



# THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Eikev 5783

Vol 1:37

**Thursday 9 Av 5783**

## What Is Destruction?

### **The Rosh Yeshiva Says:**

Right now we are saddened over the destruction of the Beis Hamikdash. However, we must know that the holy Gemorah says, "Whoever has sense", meaning whoever knows that there is a creator of the world, whatever you see, all sorts of creations is all a outer clothing of Hashem. Therefore, "Whoever has sense, is as if this person has the Beis Hamikdash". What is destruction? Our minds and hearts are destroyed! We forgot that there is a creator. When a person gives himself completely over to Hashem, that everything is Hashem, such a person has the Beis Hamikdash.

Today's message has been taken from a Chizuk Yomi in Yiddish Tuesday Parshas Vaeschanan Taf Shin Pey Gimel



**Friday 10 Av 5783**

## Hashem Is Comforting Us

### **The Rosh Yeshiva Says:**

Shabbos Nachamu is a very big Shabbos.

Hashem is comforting us. It's true that we don't have the Beis Hamikdash and we are in the bitter Galus, but we have Tzadikim, and we have the holy Rebbe. The Rebbe comforts us, "Nachamu" is like the Rebbe's holy name "Nachman". When we learn the Rebbe's Seforim or we hear the Rebbe's voice, we immediately start to have a yearning towards Hashem.

Today's message has been taken from Ah Vort Oif Di Parsha in the Yiddish Gilyon Parshas Vaeschanan Taf Shin Pey Gimel



**Sunday 12 Av 5783**

## Fasting and Discomfort

### **The Rosh Yeshiva Says:**

It is well known that the Arizal told his Talmud Reb Chaim Vital that he was able to get to where he was through Simchas Hamitzvos. This is something even simple people can do. People think that we need to do difficult things to be an Ehrlicher Yid, like fasting and discomfort, but this causes us to give up on serving Hashem. However, Tzadikim revealed to us that we don't need to do these things and only have Simcha. To be happy that we are not a Goy and do the

>>>>

Mitzvos that we do, this brings us to the highest level.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Vaeschanan Taf Shin Pey Gimel



**Monday 13 Av 5783**

**Hashem Loves You**

**The Rosh Yeshiva Says:**

If you are going through difficult bitter hardships, then take it as a Chizuk. Because when everything goes well, then we need to worry that it's possible that 'I am not by the Kedusha!'. Take your hardships as Chuzuk that Hashem loves you, as it says in (Mishlei 3:12), "Hashem brings hardships to those who he loves".

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Vaeschanan Taf Shin Pey Gimel



**Tuesday 14 Av 5783**

**In Your Natural Way**

**The Rosh Yeshiva Says:**

Don't get confused about anything, speak to Hashem in your natural way. Ask him for every thing just like you would ask your father or how we speak to our friends. Ask him for anything you want, beg him with mercy but not by demanding. The Rebbe said in (Lekutei Moharan

1:196), "A person can not demand from Hashem, because Hashem will do to him as he wishes", therefore "We must beg with mercy just like we would ask someone to have mercy on us, then if Hashem will help him, it will be good, and if Hashem will not help him then, No". Fortunate are those who ask Hashem for anything.

Today's message has been taken from Q&A in the Yiddish Gilyon Parshas Vaeschanan Taf Shin Pey Gimel



**Wednesday 15 Av 5783**

**Don't Get Fooled**

**The Rosh Yeshiva Says:**

We must beg Hashem that we should not get fooled in this world. The Rebbe said in (Sichas Haran 51), "Accept this from me, the world is fooling you, don't get fooled". The Rebbe also said in (Sichas Haran 6), "The Yetzer Horah is compared to a person who runs in between people with closed hands and fools everyone, they all think that he has something in his hands and therefore they are running after him, then afterwards he opens up his hands and there is nothing there. This is the Yetzer Horah, he talks us into running after him, and in the end we leave this world empty handed.

Today's message has been taken from a letter from the Rosh Yeshiva Monday Parshas Eikev Taf Shin Pey Gimel

