count verbally; as a result, one can chas vesholom transgress on איסורי כריתות rachmana litzlon. Regarding that you're not sure about Sunday or Monday etc. in this case consider it Monday and continue counting from then. It is ok to bathe small children together in a tziusdike fashion (e.g. wearing underwear). Once they get older, bathe them separately.

What one should constantly keep in mind is, to daven to Hashem for holy children; when a yiddishe mame would only know what an impact her tefillos have in heaven, she would not stop davening for herself, her husband, her children and for the entire klal Yisroel. If you cannot find the time to daven because you're busy with your household duties, talk to Hashem while cooking and cleaning etc.

May Hashem grant you success in everything you do.

· IMPROVE YOUR SELF-ESTEEM

בעזרת ה' יתברך-יום ד' פ' שמות, י"ח טבת, שנת תשעט

...... Student of Bais Faiga Breslev

I received your letter.

I'm very pleased to hear that you find the time every day, to say the yom tehillim; you cannot imagine the power tehillim has, especially for girls which need an extra dose of סייעתא דשמיא, to merit an ehrliche shidduch.

Regarding your problem, that you have a hard time approaching and communicating with people etc.; the eitzah for this is to make it your second nature to talk to Hashem. The more you accustom yourself to talk to him, the stronger your Emunah will be, and the more confidence you will have in yourself. If you believe you are important in Hashems eyes, this will naturally carry over to all other aspects of your life, and you will stop doubting and questioning yourself with "what will so and so think of me?" and "what will so and so say about me?"

Its very healthy to listen to lively music; there are an abundance of ehrliche singers nowadays, who sing songs of Emunah; this chases away the doubts and negativity from a person.

May Hashem help you succeed in everything you do.

THE CHASUNAH IN YESHIVA

בעזרת ה' יתברך-יום ד' פ' שמות, י"ח טבת שנת תשעט

Thank you for helping me establish the opportunity for members of our kehillah, to marry off their children, without having to go into debt. Thanks to Hashem, this week we celebrated the fourth chasunah in yeshiva, free of charge.

It is self-understood that I would never have been able to accomplish this alone, only through the efforts of the kehillah and my devoted talmidum, were we able to make this a reality.

Therefore, a heartfelt thank you for sacrificing your precious time; I know the afternoon is a demanding time for a mother of small children, yet, you put it all aside to be present, and take pictures of the kallah and her family. May Hashem

repay you with nachas from your children; and may Hashem help you find a good shidduch for your daughter, and merit to marry her off here in yeshiva, also at no cost.

Regards from your sons and; they daven and learn well, but most importantly they behave themselves with respect.

Chazal cite (Shabbos 10:) "when someone gifts someone with something, they should make sure the latter knows about it". Rashi explains, "through this one will generate love and goodwill". Chazal elaborate: that when one feeds another's child, they should leave the child's face dirty from the food they gave him, that when the child's mother asks "why is your face unclean?" the child will explain that so and so fed him, and this will bring about appreciation and gratitude. Therefore, it is my duty to inform you how devoted I am to your; I treat him with love and patience, and I truly care for him. He will grow to be an ehrliche yid, and find a good shidduch iyh.

Thank you.

WHILE SERVING HASHEM

בעזרת ה' יתברך-יום ד' פ' שמות, י"ח טבת, שנת תשעט

Stay strong, and continue focusing on being happy, solely with the fact that you were created a yid.

Simcha is the most important aspect in avodas Hashem; when a person is happy, and serves Hashem with simcha, he merits divine protection, which also saves him from פגם הברית. As it states in tehillim (104, 34-35) "אנכי אשמח בה', יתמו חטאים מן "through rejoicing with Hashem, then: "יתמו חטאים מן הארץ" there is no more sin. (Likutei Maharan chelek 1, siman 169)

If you say mishnayos you will acquire a pure mind; try not to be influenced by your conflicted thoughts, just continue learning and saying tehillim. The first letters of tehillim and mishnayos spell μ"α, indicating that these two cleanses a person from the impurity of the dead; likewise, mishnayos and tehillim revive a person from his dead, emotionless state, and infuse him with new life to continue achieving.

Nonetheless, you cannot merit this, only if one has the midda of תמימות – simplicity (to believe without asking questions); the last letters of tehillim

and mishnayos spell \mathbf{n} " – we must listen to what tzaddikim advise us without skepticism.

You did the right thing by throwing away the number someone gave you, which would have led you to aveiros rachmana litzlon, in this merit you will find an ehrliche zivug. Don't despair, in no time you will find your shidduch.

THE CHASUNAHS IN YESHIVA

בעזרת ה' יתברך-יום ד' פרשת שמותת י"ח טבתת שנת תשעט

Dear.....

Thank you for the beautiful chuppah which you designed for the chasunahs here in yeshiva; it would be a good idea to install lights around the top, so that during the winter nights the area should be illuminated.

People keep asking me: "what is the meaning of the words embroidered on the chuppah 'I have achieved and triumphed, and I will continue to do so'?" (איך האב אויסגעפירט און איך וועל אויספירן) People think that it is some sort of insult, to the extent an individual came to tell me that someone was affronted by it.

This reminds me of a story. Someone once came to the Rav of the city and demanded a din Torah

with so and so who embarrassed him publicly. During the din Torah the Rav investigated and asked "so how was it that he embarrassed you?" the accuser answered "the defendant walked into shul and proclaimed loudly: "by the time I count to three, the fool here must leave!" and he continued "I immediately left the place, and now I want compensation for my humiliation". The Rav smiled and answered "he didn't embarrass you, you embarrassed yourself! Who asked you to be the one to leave the shul?"

Reb Nosson z"l relates (Chai Maharan, 229) "I asked the Rebbe (before the Rebbe left the world) 'what will become of all the teachings and פעולות, the Rebbe still wants to achieve?" The Rebbe turned to the crowd of people around him and asked "do you hear his question?" then went on to proclaim "have I not carried through already? I have achieved and I will eternally continue to do so!"

We see literally every day – the Rebbe has won. Gradually the entire world is starting to see the Rebbes light, everyone has heard of התבודדות -talking to Hashem. The seder derech halimud, the Rebbes directive of learning is being practiced all over, bochurim and yingeleit from all walks of life say Mishnayos and dafim Gemara. This was the Rebbes

goal, everyone, no matter his status or background should daven and learn.

Take the chasunah in yeshiva as an example, what better proof do you need, to see that the Rebbes vision and teachings are being fulfilled? People are marrying off their children while they are still young and pure; this is what the Rebbe meant with "נצחתי ואנצח."

May Hashem help us raise our children in good health, and may we merit to marry them off while they are still young, without any calculations for kavod etc. only to always have their best interests on our minds.

REGARDING ENGLISH IN SCHOOL

בעזרת ה' יתברך-יום ד' פ' שמות, י"ח טבת, שנת תשעט

Mrs.....

I received your letter.

I'm very pleased to hear that you are satisfied with our school; we have outstanding and talented teachers, which go to great lengths that the girls should grow up to be ehrlich, and continue building Klal Yisroel.

Regarding your daughters English, she cannot speak fluently yet etc.; this isn't a result of our school, this is just the way it works with any child. While they are still young, they speak in their mother tongue, and gradually throughout their school years, they learn another language. We have students from both Williamsburg and Boro Park; true, the children from Boro Park have a fluent English, but when it comes to Yiddish it's difficult for them. They end up translating every word before expressing themselves, and even then, their Yiddish sounds awkward. Vice versa, the students which come from Williamsburg, and their first language is Yiddish, have a hard time expressing themselves in English, but throughout the years they perfect it.

Thank Hashem for the wonders and miracles he did with you; you have a dear husband and beautiful children kein aiyin hora. You must thank and praise him for the past, and continue davening for the future; that your children grow up to be ehrlich and pure. Especially nowadays, the yetzer hora's only goal is to entrap yiddishe neshomus; boys and girls from the most wonderful homes are being led astray. One must daven and say tehillim, and not spare any tears, in order to merit righteous children.

THANK HASHEM

בעזרת ה' יתברך-יוםד' פרשת שמות, י"ח טבת, שנת תשעט

Mrs.....

I received your letter.

The yetzer hora is so shrewd, he finds numerous ways to poison a person's thoughts with negativity, to take the persons mind away from what is truly important – daven and thank Hashem.

Now that you are expecting a simcha, instead of thanking Hashem for the miracle, that you have children, and you'll iyh merit more, you are miserable that you will miss out on your brother's wedding.

When you have to forfeit a simcha because one of your own, that's not a tragedy; instead focus and daven, that your own children should be ehrlich, that you should be zoche at the right time, and if the right time coincides with your brothers chasunah, thank and praise Hashem that the only reason you are missing out is, because of your own good fortune.

Understand your parents, why they didn't consider this so important when deciding on a date

for the chasunah, it is at all not easy to determine such a date; there are so many sides they have to accommodate, so instead of feeling miserable, thank Hashem that there are simchas in your family. Stop crying and complaining that they didn't think of your feelings etc. Look at all the blessings Hashem gave you; you have a devoted husband, he brings parnassah, he helps you at home, he learns he davens – what more does one need? All that is missing is a little bit of happiness.

Unfortunately, I get to hear the terrible suffering some people go through, their entire life rachmana litzlon. Therefore, it's hard for me to understand why this should be a reason to cry.

If your parents don't want you to produce a cd etc. drop the entire project and invest your talents into your home and family; with every small deed you are building your family's future.

Regarding that you can't find time to daven and say tehillim; that's normal for busy mothers with small children. Instead, find a minute here and there, while folding laundry, while cooking and baking; talk to Hashem, sing songs of praise to him, even in yiddish, just how the Rebbe wanted us to.

I hope you will accept my words of chizuk, and start noticing the miracles Hashem does with you.

TRUST HASHEM AND YOUR LIFE WILL BE SWEET

בעזרת ה' יתברך-יום ד' פ' שמות, י"ח טבת, שנת תשעט

Dear.....

Forgive me that I don't reply to your letters; I'm so busy that I don't even manage to complete my daily tasks.

I have meetings scheduled with the melamdim, teachers and office staff; I must ensure everything is in order with the building in Uman, the camp and the shtetel; I teach chasanim and guide couples with their marriage; I respond to countless letters and requests; and I organize the preparations in yeshiva before a chasunah. On top of that I prepare and deliver a shiur in Bavli and Yerushalm daily, daven and say the yom Tehillim, then give another two shiurim to the bochurim; one in gemara and halacha, and one in the Rebbes seforim. Subsequently, I must finish my own shiurim, on Mikra, Mishna, Nach, Mishlei, Tosefta, Gemara, Halacha, Rambam, Medrash, and the Rebbes seforim. I give a shiur to the teachers and students of Bais Faiga once a week; and after all, I also have a wife and precious children which want to spend some time with me. Likewise, I also have to eat and

sleep a little, but nonetheless, I'll write some חיזוק so you have strength to continue with your holy work.

The first and most valuable thing to you should be your wife and children; don't fall into the illusion of 'friends', there is no such thing as a true friend, the only real friend you have is your wife. Therefore, I request from you again: don't chase after friends; instead invest your time and efforts in your wife and children.

On numerous occasions I think to myself; how many countless times have I already written the following; but I'll write it once again because I believe in the wisdom of the holy Rebbe who said "דיבור האט א כח" – meaning, speech has a tremendous power. I'll continue imploring repeatedly, until it penetrates deep into your heart: "Dear brother, we have a great creator which sustains and protects all; he never forgets or overlooks anyone, and if you surrender yourself to him completely, your life will be blessed.

The holy Rebbe says (Likutei Maharan, chelek 2, siman 82) "when a person sees that all his occurrences, are the opposite of what he actually wants; he should realize, this comes because the person insists and stubbornly says 'I want' - meaning, everything must go his way, and he is

not ready to accept 'רצון ה'. Through this he removes himself, and severs his connection to our father in heaven, and once a person removes himself from Hashem, nothing will happen the way he wants." Therefore, remember this klal – if you submit yourself to Hashem and accept Hashems will, everything in your life will go the way you want it to.

Before going to bed at night recite krias shema; Chazal cite (berachos 5.): "one that reads krias shema before going to sleep, gets rid of all the מזיקים which try to harm him. Chazal say further (berachos 8:) The Tana Rava warned his children "you should never rest in a gentile's bed", the gemara gives a few explanations to what this means, the first being "he warned them not to go to sleep, without reading krias shema". What we learn from this is; the importance of shema before going to bed.

I once again beg of you: "wherever you wish to go – go only with your wife;" you want to go on vacation? Together with your wife. You want to travel to kivrei tzaddikim? Only with your wife. You wish to do something different? Visit the moon? Also, only with your wife.

I hope you accept my words, which come straight from my heart.

שבת התוועדות FOR THOSE WHO

HELP OUT

בעזרת ה' יתברך-יום ד' פרשת שמות, י"ח טבת, שנת תשעט

Dear...... Talmud yeshiva Tiferes Hatorah

A heartfelt thank you for all you do to help me out; especially that you undertook the task to help me repay my debts I incurred from the building in Uman. Thanks to Hashem I have already repaid part of the debt and today I sent a sum of money to Uman, to complete the building.

The two shabbosim you arranged for the bochurim which help out in yeshiva were beautiful, and I'm pleased to hear that you are organizing one for the yingeleit too. I want to request from you; please make sure this Shabbos doesn't have the opposite effect, I don't want anyone to be insulted. The talmidum should understand this is purely to raise money, to finish the building in Uman.

I love every single one of my talmidum, and someone that learns with talmidum can understand the connection you develop with them, and not even completely; not too many which are עוסק with talmidum spend days and nights with them, without expecting anything in return. Praised be Hashem, ten years have passed since I first started

learning with talmidum, I sit with bochurim from morning until night, I don't receive a wage from the yeshiva; I don't do it for the money, and either way there is no extra dollar to pay me with.

For years I sat with your brother..... and your brother-in-law......; they can explain what a Rosh Yeshiva truly means. Nowadays I'm split between so many different obligations, the yeshiva, the cheder and school, the couples and the kollel etc...., but during those day we would sit together for 24 hours a day. It would be worthwhile for you to ask them how we established this holy place, we built it with blood, and not with money.

Therefore, I chas vesholom don't want my talmidum to think this is only for specific yungeleit; tell them what you want to accomplish with this Shabbos, that it's the only way to help me repay my debts. If you make a calculation you will see that all my talmidum are baalei mesirus nefesh, one helps with the kollel, another collects the rent, someone cooks in Uman, all this alone adds up to thousands of dollars. I remember speaking to you about making a special Shabbos for all that help out in different aspects, but the conclusion was, that it's just not possible because everyone does something.

Therefore, I beg of you, be careful to preserve the shalom between us; there should only be love and goodwill between one another. I know it's hard work to make everyone happy; everyone has their opinion and way of thinking, but here things are different; we all strive for one goal: to bring the Rebbes teachings to every Jewish heart, and his light to every Jewish home. It should be "ני אתה, פעלתו every yid should taste the sweetness of התבודדות, and every yid should know he has a way to rectify his sins.

Stay strong and you will find your zivug iyh, I'm not at all worried for you, it is completely clear to me that Hashem will help you very soon.

THROW AWAY YOUR SMARTPHONE

בעזרת ה' יתברך-יום ד' פרשת שמות, י"ח טבת, שנת תשעט

Dear

I received your letter.

For your own sake – I beg of you; get rid of your smartphone. I have such pity on you for all the suffering you are going through, you watch movies every night and it makes you so miserable. Really you are only fooling yourself; you promise yourself you'll only watch so and so, and then before you

know it you are already deep in שאול תחתית. This causes you to walk around looking so depressed, its mamish painful to look at you; you are suffering terribly from your aveiros.

Therefore, I beg of you my dear beloved...... I know you yearn to be good, and how you continue trying even though you fail repeatedly; you just bought your fourth smartphone, this is after throwing away your previous ones because you wanted to repent. Listen to what the holy Rebbe has to say, find a quiet corner and beg by Hashem "Hashem save me! I'm drowning in מומאה, and I see no way out. Holy Father! Have pity on me; my life is so dark and bitter, more than anything I want to shake off my aveiros, but it is just not happening. Give me the strength Tatte to stop looking at garbage, 'נר שהור ברא לי אלקים' and renew my will – help me be ehrlich and holy.

You cannot imagine dear...... what a positive affect such tefillos have. The holy Zohar says (parshas balak, 195) when a person pours his heart out to Hashem, Hashem says "I want the entire heavenly court to step aside, and I want to be alone with the person in pain," and Hashem has no greater pleasure then when someone cries his heart out to him, all the heavenly gates are wide

open for a broken heart, and his tefillos ascend without רשות.

What we can learn from this is: when a person finds a quiet corner, and gives himself over to Hashem; he tells him everything he is going through, these tefillos ascend straight up to heaven, Hashem answers the downtrodden before the biggest tzaddik.

The Zohar continues that when Dovid Hamelech saw the impact of the poor man's tefillah, he took off his royal clothing and sat himself down on the ground and begged Hashem (Tehillim 86,1) "תפלה" Hashem help me, and listen to my plea, "כי עני ואביון אני" as a lowly beggar I come to you. This teaches us that Hashem is extremely close to someone with a broken heart.

Dear listen to the Rebbe, and make it part of your life to daven and talk to Hashem. When a person reveals everything, and tells Hashem exactly what is bothering him, how badly he wants to be ehrlich, but how hard it is for him; how he unfortunately commits such terrible aveiros, but despite all this he still wants to be good, Hashem takes away all the דינים from the person and forgives him for his sins.

Maharosh z"l would say (אשר בנחל, מכתב א, רפג) there is a heavenly Malach whose name is Ezrial, his

obligation is to carry up the tefillos of bochurim which fall in the aveira of פגם הברית rachmana litzlon. He takes these tefillos and builds beautiful palaces for Hashem, which infuse the neshomas with new strength to continue their struggle.

Be strong and in no time, you will find your shidduch.

A GOOD NAME TRAVELS FAR

בעזרת ה' יתברך-יום ד' פרשת שמות, י"ח טבת, שנת תשעט

.....student of Bais Faiga Breslev

I received your letter.

I'm happy to hear you are well behaved and conduct yourself with respect, your principal and teachers are very pleased with your behavior.

Shlomo Hamelech says (koheles 7, 1): "טוב שם משמן", a good name is more valuable to a person then the finest perfumes in the world. Why? Because even when a person applies expensive oils and perfumes to oneself, only his immediate surroundings will benefit from the pleasant smell, but a good name travels from one end of the world to another. This is the way to bring nachas to your parents, by acting with respect and good middos.

I'm sure you have learnt why the holy Rebbe wanted us to call him by his mother's name – Rabeinu Nachman ben Faiga, and not by his fathers – ben Simcha, because it was she who raised him, with yiras shomayim and holiness. The Rebbe's father was a hidden tzaddik who spent most of his years in self afflicted wanderings, and was rarely home. His mother was the one who parented him; she would regularly visit the kever of her holy grandfather the Baal Shem Tov z"l, where she would pour her heart out, and daven to Hashem that she merit children tzaddikim.

You should follow in her footsteps; accustom yourself to speak to Hashem; for everything you need turn to him, and through doing so you will also merit to be a tzaddeikes.

May Hashem help you succeed in everything you do.

WAS FULFILLED

בעזרת ה' יתברך-יום ה' פ' שמות, י"ט טבת, שנת תשעט

Dear.....

The chasunah which took place in yeshiva this week brings me great pleasure.

When we opened our cheder in Williamsburg; Maharosh z"l regaled that years ago, the person which headed the Breslev shul in Williamsburg was lamenting how hard his job is, and that there are times when he barely has minyan. While standing on the street in conversation, a school bus passed by, and Maharosh turned to him and said, "give it some time, and buses with 'Talmud Torah Breslev' emblazoned on their side will encircle Williamsburg." The latter replied "you're most certainly dreaming; there will never be such a thing". Maharosh then smiled and said "Baruch Hashem that my dream has become a reality." Maharosh then requested that we drive past his house, so he can show his rebbetzin the beautiful Mosdos we founded, which follows the teachings of the holy Rebbe.

During the chasunah I thought to myself: 'one can truly see how Maharoshs vision became a reality;' Maharosh wrote an endless number of letters on this subject, (see ,'קונטרס לב אבות על בנים; ארך אפים אות ד', that one should not waste time and money on expensive simchas, only to celebrate them simply.

On many occasions, Maharosh would ask the bochurim in Yeshiva: "what does a bachur really need? Only one thing, to find their shidduch." Maharosh would say, all that is necessary is a

minyan, and a tallis for the chuppah, and that is it! A bachur's wish is to be able to quote the בת קיסר who said to the בן מלך after years of yearning for her shidduch (סוף סיפורי מעשיות מעשה ב', ממלך וקיסר) "and now use have each other, it is time to go home." Thanks to Hashem the unimaginable is now coming to fruition.

Someone came over to me during the chasunah and remarked "there is nothing lacking from this simcha, it is so beautiful, but one thing is missing; Maharosh should be sitting here with his famous smile, and be witness, that his hard work was not for naught." I replied "Maharosh is here! where else would he be?" there, where one learns and reviews the lessons of a tzaddik, and conducts themselves according to his teachings, that is where the tzaddiks neshoma is. The holy Zohar brings (parshas acherei, daf 71:): "A tzaddiks presence is stronger once he has left the world, even more then when he was still alive".

Tonight, there will iyh be a shiur; don't make excuses why not to come, even though you think it's the same old stuff as every week. When the yetzer hora tries too dissuade you with the argument "what is the point? You hear the same דיבורים week after week," answer him: "and what is your chiddush? The same aveiros again and again....."

True, we will review the same thing as every week; I daven to Hashem that he should help me find a way into everyone's hearts, and I should repeat only what Maharosh taught us all these years. First and foremost, Emunah; the seder derech halimud – the Rebbes directive of learning and name, starting anew. The importance of sholom bayis; the chinuch of our sons and daughters; and how careful one must be with his behavior at home, because despite their young age, children absorb and understand everything that occurs.

Use extra caution with your conduct at home, if one wishes to merit nachas, he must behave himself with yiras shomayim. A child which sees that his father is a sample of yiras shomayim, he prepares negel vasser before bedtime; he recites krias shema; he doesn't raise his voice, or use coarse language, then he too will be ehrlich. The child will then imitate his parents, and also read krias shema and prepare negel vasser; and use only refined speech.

Daven to Hashem, that you should merit to always stay young and energized, despite your age.

Have a good day.

HOLY PLACE; THE GREATNESS OF TRAVELING TO THE REBBE FOR ROSH HASHONAH

בעזרת ה' יתברך-ערב שבת קודש פ' שמות, כ' טבת, שנת תשעט

Dear

This week is the first Shabbos of שובבים; we must be extremely excited with the opportunity to observe this Shabbos properly.

Maharosh would constantly review the following Medrash (תנחומא בראשית, "If one rejoices with the holy Shabbos, and sweetens it in whichever way possible, it is equivalent to as if he would have fasted a thousand times." Therefore, the yetzer hora is terrified that one will rectify everything, just through keeping Shabbos in the right manner; so, he makes it his business to distract a person with whatever he can. Already from Friday morning one should daven to Hashem that he should merit to be happy throughout Shabbos; that he shouldn't lose his temper on Shabbos; and that he should rejoice with the holy Shabbos.

Baruch Hashem, we are moving forward with the building in Uman, the exterior is almost complete; Hashem should help us finish it already, it should be "והראנו בבנינו, ושמחנו בתקונו." This building will be a beacon of light to the entire world, as we see already;

the teachings of the holy Rebbe are gradually being absorbed in all different communities and kehillas.

I personally thank everyone for helping me; but really you are helping yourself. Why is it I need this building? Is it my desire to incur debt? The only reason for doing this is, because I want to protect your children.

Yesterday I sent a bochur out of yeshiva; another bochur came to tell me that not everything is in order with him; when I asked him to elaborate, he explained that a few years ago whilst being in Uman for Rosh Hashanah, this particular bochur was staying in the same hotel as him, and throughout yom tov, he was chasing after the small children in a suspicious and inappropriate manner. This brings out how essential it is to have a safe place where to stay in Uman, and I want to provide accommodations where we can protect our kids.

Last week Friday night, I had an interesting incident. I usually don't leave the Beis Hamedresh during davening, but a random thought entered my mind 'let me go outside and check what is going on'. I stepped out for a moment, and just at that time a yingerman on the way into the Beis Hamedresh approaches me. I immediately stopped his entry, and told him to leave at once. When he asked why, I told him "I have heard you are a pedophile

rachmana litzlon." He turned around and fled as fast as he could. It was divine providence that I met him outside, and was able to chase him away in time.

People ask me, what is the importance of repeatedly talking about protecting oneself, and one's children, from מניוולים? And I think to myself 'will I ever be able to stress enough on it?' When people would be aware of what is going on nowadays; how boys and girls are being victimized by sick people rachmana litzlon, they would beg me "please talk more, we want to have the peace of mind, knowing our children are safe."

I'm sending you some pictures of the construction in Uman, so you can see with your own eyes how your money is being used. I don't want a repeat of the problems we had last year; the roof wasn't sealed properly and every time it rained, the whole building was submerged in water. I want to finish it as soon as possible.

Don't view this as unnecessary, because traveling to Uman is our first priority. The holy Rebbe proclaimed (Chai Maharan, 405) "The entire world depends on my Rosh Hashanah"; we all go to Uman every year; and we bring along our children once they turn 7, we must have a place where to be together.

Thanks to Hashem I have obtained tickets for the coming Rosh Hashanah שנת תש"פ הבא עלינו לטובה; I should merit yet another opportunity to visit the holy Rebbe, together with my children.

We cannot take aggravation, money, or anything else into account; we travel to holy Rebbe with mesirus nefesh. Therefore, we took the plunge and started such a project, to erect a building, in order to have a safe locale. Give it a few years and this building will be small already, every year there is a fresh class of five and six year old's, who also want to merit the guarantee from the holy Rebbe (Chai Maharan, 517) "I promise every child, which comes to me before he turns 7 years of age, he will merit to be wed, holy and pure." What more do parents want then ehrliche doros? What better guarantee does one have, that their children reach marriageable age, righteous and pure from aveiros, without being יפגם הברית in course."

Yingeleit ask me, is it so crucial to take their children every year repeatedly, why won't it suffice just once? I think to myself 'true, it's a lot of money, but what is the value you put on ehrliche doros??' It costs me an awful lot of money; I'm traveling with five children this year, kein ayin hora. Make a calculation, one ticket costs a thousand dollars, so in total I'm paying six thousand dollars. It costs

money; but we will do everything in the world to ensure our children stay holy and pure.

Gladden your wife; the holy Arizal says (פ' כי תשא, סימן לא, ועיין ברא"ש קמא 7, אור מימן לא, ועיין ברא"ש קמא 7) the acronym for 'ביאה' is 'ישמרו בני ישראל את השבת'. This illustrates, that on Shabbos one must be together with his wife. This is the only reason the yetzer hora puts so much focus to cause arguments and strife between a husband and his wife; they end up sulking at each other, and as a result, their Shabbos is destroyed. Therefore, try with all your strength to stay happy, and relaxed throughout Shabbos.

Good Shabbos.

YOUR WIFE I HOPE YOU WILL RETURN TO

בעזרת ה' יתברך-יום א' פ' וארא,כ"ב טבת, שנת תשעט

Dear

I miss you; when I see your son I am reminded of the good times we spent together.

I hope you will reunite with your wife, and raise a healthy household together.

I am inviting you for Shabbos.

TZADDIK IN ONE'S THOUGHT; RENEW YOUR RESOLUTION FOR הפצה

בעזרת ה' יתברך-יום א' פ' וארא, כ"ב טבת, שנת תשעט

Dear

There is a famous story which occurred with the holy Rebbe; a talmud once gifted him with a beautiful handcrafted wooden chair. When the Rebbe asked him, how long it took him to create it, he replied that it took him half a year. The Rebbe then asked "for half a year, you worked all day, on this chair?" the talmud answered "no, only for an hour each day.' The Rebbe then exclaimed "is that so? For half a year, I was on your mind every day, for at least an hour?" It brought the Rebbe more pleasure that his chassid actually thought about him, than the gift alone. The act of just thinking of a tzaddik, brings a person blessing and salvation.

The Rebbe once asked a yid "tell me, have you raised your eyes heavenward yet today?"; Through looking to the sky, one remembers Hashems presence in his life, and consequently he utters a few tefillos to Hashem. This is worth more than anything, in the entire world.

Yesterday night, there was a beautiful sheva berachos in yeshiva; both the chassan and Kallah

are talmidei Hichel Hakodesh; we discussed and strengthened each other in the concept of הפצה. It's a shame you didn't participate, you could have benefited from the chizuk. Especially now during when we want to rectify our sins. One must make a firm resolution to continue with הפצה, and spread the Rebbe's light to the entire world. As the Rebbe cites (ספר המידות, אות ניאוף, סימן מא) one that wants to repent for his sins, especially the sin of פגם הברית, should concern himself with bringing back yidden to Hashem."

May Hashem help you succeed in all your endeavors.