



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Terumah 5783

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Thursday 25 Shevat 5783

The Rosh Yeshiva Says:

Mohorosh writes that Chazal said in Brachos, if a person comes to daven with a minyan every day and then one day he misses, Hashem asks where is this person? If Hashem hears that he doesn't feel good, he will bring him a speedy recovery. If he couldn't come because something happened, he would help him. Mohorosh brings out from this Chazal, that we see that though Davening every day with a Minyan, this is how we can draw Hashem's supervision. Just because he Davens every day, and now since he missed, right away we inquire about him, and Hashem is immediately concerned for his wellbeing.

Today's message has been taken from a lecture from the Rosh Yeshiva Tuesday Parshas Mishpatim Taf Shin Pey Gimel



Friday 26 Shevat 5783

The Rosh Yeshiva Says:

This week is Parshas Mishpatim and last week was Parshas Yisro. Mohorosh said a fascinating thing. We are holding now after Kabalas Hatorah, and Kabalas Hatorah was such a big event where the Yiden came to the greatest level,

therefore now we are going to learn Parshas Mishpatim. Because to be a Yid in the heavens is a nice thing, but let's see how you can get along with other people. Parshas Mishpatim comes right after Parshas Yisro when we received the Torah and we said Naaseh Venishma. The whole world was waiting to receive the Torah which was here already even before the world was created. Now we have Parshas Mishpatim to see how you can deal with other people, and to be an honest Jew whether you are at home or in business.

Today's message has been taken from Ah Git Vort Oif Parshas Mishpatim Taf Shin Pey Gimel



Sunday 28 Shevat 5783

The Rosh Yeshiva Says:

When Mohorosh was a young bachur living in the Bronx, he had no Mikvah close by. Once Mohorosh found the Rebbe and saw how strongly the Rebbe spoke about the importance of going to the Mikvah, Mohorosh began to walk an hour to the Mikvah and an hour back with tremendous self-sacrifice every Shabbos. Because, once we know the importance of something, it becomes much easier to do.

Everything that seems hard becomes much easier and more enjoyable to do once we know of its importance.

Today's message has been taken from Pearls of Wisdom in the English newsletter Parshas Mishpatim Taf Shin Pey Gimel



Monday 29 Shevat 5783

The Rosh Yeshiva Says:

If you look at yourself, you will see that you are not so bad. You are filled with so much good. Say, thank you Hashem that I have a beard and Peiyos, that I put on Tallis and Tefillin, that I wear Tzitzis and I eat kosher, and I have a mezuzah, all these things make you happy. Let alone if we merit to learn a little Chumish with Rashi everyday, this is the real fortune. When we learn Mishnayos and Gemorah, this makes us happy. "The orders of Hashem are straight, causing the heart to rejoice" (Tehillim 19:9) We become happy, and we become freed. Just as the holy Chachomim said in (Avos 6:2) "Who is freed? Only those who learn Torah".

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Mishpatim Taf Shin Pey Gimel



Tuesday 30 Shevat 5783

The Rosh Yeshiva Says:

The holy Chachamim said in (Tannis 29a) "When Adar comes, we should elevate our happiness". How can we be happy? How do we become happy? A person says, of course I want

to be happy, but I am so broken from the things that I am going through, from the things that I suffer from, let alone my struggles and how the Yetzer Horah throws me down, how can I be happy? The answer is, that the holy Rebbe gave us a way to look at ourselves, the Rebbe said in (Lekutei Mohoran 1:282 and 2:10) "Look at your good points, find the good in yourself, appreciate the fact that you are a Yid and not a Goy!"

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Mishpatim Taf Shin Pey Gimel



Wednesday 1 Adar 5783

The Rosh Yeshiva Says:

Breslever Chasidim need to be happy the entire year. The holy Rebbe writes in Lekutei Moharan that, "it is a great Mitzvah to always be happy". This is one of the hardest things to listen to the Rebbe. The Rebbe gives us many things to do, Hisbodidus, speak to Hashem, finding good in yourself, nice things that we can do, but to constantly be happy and not lose focus of it, how is this possible to do? When a person realizes that no one owes me anything, everything that I have comes from Hashem, there is nothing else other than Hashem, I thank and praise Hashem for everything that I do have, all of a sudden we start to feel happy and we feel a like we are living a heavenly life.

Today's message has been taken from a lecture from the Rosh Yeshiva at the Melaveh Malkah in Shtetel Motzei Shabbos Mishpatim Taf Shin Pey Gimel