

בעזרת ש"ת



The Light of Emunah

פְּרֵשֶׁת תְּצִוָּה

הַשַּׁע"ט



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 ... **INSTEAD OF AGONIZING
OVER PAST ACTIONS, FIND WAYS TO BRING
PLEASURE TO HASHEM.**

בעזרת ה' יתברך-יום ד' פ' בא, ג' שבט, שנת תשע"ט

Dear...

The holy Rebbe says (Likutei Mahararan chelek 1, siman 169): “The core reason one sins in **פגם הברית** is, because he feels miserable and depressed.”

Depression only brings misfortune to a person, therefore be happy with a strong determination, and push away the misery from yourself. Don't fool yourself; self-doubt and feelings of uncertainty, don't originate from the Kedushah. Thoughts whether you are worthy in Hashem's eyes; thoughts whether you will have a Tikkun or not; these are not holy thoughts, this is a trap of the Yetzer Hora to distance a person from Hashem.

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Instead of thinking of yourself, or speculating if you are worthy or not, put your ego aside and start doing Avodas Hashem. Regardless of your current status; whether you are feeling significant at the moment. What difference does it make? Instead of feeling worthless and agonizing for days after Chas Vesholom committing an Aveira, instead of becoming depressed, have Hashem on your mind, and find ways to continue bringing pleasure to him.

The holy Rebbe said (Chai Mahararan 453): “Even if I would transgress on the greatest Aveira; it would not break my spirit; I would continue being as Ehrlich as I was; and I would immediately do teshuvah.” One must not let himself be demoralized from anything in the world; even if he occasionally stumbles; one should not be influenced by his failings, instead one must continue serving Hashem, and do Teshuvah for his Aveira.

Go to Shul and Daven with Minyan; don't keep pushing it off for later; don't start your day before you don Tallis and Tefillin.

Good day.

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 ··· **CEASE CRYING, AND REALIZE
HOW BLESSED YOU ARE.**

בעזרת ה' יתברך-יום ד' פ' בא, ג' שבט, שנת תשע"ט

.... student of Bais Faiga Breslev

I don't really comprehend the reason for your tears; why should you cry when Hashem bestows you with so many blessings every day? One could think you are undergoing extreme hardships; Baruch Hashem, you are healthy, you come from a wonderful home, you have dear parents, and you are beloved between your classmates at school; aren't those good reasons to jump for joy, and stop your unnecessary tears?

You must stop crying and complaining, and start thanking Hashem for the many miracles he does with you. The holy Rebbe says (Likutei Maharan chelek 1, siman 2): "Tefilla is comparable to a sword, and this is a Yid's weaponry. Whoever merits this weapon, must know how to maximize it's potential; one must hold it securely in the center, not allow it to bend left or right." Maharosh explains: just as one is on the battlefield; he must know the correct use of his weapon; likewise, with tefilla, one must know how to Daven to Hashem. Initially one should thank and

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praise Hashem, and through doing so, the person will then enter a mindset of appreciation and gratitude. One must remember that there are people not as privileged as he, and if those people find reasons to be happy, he certainly could too. By following this path, of first praising and only then Davening for his personal needs, he will be utilizing his weapon to its utmost. One shouldn't say though "it is none of my concerns that another is less fortunate than me; how can I apply that as a benefit?" By realizing that others are not as blessed as him; he will be more thankful to Hashem for the miracles he does receive.

Therefore, cease crying and look at the wonders you do have; you aren't lacking in any aspects; except the realization: 'Hashem controls every small detail that occurs to everyone.' Open your eyes to your wealth; Maharosh quotes from the Sefer Medrash Shmuel that **עֵינַיִם, שְׁנַיִם,** "עֵשִׂיר" is an acronym for: "**יְיָ, רַגְלִים**"; when one has his eyesight, the ability to eat, hands and feet, then he is the richest man on the planet. Think of the many Yidden who don't have the capacities you do; they are Rachmana Litzlon blind, deaf, lame, or paralyzed.

Start your morning by thanking Hashem; express your gratitude for your eyesight; hearing; sense of

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smell; and ability to talk. Thank Hashem aloud for your arms and legs, and your ability to move with ease. Once you recognize the miracles Hashem granted you; not only will you find happiness, you will also lighten up your surroundings, and bring joy to your parents and friends.

I hope you will absorb my words; they will benefit you on this world and the next.

Reread this letter every day.

. . . THE IMPORTANCE OF CHINUCH.

בעזרת ה' יתברך-יום ד' פ' בא, ג' שבט, שנת תשע"ט

Dear...

Put everything aside and go home to your children; this should be your first priority.

The holy R' Nosson would say “the Chinuch of my children is as valuable to me as Tikkun Chatzos.” R' Nosson had a strong desire to go to bed early, to enable himself to rise for Tikkun Chatzos. Once he had a household of children, he put everything aside, and dedicated himself to them. He would teach them Berachos, read krias Shema with them, and prepare

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Negel Vasser; all this would restrict him from going to sleep early, but to him this was just as important as his Tikkun Chatzos.

A child whose parents lovingly remind him to read Krias Shema daily, before going to sleep, will have an easier time to remember to say Krias Shema his entire life.

Remember despite their young age, children understand and absorb everything they see; if one wishes to merit Nachas, he must behave himself with Yiras Shomayim. A child who sees that his father is a sample of Yiras Shomayim, he prepares Negel Vasser before bedtime; he recites Krias Shema; he doesn't raise his voice, or use coarse language, then he too will be Ehrlich. The child will then try to emulate his parents, and read Krias Shema, and prepare Negel Vasser, and always use refined speech.

Good night.

 ... **REFRAIN FROM TALKING WHILE DAVENING.**

בעזרת ה' יתברך-יום ה' פ' בא, ד' שבט, שנת תשע"ט

Dear...

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Be careful not to talk during Davening; especially in a Breslever Shul.

It hurts me to hear that you converse throughout the entire Davening; the holy Zohar cites (Parshas V'eschanan 266): "Woe to one who talks while Davening; with this act he severs his connection to Hashem; woe to him that he abandons his faith, and he forfeits his Chelek **באלוקי ישראל**. With his behavior he demonstrates he doesn't believe in Hashem, and doesn't believe in Hashem's presence in Shul; through his conduct he displays his disrespect to Hashem." This must awaken a person to the severity of talking during Tefilla.

Once one has children it is even more crucial to use caution in this aspect. If children see their father schmoozing during Davening, the entire concept of Tefilla loses its value to them, and they will eventually stop Davening all-together.

I beg you: take it upon yourself to refrain from talking during Davening; in this merit you will see great blessings.

Have a good day.

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 ··· **BY LEARNING YOU WILL EARN
YOUR WIFE'S RESPECT.**

בעזרת ה' יתברך-יום ה' פ' בא, ד' שבט, שנת תשע"ט

To my dear.....

A Yid once came to the holy Tzemach Tzedek of Lubavitch, and lamented on the fact that his wife treats him in a patronizing manner; she degrades and shames him. The holy Tzaddik replied: "It states in the holy Torah (Bereishis 3, 17) "ואל אישך תשוקתך", Hashem told Chavah; you will have a strong desire for your husband, but he will preside over you. The Tzemach Tzedek explained "this goes hand by hand; if you exchange the two, and the husband desires the wife, then the wife becomes the superior, and the husband the inferior."

If you will chase after your wife etc. then she will rule over you; but if you will immerse yourself in Torah, Tefilla, and especially **הפצה** then she will respect you.

I hope you understand what I am insinuating; if you conduct yourself righteously then you will merit a blessed life.

I will continue this conversation in person.

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··· UTILIZE SHABBOS TO THE UTMOST.

בעזרת ה' יתברך-ערב שבת קודש פ' בא, ה' שבט, שנת תשע"ט

Dear...

As Shabbos approaches let your mind unwind and remember the reason for your existence. On Shabbos there is no bank, no money, no stress; it is the time to nourish your Neshumah. The holy Zohar refers to Shabbos as (Parshas Vayakahal 205) **האי"י** "יומא, יומא דנשמתינ הוא ולא יומא דגופא", Shabbos is a day of rest for the **נשמה**, and not for the **גוף**.

Thus, on Shabbos Daven with Minyan; rejoice with beautiful Seudas, and remember to remain upbeat the entire Shabbos. Through doing so you will merit abundance, as Chazal state (Bereishis Raba 11, 1) in reference to the Pasuk in Mishlei (10, 22) "If one honors and keeps the holy Shabbos, and rejoices throughout Shabbos, then he will merit great wealth.

Begin learning the Daf Gemara today; your life will be transformed; you will start sensing an inner happiness and peace; something you have never felt before. Every time one merits to learn Torah, his self-esteem grows; Aveiros cause a person to feel

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worthless, they cause one to start having foolish thoughts, Rachmana Litzlon; but when one delves into the Torah, he feels an inner gratification and contentment.

Shabbos is the time when one can relieve some of the stress he has to deal with all week; Chazal say (Tana Dabai Eliyahu, Perek 1): "A person should wake up Shabbos morning, and go to Shul to learn and Daven; only then should he go home and eat the Seuda;" in order to bring pleasure to Hashem, one must learn Torah. On Shabbos when you don't have to worry about your business and bills; seize the opportunity to learn some Torah.

Have a good Shabbos.

... THE IMPORTANCE OF A PRINCIPAL IN A GIRL'S SCHOOL.

בעזרת ה' יתברך-יום ד' פ' בשלה, י' שבט, שנת תשע"ט

Dear Mrs....., Teacher in Bais Faiga Breslev

I received your letter, and read it with great caution.

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I'm sending you an excerpt from the **קונטרס "א גוטע לערערין"**; a beautiful publication Maharosh wrote, with guidance, and practical ideas how to succeed with students. Read it carefully and absorb the message it conveys.

THE IMPORTANCE OF A PRINCIPAL IN A GIRL'S SCHOOL.

It is crucial for a girl's school to have a competent principal who should stand at the helm, and make sure every aspect is taken care of. If a principal is absent, then the entire school will fall into disarray, and will not succeed.

We are all aware that the mother is the **"עקרת הבית"** – the foundation of the home; her natural instincts are to upkeep her home and create a pleasant atmosphere therein. When her home is disorderly, she will clean and organize it; if laundry accumulates, she will wash it and put it away; when the sink is piled high with dishes, she will rinse them; and so on with every other household chore; she knows the responsibility falls upon her shoulders.

When one enters a home, and the place is a mess; a jumble of clothing, toys, and dirt are strewn across the floor; stacks of dishes are teetering in the sink;

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the surfaces are buried with clutter; then it is obvious that something is amiss. Usually such a scenario points to one thing: the "עקרת הבית"- the mother is absent. And when the mother isn't home, and there is no one to take charge or take an interest in the success of the home, then such a structure can not be called a 'home'.

Similarly, in a girl's school, there must be a principal who takes charge. She must take the responsibility for every detail, and ensure the school is running smoothly. As soon as she is missing, and neglects her duties; the entire school will feel the effects; the respect for her will diminish, and everything is downhill from there.

On the other hand a principal is only human, and can also make mistakes; one can have valid complaints, and if one feels the principal's actions are not right, then they should clarify to her, how she can fix her error.

Before one contacts a principal about any aspect, whether it is about a mistake she made; or about a problem in the school; they must be aware of the acceptable way to do it. The first thing to keep in mind is, it must be done in a private setting. No one except the principal and teacher should be privy to

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the exchange. One should not discuss it with others outside the school, for ex. family, friends, or different teachers; this could Chas Vesholom destroy the school. If there are differences in opinion between the teacher and the principal; over different subjects, or different methods, on any which issue; it must stay confidential between teacher and principal only.

Therefore, when discussing an issue, it would be the smartest approach to discuss it once school has ended; either once everyone has left the school; or on the phone in the evening; in a respectful manner they will certainly find a way to even out their differences.

The second thing to keep in mind is: the conversation must be with love and understanding from both sides. The teacher should calmly explain her concern, her handle on the issue, and what she thinks the right solution is. The principal should listen and acknowledge the teacher's frustration; explain her side of things and work together for a resolution which will benefit them both, and benefit the students.

However, if a hatred develops between the teacher and principal; it will affect every other aspect of their relationship. As soon as there is a 'rebellion'

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of the teachers against the principal, a teacher has criticism against the principal, and she incites the other teachers against her, this can destroy the entire school.

Children can sense very well if trouble is brewing; they can automatically feel if the relationship between the teacher and principal changes, and they can discern if there is hostility between the two. When children see a principal and teacher lack respect for each other; or a teacher has criticism or complaints against the principal; they will follow suit, and also stop respecting their teachers. If a teacher can be disrespectful to the principal, then they certainly can too.

Therefore, this is a critical foundation in Chinuch, and must be the first priority in any school. There must be a capable principal who fulfills her duties, and takes the full weight of responsibility for the school. If there are grievances, they must be discussed in a respectful and private fashion. Both the children and the teachers must respect the principal, and only in this manner will the school be successful. The children who graduate will be Ehrlich, well behaved, and healthy individuals.

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I hope you accept this letter with positivity; show it to all the teachers.

May Hashem help you succeed in all your endeavors.

 ... **WHEN ONE LISTENS TO THE HOLY REBBE HE MERITS A BLESSED LIFE.**

בעזרת ה' יתברך-יום א' פ' בשלה, ז' שבט, שנת תשע"ט

Dear...

Don't wait until Friday to start being מעביר סדרה, instead begin on Sunday, continue on Monday, and so on, and by the end of the week you will be done with the entire Parsha.

Your week will feel different when you learn some Chumash and Rashi every day; the Baal Hatanya z"l said: "A Yid must live in the present", meaning one must live with the weekly Parsha. He must learn some Chumash and Rashi daily, and find encouragement therein for his challenges.

Set aside a time every day to learn some Mishnayos; Mishnayos cleanses a person from his Aveiros, and propels him to higher levels in Avodas

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Hashem. The holy Beis Yosef would learn forty, or even fifty Perakim Mishnayos at once; in this Zechus he merited a heavenly Malach who came and learned Torah with him.

Dear....! Run away from Machlokes! There is nothing that is so despised by Hashem as Machlokes; especially between us; Talmidei Hichel Hakodesh; we came to the Rebbe for one reason; he should help us with our problems, and struggles; therefore, we must be vigilant, and not let the Yetzer Hora interfere, because all he wants is to make us lose this world and the next.

We must fulfill what the holy Rebbe requested (Chai Maharash 292): “The world will marvel at the intense love you have for one another.” This is what Maharash would constantly review and repeat; this is what I guaranteed Maharash, and I will sacrifice everything to keep that promise; between us there will only be **שלום ושלוה**.

If you want to bring me pleasure, come and share your Siyumim with me; yesterday evening by Melave Malka, all the Bochurim and Yingeleit related what they gained through the holy Rebbe. There was a Yid here from England who came specially to spend a Shabbos in Hichel Hakodesh; he made a Siyum on

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Mishnayos and Mesechtas Sukkah; his face shone with the Simcha of a Bar Mitzva Bachur, when he starts his adult life. Another Bochur finished Mishnayos for the seventh time; he disclosed that before he knew about the Rebbe, he always found excuses why not to learn; now, while penning this letter, I received a txt from a Yid who finished Mesechtas Taanis for the forty-eighth time, and Mishnayos for the eighty-ninth. This invigorates me to continue achieving.

See what one can merit when they listen to the holy Rebbe.

May hashem help you succeed in all your endeavors.

 ··· **GUARD YOUR HEALTH.**

בעזרת ה' יתברך-יום א' פ' בשלה, ז' שבט, שנת תשע"ט

Dear...

I received your letter.

I beg you: be careful with your health; your children need a father who will raise them. If the doctor said you have diabetes, and warned you to refrain from eating sugar etc. don't take it lightly.

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Remain joyous and uplifted with all your strength; the holy Rebbe said (Likutei Maharan, Chelek 2, Siman 24): "מצוה גדולה להיות בשמחה", it is a great Mitzva to always be happy, and one should get rid of his misery and depression, "וכל החולאת הבאין על האדם, כולם, באין רק מקלקול השמחה", disease and sickness only afflict a person because he is miserable or depressed. The Rebbe continues "even the doctors admit that all the problems or illnesses people suffer from, stem only from unhappiness, and Simcha is a Refuah for everything. When a person is happy his problems resolve.

You write that you have a hard time losing weight and therefore become disheartened and depressed; do you really think that will help the situation? It will only worsen it.

Be careful what you eat; even Shabbos and Yom Tov when it is a Mitzva to eat, one must still guard his health. The most vital thing to you should be your health.

Don't despair; Hashem is with you. Open your mouth and just talk to him; empty your heart to him, and you will witness miracles.

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I'm waiting to hear that you made a Siyum on Mishnayos, or on the Rebbe's Seforim.

 ... **TAKE THE STRENGTH TO CONTINUE WITH YOUR HOLY WORK.**

בעזרת ה' יתברך-יום א' פ' בשלה, ז' שבט, שנת תשע"ט

Dear...

I hope you enjoyed the Shabbos you spent here, and you received **התחזקות** to continue spreading the Rebbe's **עצות** and encouragement in England.

It is essential for you to find a way to bolster your spirits; even if you are now going through your own personal struggles. I am also undergoing extremely hard times, which only Hashem is aware of. However, I remain strong, and try to inspire others.

You surely saw over Shabbos how many shiurim I relay; Friday night I have Bochorim over until late; Shabbos morning I give a Shiur in **ספר פעולת הצדיק**; after Davening I give another Shiur in Sippurei Maasos; then there is Shalosh Seudas, and Avos Ubonim; immediately afterwards there is the Shiur Gemara on the Daf Bavli and Yerushalmi; Melave Malka then follows; this is all accomplished despite

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everything I'm going through. No one even realizes the difficulties I face etc.; nevertheless, I continue with all my strength, and I persevere with the **עצות** of the holy Rebbe.

This Shabbos I davened and beseeched Hashem, he should give me the strength to continue illuminating the world with the Rebbe's **עצות**; do the same, don't take notice of naysayers; you continue distributing the **גליונות** to all the Shuls in your area. You cannot imagine how important this is by Hashem; Hashem has no greater pleasure than someone who tries to save others from their sins.

I have more to write to you, however, I must go to the Bochorim who are waiting for me.

May Hashem help you succeed in everything you do.

 ··· **THE GREATNESS OF A בזיון.**

בעזרת ה' יתברך-יום א' פ' בשלה, ז' שבט, שנת תשע"ט

Dear...

I hope you experienced a joyous Shabbos; we had a beautiful Shabbos, Baruch Hashem.

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On Shabbos morning, during the Shiur in ספר פעולת הצדיק (Siman 216), we discussed the Rebbe's journey to Eretz Yisroel; the Rebbe saw with his רוח הקודש that he will be Niftar on the way, in the city of Istanbul. He therefore accepted with humility the terrible בזיונות he received there, in order to remove the decree.

What we can learn from this is, when one undergoes נסיונות, or he has Machlokes or בזיונות etc. he should accept it with love; because through humiliation one can eliminate even the harshest decrees.

We spoke about the two Yingleit who degraded the Rebbe, without knowing who he was. (ספר פעולת הצדיק, סימן 217) Once they got home they received a letter from the Rebbe's Talmid R' Yitzchok, and only then did they realize that the person they shamed was the holy Rebbe. They were filled with dread, and the individual who treated the Rebbe with greater disrespect immediately died. We discussed how careful one must be with the feelings of another. One can never know who someone is, and even if their opinions differ, one may never hate another Yid. When the Yingerman hounded the Rebbe and said "you must reveal to me who you are, and why you

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are traveling to Eretz Yisroel; if you will tell me you will have great benefits”; the Rebbe simply replied “I don’t need any benefits from you; if anything, you will benefit from me”. And the Rebbe then begged him “I cannot disclose the reason I am undertaking this journey; however, I implore: please, even if you don’t understand the purpose, we can still live together in harmony.” Even if there are multiple opinions between Anshei Shlomeinu, it is not a reason to argue, and certainly not to hurt another. During the Shiur I thought of you; it’s such a shame you were not Zoche to hear such important thoughts.

I hope you will be strengthened in the following two objectives; firstly, that **בזיונות** are only here to help a person achieve greater heights; secondly, "**מה טוב ומה נעים שבת אחים גם יחד**", (Tehillim 133); even when there are diverse views on certain issues, we can still live together in peace. Likewise, when one encounters another Yid who has a different **מורה דרך**, he should not start an argument over such frivolities; there are so many other topics they could discuss which they both agree on.


Before I end this letter, I still want to ask you a personal question: “Have you done something yet today to help another Yid? Did you take the trouble

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to enrich another Yid's life with the **עצות** of the holy Rebbe? Did you do something today to bring another Yid closer to Hashem?"

Make a firm resolution, from today onwards, 'I will start accomplishing for other Yidden.' Especially during such a meaningful time; Maharosh's Yartzeit is this week Tuesday. We will ly"h gather for a Yartzeit Seuda in Yeshiva; it will be a '**כינוס המפיצים**'; to appreciate how Maharosh gave away his entire life for other Yidden, and follow his example.

Good night.

 ... **WHEN ONE HAS AN UNWAVERING FAITH IN HASHEM HIS WORRIES FALL AWAY.**

בעזרת ה' יתברך-יום ב' פ' בשלה, ח' שבט, שנת תשע"ט

Dear...

I've heard your cry, and seen your suffering over your financial struggles; however, remember: Parnassah comes from Hashem; worries are futile.

Chazal state (Berachos 4:): "Whoever recites '**תהלה**' **לדוד**' three times a day is guaranteed Oilam Haba."

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The Tefilla of 'תהלה לדוד' is written according to the Aleph-Beis, and has a Tefilla for Parnassah in the middle; this seems difficult to understand; what is the connection between saying a Tefilla written according to the Aleph-Beis, and a Tefilla on Parnassah, with Oilam Haba? R' Nosson explains (Likutei Halachos, Krias Shema, Halacha 5, 4) "When one accustoms himself to talk to Hashem using all the Aleph-Beis, and sing Tefillos of praise to Hashem, he merits to become a righteous person." When one is righteous, he conducts himself with Ehrlichkeit and holiness, he ultimately merits Oilam Haba. Likewise, when one internalizes the fact, that Parnassah comes only from Hashem; as we say "ואתה" – and you Hashem, "נותן להם" – grant all, "את אכלם בעתו" – their sustenance at the right moment, such a person, with an unwavering faith is also Zoche to Oilam Haba.

Therefore, dear brother; place your trust in Hashem. Why should you feel so despondent? How will despair help you? Just look how weary you become; instead reinforce your faith in Hashem, and review the following words "ממלא כל עלמין, וסובב כל עלמין, אין שום מציאות מבלעדיך כלל, ובכל תנועה ותנועה שם אלופו"; this translates as "Everything that happens comes from Hashem, and Hashem is everything that happens, there is no survival without him, and he is

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hidden in everything in the world”; if you constantly boost your faith with these words, your situation will become easier, and your spirits uplifted; happiness breeds success; once you will be happy, you will automatically be more successful.

May Hashem help you succeed in all your endeavors.

... A KAPITEL TEHILLIM REVITALIZES THE PERSON.

בעזרת ה' יתברך-יום ב' פ' בשלה, ח' שבט, שנת תשע"ט

Dear...

Stay strong dear brother; don't despair; this too will eventually pass.

I know you are going through a hard phase; Hashem is testing you with a difficult Nisoyan; remember though, what the holy Rebbe told R' Nosson (Sichas Haran 300): “**למען הבחירה – והנסיון**”; meaning, every challenge is a trial, to see to whom the person will turn in times of despair.

Listen to what I advise you; take a Tehillim and say a Kapitel; you'll see, everything will change. The

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holy Rebbe said (Chai Maharar 485): “A Kapitel Tehillim is comparable to a refreshing drink”; when a person is parched on a hot day, he will grab a glass of cold water to quench his thirst; likewise, when one is floundering in despair, a Kapitel Tehillim is his comfort, and will bring him salvation.

Remember to read Krias Shema before going to sleep; R' Nosson would say (Likutei Halachos, Krias Shema Shel Hamitah, Halacha 2): “When one reads Krias Shema before going to sleep at night, and is מתוודה his Aveiros; Hashem forgives him for all his sins.”

Good night.

 ··· **SET ASIDE TIME TO SAY תיקוני**
הכללי EVERY DAY.

בעזרת ה' יתברך-יום ג' פ' בשלח, ט' שבט, שנת תשע"ט

Dear...

Remember to say the 'תיקון הכללי' every day; the ten Kapitlech in Tehillim which the Rebbe revealed to us for Tikkun Habris. (Kapitel – ט"ז, ל"ב, מ"א, מ"ב, נ"ט, –
(ע"ז, צ', ק"ה, קל"ז, ק"נ

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The holy Rebbe says (Likutei Maharan, Chelek 1, 29): תיקון הכללי has the power to bring Parnassah and Yeshuous. How long does it take to say ten Kapitlech of Tehillim? Isn't it a worthy investment? Therefore, make it your routine to say it every day after Davening. When you reach Kapitel ע"ז, and say the Pasuk of "קולי אל אלקים" concentrate on the שמות (אל"ף למ"ד, אל"ף למ"ד ה"י יו"ד מ"ם).

Keep a תיקון הכללי in your Tallis bag, one which includes the שמות from 'קל אלקים' with the מילוי, as the Rebbe said (Likutei Maharan, Chelek 1, Siman 205): "One should keep the שמות in mind while saying תיקון הכללי"; Maharosh requested we print the שמות by the words of 'קל אלקים', one should concentrate on it over there. Through doing so, you will merit to rectify your sins, and earn Parnassah with ease.

I beg you; flee from ליצנות as one flees from the המות מלאך! The המות מלאך cannot do as much harm to a person as ליצנות can. ליצנות destroys a person. Machlokes and arguments that break out between Yidden are only caused by לצים.

Shlomo Hamelech said (Mishlei 22, 10): "Banish the לץ, and you will get rid of all strife and arguments." There is no greater danger than having a relationship with a לץ. Who falls into this category? Anyone who

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denigrates Ehrliche Yidden. When you hear someone slandering an Ehrliche Yid, stay far far away from him. People who mock Ehrliche Yidden are Baalei Aveira and Baalei Gaavah, and when these two elements merge; Aveira and Gaavah, the result is a לץ. As Shlomo Hamelech states (Mishlei 21, 24): "זד"- one who sins, "יהיר"- and one who is conceited, "לץ שמו"- his title is לץ. He doesn't want to accept Mussar, therefore, he scorns and ridicules the holy Torah and the Ehrliche Yidden who teach it.

By absorbing these words, you will merit blessing on this world and the next.

··· TALKING TO HASHEM CALMS A PERSON.

בעזרת ה' יתברך-יום ד' פ' בשלה, י' שבט, שנת תשע"ט

Dear...

The reason you are so confused etc., is because you don't talk to Hashem. The Pasuk says (Shemos 14, 3): "נבכים הם בארץ"- One is lost and bewildered, because "סגר עליהם המדבר"- the 'מדבר' - his mouth, is closed; this is the reason you feel so abandoned; start talking to Hashem and everything will change.

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Stop placing your trust in humans, you will just become disappointed and upset. The Navi said (Yirmiyahu 17, 5) “Cursed is the one who places his trust in other people, and doesn’t have faith in Hashem; he is comparable to a lone tree in the middle of the desert, who is forsaken, and will never see blessing. When one relies on others, he will eventually find himself alone with no one to turn to. But, "ברוך הגבר אשר יבטח בה" - fortunate is the person who trusts Hashem, "והיה ה' מבטחו", and Hashem will certainly help him.

Try with all your might to remain happy; find the strengths you possess, and rejoice with them.

The holy Rebbe said (Sichas Haran, 177): “Rejoice that you merited such a Rebbe;” where would we be without the holy Rebbe? What would we look like without the Rebbe? Just with this fact – that we merited such a Rebbe; we must rejoice.

May Hashem help you succeed in all your endeavors.

 ··· **STAY STRONG EVEN IF THE SHIDDUCH DIDN'T WORK OUT.**

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בעזרת ה' יתברך-יום ד' פ' בשלה, י' שבט, שנת תשע"ט

Dear.....

Reinforce your Emunah, Hashem is with you; even if the girl didn't want to continue with the Shidduch, don't despair; continue learning the holy Torah, and carry on your life with positivity, and you will ly"h soon find your Zivug.

After the holy Rebbe's wife passed away, the Rebbe was in Radville, and many women came to him, with the desire to marry him. The Rebbe then said (Chai Maharar 595) All of them are my Shidduchim, and every person has a certain amount of Shidduchim; every Shidduch that is suggested, is part of his ultimate Shidduch, even if it does not eventually happen. In the Rebbe's own words "sometimes one travels to complete a Shidduch, and the two parties meet, and it seems like the Shidduch will happen already, and in the end, it falls apart. One must then remember that it was essential for this to happen, because this brings a person a step closer to his true Zivug."

I ask you: return to Yeshiva and continue learning your daily Shiurim; in this merit Hashem will help you find your true Shidduch.

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··· LISTENING TO MUSIC WHILE LEARNING MISHNAYOS.

בעזרת ה' יתברך-יום ד' פ' בשלה, י' שבט, שנת תשע"ט

Dear...

I received your letter.

Stay strong with all your might and continue serving Hashem; it brings me great pleasure to hear you are completing Mishnayos for the second time, and you are **מעביר סדרה** every day.

Take no notice of the **לצים** who ridicule the Seder Derech Halimud; remember what Shlomo Hamelech said (Mishlei 31, 25): "**עז והדר לבושה, ותשחק ליום אחרון**"; and Chazal say, regarding this Pasuk (Shemos Raba 53, 2): "**אימתי התורה משחקת לאדם?**" When does the Torah show its beauty to the person? When does one reap the fruits of his labor? "**הוי ליום אחרון**", on his last day; Hashem then unveils all the Torah the person learned during his lifetime; all the Pesukim of Chumash; all the Perakim Mishnayos; the Dafim Gemara; we will then see the validity of the Seder Derech Halimud, and the greatness of whoever followed it with **תמימות** ופשיטות.

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When one mocks the Rebbe's Seder Derech Halimud, he scorns it, and claims it isn't considered learning; the Pasuk in Rus "אני מלאה הלכתי, וריקם השיבני" is applied to such a person. The Zohar explains (Zohar Chadash, Rus): His Neshumah cries "אני מלאה", "הלכתי", I came down to the world full of Torah, but: "וריקם השיבני", I am returning barren. However, one who learns with the method of the Seder Derech Halimud, returns his Neshumah overflowing with Torah.

Regarding your question if one may listen to music while learning Mishnayos; if this helps you learn Mishnayos better then it is ok.

Regarding etc.; remember the expression: "Look at me but don't touch me," if your..... has issues etc. stay far away from him.

You write that on numerous occasions you came up to me, and I didn't answer the door; please understand, there are times when I am busy and it is simply not possible to answer. However, there is another door, and every time you knock, it is answered. Approach Hashem for everything you need; Chazal cite (Megilah 12:): Mordechai Hatzaddik had several names, "בן יאיר"- he illuminated the Yidden's Life with his Tefillos; "בן שמעי"- He beseeched

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Hashem, and his Tefillos were answered; "בן קיש"- "שהקיש על שערי", "רחמים ונפתחו לו", he knocked on the heavenly doors, Hashem should remove the evil decree – and he was answered.

May Hashem help you succeed in everything you do.

 ... **PURSUE ONLY EHRliche FRIENDSHIPS.**

בעזרת ה' יתברך-יום ד' פ' בשלה, י' שבט, שנת תשע"ט

..... Student of Bais Faiga Breslev

I received your letter.

I am very pleased to hear you only befriend girls who use refined speech, and when you hear another girl use **ניבול פה**, or someone texts you with foul language, you sever your contact with her, or reply you want to end the relationship. I reread your letter a few times, it makes me very proud that in 'Bais Faiga' we only have students, who aspire to be holy.

It is a great pity on girls who watch movies behind their parent's backs; they think they are fooling only their parents, but at the end of the day, they will suffer the consequences their entire life. When one


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watches inappropriate movies Rachmana Litzlon, they are harmed for life; this propels them to bad decisions which are dangerous for them ברוחניות ובגשמיות.

I suggest you show this letter to the girl who told you that she has a laptop, and watches movies all night; she should realize that she is only hurting herself by watching movies secretly; she thinks this will bring her joy, but it is just the opposite, she will only become more depressed.

In conclusion: you remain strong, and only befriend Ehrliche girls; Baruch Hashem, all your classmates are Ehrlich, socialize with them.

May Hashem help you succeed in all your endeavors.

 ... **OCCUPY YOURSELF WITH WHAT IS IMPORTANT; DON'T BE BUSY WITH OTHERS.**

בעזרת ה' יתברך-יום ד' פ' בשלה, י' שבט, שנת תשע"ט

Dear...

מי שגמלך כל טוב היא יגמלך כל טוב סלה

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Thank and praise Hashem for the miracle he granted you, that you were saved from such an accident; take it upon yourself to refrain from engaging in dangerous activities, and you will soon find your Shidduch.

Heed my words and do not apply for motorcycle license; Maharosh was very against it. It is a very dangerous sport, and it is not worth to risk your life for a few minutes of pleasure.

Regarding your aunt etc.; you stay in the sidelines, and don't get involved. I beg you: never hurt another Yid. Even if he isn't right, he refuses to give a Get, and he duped your aunt etc.; don't take any reckless actions. Especially in this case, where it is no concern of yours. If you really want to help your aunt, Daven for her, and for all Klal Yisroel, that their suffering should come to an end.

You have experienced the taste of 'Ungarishe Vein' (see Chai Maharani, 260) since you came to the Rebbe; thus, utilize the שכל the Rebbe granted you, and don't be busy trying to save the world; instead focus on learning Torah and doing Mitzvos. Make sure to learn ח"י Perakim Mishnayos daily, and many Dafim Gemara; by doing so you will merit peace of mind; it will remind you that we are only here for

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a short while, and soon we're returning our souls to our creator; it's foolish to be busy with another's concerns.

May Hashem help you succeed in everything you do.



THE GIFT OF OUR GENERATION - "MAHAROSH" ZECHER TZADDIK LIVROCHA.

בעזרת ה' יתברך-יום ה' פ' בשלה, י"א שבט, שנת תשע"ט

Dear...

I want to personally invite you to the Yahrzeit Seuda for Maharosh z"l, which will take place next week Tuesday evening Iy"ch; we will strengthen one another with the gift Hashem granted our generation, Maharosh Zecher Tzaddik Livrocha – who elevated us from our darkness, and brought us to live with Hashem.

All the Shiurim you hear from me, and all the letters you read; these are the דיבורים of Maharosh; all the עצות and הדרכה you received in yeshiva, is from Maharosh, and he simplified it from the holy Rebbe. All the letters you read from 'עצתו אמונה' (The Light of Emunah) – this is Maharosh.

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The most beautiful gift Hashem granted me, was, when I became aware of the holy Rebbe, through Maharosh z"l.

I hope you will attend the Yahrzeit Seuda, I want to strengthen you to also become a **מפיץ**. The Yahrzeit Seuda will be a '**כינוס המפיצים**'; I'm not traveling to Eretz Yisroel for the yahrzeit, only because I have an obligation from Maharosh to continue encouraging the Bochorim, and Yingeleit they should engage in **הפצה**.

If your wife is willing to prepare something for the Seuda, she can contact Mrs...

May Hashem help you succeed in all your endeavors.

 · · · **REGARDS FROM SCHOOL.**

בעזרת ה' יתברך - עש"ק פ' בשלח, י"ב שבט, שנת תשע"ט

To our Principal Mrs....

I want to send you regards from school; I was there yesterday, I don't know where else one can find such respectful girls with such wonderful Middos. The atmosphere in school radiates such positivity,

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and happiness, you can feel Hashem's presence. One can see the efforts you put into the students.

The girls constantly send me letters that they completed Tehillim; they know what is important in life; they all want to get married, and they know what to focus on. They understand that their friends are not the most important part of their lives, they realize that their purpose in life is, to get married and raise a generation of Ehrliche Yidden.

Baruch Hashem, we have a wonderful Cheder too; the boys also live with Emunah and the Rebbe's **עצות**, but by the school it is evident. After all, every Cheder learns Torah with the boys; but, where in the world is there another school which puts so much focus on Emunah? Where else are girls taught and trained to live with Hashem every second of the day? Thus, in great amazement I am writing this letter, after observing the girls behavior.

Thank you for giving a shiur to the newlyweds, the graduates of Bais Faiga; to instruct them how to be a devoted wife and mother etc. Iy"h in a short while there will be more Kallahs; more Yiddishe Mames to teach, how they can merit a sweet life by following the **עצות** of the holy Rebbe.

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May Hashem grant you strength to return to school; the girls are waiting with longing for their principal.

Regards from your dear husband; he learns in Kollel with great dedication from morning until night. I have seen many Kollelim already; I also learned in Kollel for many years, but it is hard to find such commitment anywhere else.

Regards from your son....; I tested his Kitah this week Sunday; he is fluent in Mishnayos, and learns very well.

May Hashem help you succeed in all your endeavors.

 ... **CREATE PEACE AT HOME.**

בעזרת ה' יתברך - עש"ק פ' בשלח, י"ב שבט, שנת תשע"ט

Mrs...

I received your letter.

You are not right; this is not the way a Yiddishe woman may behave; you cannot talk to your husband like that.

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I ask you; don't torment your husband. Especially that he is so good to you; he gives you everything you need, and helps you at home; why do you have to suck the life out of him? It is a great Aveira for a wife to hurt her husband like that.

I beg you, create peace; request forgiveness still before Shabbos, so you enter the holy Shabbos in happiness and harmony.