



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Vayigash 5784

Vol 1:54

Thursday 2 Teves 5784

Breathe In and Out

The Rosh Yeshiva Says:

We are going to be lighting the last candle tonight. The Rebbe said that Chanukah is a time to thank and praise Hashem. Everyone has struggles, we are full of troubles, and the Rebbe gave us some advice as to how to make our life easier. The Rebbe said that if a person searches for any good that can be found inside his troubles, and he thanks Hashem for that good, he can start to feel the taste of the world to come. Try it, even if you don't know what the next step is, just say thank you Hashem that I can breathe in and out. How lucky we are that I can simply breathe.

Today's message has been taken from a lecture from the Rosh Yeshiva Tuesday Parshas Miketz Taf Shin Pey Daled

Friday 3 Teves 5784

Only One Thing

The Rosh Yeshiva Says:

Parshas Miketz typically falls out every year on Shabbos Chanukah. However, this

year we had Parshas Vayeishev during Chanukah. Chanukah comes at a time when we are in the Parsha speaking about Yosef, and everything that Yosef Hatzadik had to go through. Mohorosh always said that when Yosef asked the Saar Hamashkim to get Paroah to let him go, he said "Yes of course", and Rashi says that on that same day, he forgot about Yosef. Rashi said that he ended up having to stay for another two years in jail. This was to remind Yosef that no one can help him besides Hashem. Chanukah shows us that there is no nature, no friends, there is only one thing, Hashem.

Today's message has been taken from a lecture from the Rosh Yeshiva Wednesday Parshas Miketz Taf Shin Pey Daled

Sunday 5 Teves 5784

Look Up At The Sky

The Rosh Yeshiva Says:

Get out of your small mindedness! Hashem is so great, he will help you. It will get better for you, just keep on going to Hashem and only rely on him. The Rebbe once asked

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someone, "Did you look up at the sky today?". The Rebbe understood that this person's head was so stuck in finances that it would be harmful for him to think about money so much. Therefore the Rebbe gave him some advice, to look up at the huge sky and it will broaden your mindset.

Today's message has been taken from a letter from the Rosh Yeshiva Thursday Parshas Miketz Taf Shin Pey Daled



Monday 6 Teves 5784

Up To Date

The Rosh Yeshiva Says:

The holy Bal Hatanya said, "A Yid must live with the times". He must be "Up to date". He heard this from his holy Rebbe, The Magid, and The Magid heard it from the holy Bal Shem Hakadosh, and the Bal Shem Hakadosh heard it from the Neshamos that came from Shamayim to learn Torah with him. What does it mean to live with the times? This means to learn the Parsha Hashavua. To learn everyday a little Chumish, a little Targum, and if we merit a little Rashi as well. This way you can see what you need to do with your time.

Today's message has been taken from a lecture from the Rosh Yeshiva for Avreichem Thursday Parshas Miketz Taf Shin Pey Daled



Tuesday 7 Teves 5784

Abundance Of Wealth

The Rosh Yeshiva Says:

I beg you dearly, be careful not to have the bad manner of being stingy. Money is meant to be used. If your wife needs something for the house, you should give her money. The Rebbe clearly told us that our entire wealth comes only in the merit of treating our wives with respect, sourced in (Lekutei Moharan 1:69). Therefore, if you will honor your wife, you will have an abundance of wealth.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Miketz Taf Shin Pey Daled



Wednesday 8 Teves 5784

The Same Desire

The Rosh Yeshiva Says:

Beg Hashem to never let you forget what the Rebbe gave you. The holy Reb Nosson used to say that the Rebbe gives us such beautiful things, and he brings us to such high levels, he brings us to Hashem, and to the holy Torah etc. etc. However, the Yetzer Hora comes along and makes us forget all that we have received from the Rebbe. We must beg Hashem a lot that we should always have a feeling to the Rebbe, and we should keep the same desire that we had when we first came.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Miketz Taf Shin Pey Daled