



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Miketz 5784

Vol 1:53

Thursday 24 Kislev 5784

A Lifesaver

The Rosh Yeshiva Says:

Today we will begin the holy days of Chanukah. We are going to light the holy Menorah. It is written by the holy Tzadikim, that when a Yid lights the holy Menorah, he illuminates all of the worlds. These holy days are upon us and it's a really tremendous time to renew ourselves, to come back to Hashem. When we sit by the Chanukah candles, we should utilize the time to move our lips and speak to Hashem with a few words. It's amazing that the Rebbe gave us a lifesaver to speak to Hashem and ask him to help me with anything I need.

Today's message has been taken from a lecture from the Rosh Yeshiva Sunday Parshas Vayeishev Taf Shin Pey Daled

Friday 25 Kislev 5784

Happy, Jumpy Person

The Rosh Yeshiva Says:

The Pasuk says that "Hashem was with Yosef, and he succeeded". Chazal said in (Bereishis Rabah 86:5), "Yosef was a happy, jumpy person". He was always upbeat and

happy. He was always dancing for joy. The holy Rebbe said in (Lekutei Moharan 2:24), "It is a great Mitzvah to constantly be happy". The Rebbe expounds there, that all sicknesses come only because a person is not happy. When a person is always happy, he gets cured from all diseases. When Moshiach will come, there will be such great happiness, and through that happiness, everyone will be healed from all sicknesses and problems.

Today's message has been taken from Ah Vort Oif Der Parsha in the Yiddish Gilyon Parshas Vayeishev Taf Shin Pey Daled

Sunday 27 Kislev 5784

Renewal

The Rosh Yeshiva Says:

Chanukah is the term of renewal, as used as "Chanukas Hamizbeiach". We begin from fresh to be an Ehlicher Yid. We start with going to the Mikvah before lighting the Chanukah candles, and to make sure not to miss a day without going to the Mikvah. The Yetzer Horah makes a person tired and worn out, but the Rebbe is greater than the Yetzer Horah, and he refreshes us to restart again. Let's make a new beginning, and Hashem

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should give us the strength to continue on with our lives full of Torah, Teffilah, and Yiras Shamayim.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Vayeishev Taf Shin Pey Daled



Monday 28 Kislev 5784

Darkness Into Light

The Rosh Yeshiva Says:

The holy Zohar says in (Hakdomah 4), that everyday a Bas Kol goes out from Shamayim calling out: "Who can turn darkness into light?", "Who can turn bitterness into sweetness?", "Who is waiting everyday for it to become light?". This person will have a portion in the world to come. When a person merits to turn his bitter life into a sweet life, and his darkness into light, he knows that in the darkness, is Hashem, and in the bitterness, the sweet Hashem hides, this person is a Tzadik and will merit Olam Habah. Chanukah has such light, we start to see that everything is Hashem.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Vayeishev Taf Shin Pey Daled



Tuesday 29 Kislev 5784

Find The Good

The Rosh Yeshiva Says:

Everyone has something that they are going through. Everyone gets tested with

difficult challenges. However, when we look into it we can see Hashem's kindness, we can see the beauty in the darkness. This is what we learn from Chanukah. Everything was impure, only one flask of oil was left pure, and with this we made a Yom Tov out of it. What would have been if the Chashmonoyim weren't Breslevers? Instead of making a Yom Tov, they would have made a Fast Day, they lived with "Azamra" Sourced in (Lekutei Moharan 1:282), to find the good aspect, and from that make it into a whole ordeal.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Vayeishev Taf Shin Pey Daled



Wednesday 1 Teves 5784

Don't Get Nervous

The Rosh Yeshiva Says:

The holy Rebbe said in (Lekutei Moharan 2:2), "The days of Chanukah are a time of thanking and praising Hashem for all the kindness that he does for us". The more we praise him, the closer we become to him. When we light the Menorah, we must light it with happiness. Don't get nervous about any type of pressure, put an emphasis more on that. Remember, nothing has to be a certain way, only one thing needs to be enforced with all your might, to be happy. To be happy with Hashem, and be happy with the Torah.

Today's message has been taken from a letter from the Rosh Yeshiva in the Gilyon Shiurei Chinuch Parshas Vayeishev Taf Shin Pey Daled