



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Mishpatim 5784

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Thursday 22 Shevat 5784

Grab My Hand

The Rosh Yeshiva Says:

Once while dancing by Kiddush Levana, someone pushed in to hold onto Mohorosh's hand. Mohorosh told him, "If you want to grab onto my hand, you should learn my Sefer Asher Banachal". Mohorosh wanted us to mainly learn his Seforim, that awakens us and strengthens us to be close to Hashem. Thank you Hashem that this is what we still have. Mohorosh left us an extraordinary inheritance, which is his holy Seforim.

Today's message has been taken from the Special Edition on the Yurtzeit of Mohorosh in the Yiddish Gilyon Parshas Beshalach Taf Shin Pey Daled



Friday 23 Shevat 5784

A Dark Face

The Rosh Yeshiva Says:

The beginning of the Aseres Hadibros tell us not to have other gods on our face. The Rebbe said in (Lekutei Mohoran 1:23), When a person is in a black bitterness, it causes that he has a dark face. This is the

other side, the side of the evil inclination. Therefore, we should try with all our might to have smile on our face. Specifically when you come home after working hard the entire day, you should freshen yourself up, put yourself together and come home to your wife and children with a smile. Remember as well to say nice things to your wife.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Yisro Taf Shin Pey Daled



Sunday 25 Shevat 5784

Very Very Hard

The Rosh Yeshiva Says:

We are still in the middle of Shovovim. There are people who fast or add on stringencies like not sleeping in a bed, yet what is the most difficult type of Avodas Hashem? Can it be fasting, or fasting from Shabbos to Shabbos? This is very very hard, but there is something even harder. Possibly learning? No, learning is hard but we can overpower it and learn a little. Getting up in the morning is a struggle but we can push

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ourselves out of bed. What can be the most difficult thing to do, even harder than fasting or standing on our head the entire day? The hardest way to serve Hashem, is to be happy, to be happy in your heart that you are a Jew. To walk around saying Thank you Hashem that I am a Yid, and that I put on Tefillin and that I keep Shabbos.

Today's message has been taken from a lecture from the Rosh Yeshiva in Lashon Kodosh Parshas Yisro Taf Shin Pey Daled



Monday 26 Shevat 5784

Soon, Soon, Soon

The Rosh Yeshiva Says:

What are you complaining about? Thank Hashem for all the kindness that he does with you! Do you not see what's going on in the world? There are so many hardships Yiden have to endure! Anyone who hears the news sees with his own eyes what the whole human being is. Just as the song in Breslev goes, "Soon we are in one place, Soon we are in another place, and soon we will be put into our everlasting place". No one knows what the next minute will bring. Instead of complaining, start thanking Hashem.

Today's message has been taken from a letter from the Rosh Yeshiva in the Kiryas Breslev Bletel Parshas Yisro Taf Shin Pey Daled



Tuesday 27 Shevat 5784

Bring Me Home

The Rosh Yeshiva Says:

Every time you walk out of your house, or when you come home, it is good to say a small Tefilla by the Mezzuzah, "Hashem, bring me home safely" and when you come back say, "Hashem, thank you that you brought me back safely". We don't have any idea what these few words do to a person. It saves him from all bad, it guards him, and it connects him to Hashem. Fortunate are those who kiss the Mezzuzah by every door, this shows that they live with Hashem.

Today's message has been taken from Ish Emunas Letter 4 Parshas Yisro Taf Shin Pey Daled



Wednesday 28 Shevat 5784

A Higher Level

The Rosh Yeshiva Says:

Even a non Jew will admire you if you speak with clean language. They will say that you are a Jew, not the others who speak like us with foul language. Even though the non Jew himself speak with foul language, but he knows that a Yid is a Ben Melech and is on a higher level. Certainly if you speak to them about Hashem, and tell them 'God Bless You', they will be so grateful and say thank you, thank you, thank you. He will help you in any way possible in anything you need. Tell him I'm going to pray to God for you to be healthy and wealthy.

Today's message has been taken from the Daily Inspiration clips in English Tuesday Parshas Mishpatim Taf Shin Pey Daled