



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Vayeitzei 5785

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Thursday 27 Cheshvan 5785

Not The Boogeyman

The Rosh Yeshiva Says:

Don't think that the Ehrlicher Yid who doesn't have access to the outside world, is missing out on any fun or chilling, only those who live with Hashem and follow Halacha have a good life. A child thinks why he can't climb out of a window, why can't I hold a knife, why can't I jump off a roof?? The answer is simple, if you jump off a roof you're going to get hurt and you can die, and if you put a key inside an outlet it can kill you. We don't get upset when the Doctor tells us we can't do things, but with Hashem and the Torah we complain about all the things that we can't do. Hashem is not the boogeyman who tells you what you can't do, Hashem is full of mercy. We must know that those who keep the Torah and Halacha are the ones who have a good life, and we receive a tremendous amount of rewards for it.

Today's message has been taken from a Chizuk Yomi in Yiddish Monday Parshas Toldos Taf Shin Pey Hey



Friday 28 Cheshvan 5785

Emunah Brings Happiness

The Rosh Yeshiva Says:

The first Pasuk in this week's Parsha says that Yitzchak was the son of Avraham and Yitzchak was born to Avraham. If Yitzchak was the son of Avraham, surely Avraham was his father. What is the reason for this repetition? Avraham is Emunah, and Yitzchak is the Middah of Simcha. When a person is happy, he becomes a Ben Avraham, a person of Emunah, but it doesn't end there, Avraham bore Yitzchak, meaning Emunah brings Happiness, Emunah keeps a person B'Simcha, no matter what challenges he may face throughout his life.

Today's message has been taken from Chizuk from the Parsha in Sparks of Emunah Parshas Toldos Taf Shin Pey Hey



Sunday 30 Cheshvan 5785

One Less Look

The Rosh Yeshiva Says:

Reb Nosson had a private "Upper Room", a room in the attic where he used to sit to learn and serve Hashem. From the window in this room,

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you weren't really able to see much as there wasn't such a good view. Yet, the curtains were always closed to the outside window because he used to say that, " One less look in this world, is much better".

Today's message has been taken from Shmisen In Gedanken in the Yiddish Gilyon Parshas Toldos Taf Shin Pey Hey



Monday 1 Kislev 5785

An Open Door

The Rosh Yeshiva Says:

Being able to speak to Hashem feely is the most valuable tool a person can possess. The Degel Machane Efraim in (Parshas Bechukosai) relates the following Mashal in the name of his holy grandfather, The Baal Shem Tov: There once was a king who said that he would grant everyone in his kingdom anything they requested. Some asked for money, others asked for honor and fame, or for revenge on their enemies. However, one wise man asked if he can speak to the King every single day. He knew that with an open door to the King's palace, he would always be able to ask the King for all he would ever need.

Today's message has been taken from a letter from the Rosh Yeshiva in Sparks of Emunah Parshas Toldos Taf Shin Pey Hey



Tuesday 2 Kislev 5785

Only A Bracha

The Rosh Yeshiva Says:

A busy mother, is a blessed mother. An upside

down house, is a blessing. It's unfortunate for a home without any children where everything is sparkling and in order. A house that's flying and the kids are busy etc., is only a Bracha. Just as Rebbi Gamilel told his daughter in (Bereishis Rabah 26:4), "You should never stop saying, "Ohy Vey". A good piece of advice not to have a nervous breakdown, is to go to the window, look up at the sky and say, "Hashem, I am giving myself over to you". The more we do this, the stronger our nerves become.

Today's message has been taken from a letter from the Rosh Yeshiva in the Kiryas Breslev Bletel Parshas Toldos Taf Shin Pey Hey



Wednesday 3 Kislev 5785

Days and Years Pass

The Rosh Yeshiva Says:

Days and years pass, and those who listen to the Rebbe will merit to get to the highest levels. Just as the Rebbe said in (Chayei Moharan 354), "There are two types of people who I feel bad for, the ones who are not close to me, and for those who know about me but they don't listen to me. This is because I know that the time will come that we will lie on the floor with our feet facing the door, and then such a person would have great regret why he didn't listen to me, because if he was close to me and he would of listened to me there would of not been a level on this world that he would of not attained, but by then it would of been too late.

Today's message has been taken from a letter from the Rosh Yeshiva Sunday Parshas Vayeitzei Taf Shin Pey Hey