



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Terumah 5785

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Thursday 22 Shevat 5785

Peace at Home

The Rosh Yeshiva Says:

What's the best thing that you can give to your child? When his parents are speaking with respect to each other and not yelling. You can see it in every home, those who live at peace with their spouse, and apologize even though your spouse is not ready to forgive, yet you're good on your side, and you give a smile, your children will start to dance and jump around. This is the best thing for children. The Rebbe says that when we live at peace at home, you'll automatically have happy and healthy children. However, in order for this to happen we need to have the Rebbe's Chizuk for this.

Today's message has been taken from Daily Inspiration in English Tuesday Parshas Mishpatim Taf Shin Pey Hey



Friday 23 Shevat 5785

Hashem Is Always Watching

The Rosh Yeshiva Says:

The Torah teaches us that a gazlan (one who robbed in broad daylight) must repay the exact amount he stole, but a ganav (one who robbed at night) must repay double. Why? Chazal explain (Bava Kama 79b) that the additional crime of the

ganav was that he relegated the eyes of Hashem to be like those of a human being; he stole at night because he did not want to be seen, yet he forgot that Hashem is always watching, during the day as well as at night. The ganav's sin is two-fold and his punishment is therefore two-fold as well. All geneiva is rooted in a lack of emunah. The Rebbe says (Sefer Hamiddos, Geneiva U'gezella), "As soon as one allows himself to steal from his fellow, he is likely to do every other sin as well," because a person who doesn't believe that Hashem knows everything and sees everything can very easily fall into many other aveiros.

Today's message has been taken from Chizuk from the Parsha in Sparks of Emunah Parshas Mishpatim Taf Shin Pey Hey



Sunday 25 Shevat 5785

Now We Can Smile

The Rosh Yeshiva Says:

Yesterday we Bentched Rosh Chodesh Adar. Now we can smile, now we can straighten the creases on our forehead. Let go of all the dark bitterness, we don't gain anything from depression. Start smiling. Beg Hashem to be happy. Mohorosh said that if a person's face is lit up then he is by holiness, and if not then he is on the bad side distant from the Tzadik, sourced as

well in (Lekutei Moharan 1:23). Simcha is the most important thing and the most holiest thing. When we are happy we are guarded from Aveiros and all bad.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Mishpatim Taf Shin Pey Hey



Monday 26 Shevat 5785

New Type of Creation

The Rosh Yeshiva Says:

What does a person have more than an animal? A person has the ability to speak. A gift that other creations don't have. When people were created, the Pasuk says in (Bereishis 2:7), "A man became a living being", the Targum explains this to mean a new type of creation was created that can speak. If the whole greatness that a person has is his speech, then he must use this gift in the most proper way. We must use our mouths for only good things, like Learning, Davening, speaking to Hashem, and strengthening other people to come back to Hashem.

Today's message has been taken from Mohorosh Dertzeit in the Yiddish Gilyon Parshas Mishpatim Taf Shin Pey Hey



Tuesday 27 Shevat 5785

Begin Anew

The Rosh Yeshiva Says:

Many people make this same mistake of counting the days that they were "clean" and did not succumb to temptation. This is their source of strength to continue; they calculate in their minds, "It's been ten weeks that I have not

sinned." Or, "It's already three months that I have been shomer habris." However, this is not the Torah approach and it causes tremendous damage. People are not angels; when a person does fall and breaks the chain of "good days", he becomes so broken that he gives up and stops trying to improve. The Rebbe's way is to constantly strengthen oneself and begin anew. Even after falling, a person must immediately lift himself up and again start serving Hashem.

Today's message has been taken from A Letter from the Rosh Yeshiva in Sparks of Emunah Parshas Mishpatim Taf Shin Pey Hey



Wednesday 28 Shevat 5785

Dried Up Trees

The Rosh Yeshiva Says:

The Rebbe really wanted us to be involved in spreading his advice to the entire world, and speak about Emunah. Reb Nosson wrote in (Chayei Moharan 543), "The Rebbe used to embarrass us as to why we are not involved in 'Hafutza', one Motzei Shabbos the Rebbe was giving us Mussar for a few hours, that we are not doing Hafutza, he called us 'Dried Up Trees', because he wanted us to be involved with the Dried Trees and bring Yiden close to Hashem. Fortunate are those who spread the Rebbe's advice, the Seforim and Kuntreisim from Mohorosh that was written in such an easy language. This is what the Rebbe wanted, to have Talmidim who will have Talmidim, until we will merit to the Geulah.

Today's message has been taken from Atzuso Emunah Letter 4 Parshas Mishpatim Taf Shin Pey Hey