



# THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Pesach 5785

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**Thursday 5 Nissan 5785**

## Hold The Matzah

### **The Rosh Yeshiva Says:**

The holy Zohar says that Matzah is food of healing, and food of faith. This can be understood because the Rebbe said in (Lekutei Moharan 2:5), "There are some diseases that don't have any cure". This is something that the Rebbe knew would be necessary for our generation in 2025. A disease without a cure is, Mental Illness. The medicine that is given today for Mental Illness is only to allow a person to continue on living, but to be cured, on Emunah will heal him completely. The Rebbe said that when we hold the Matzah we are actually holding Hashem, as he was the one who created such a product.

Today's message has been taken from a lecture from the Rosh Yeshiva Tuesday Parshas Vayikrah Taf Shin Pey Hey



**Friday 6 Nissan 5785**

## Be Like Moshe

### **The Rosh Yeshiva Says:**

Rashi says (Vayikrah 1:1), The voice of Hashem traveled to Moshe Rabbeinu's ears,

and no one else heard it. Hashem speaks to every person all the time; every occurrence is like Nevuah, in a sense, yet we must be wise enough to hear and take a message from it. When a person works on his emunah and internalizes that anything that occurs is only because Hashem willed it to be so, he can be like Moshe Rabbeinu, standing among thousands of people yet being the only one to hear the voice of Hashem calling out to him. Emunah is the key to a connected life, a pain-free life, a joyful life in Olam Haze and in Olam Haba.

Today's message has been taken from Chizuk from the Parsha in Sparks of Emunah Parshas Vayikrah Taf Shin Pey Hey



**Sunday 8 Nissan 5785**

## Scrubbing and Scraping

### **The Rosh Yeshiva Says:**

Now that we are getting closer and closer to the Yom Tov of Pesach, and we are busy cleaning, we must know that everything we do here in this world, every move, every stretch, every deep breath, is seen from Shomayim. The holy Kedushas Levi said that the work that the women do before Pesach, all the scrubbing,

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scrapping and Kashering creates Malachim, the same Malachim that are created on Rosh Hashanah when we blow the Shofar. Therefore, we must be very happy that we are busy with such holy work.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Vayikrah Taf Shin Pey Hey



**Monday 9 Nissan 5785**

### **Working Hard with Mitzvos**

#### **The Rosh Yeshiva Says:**

A woman once came to the holy Steipler Goan and said that she doesn't have any strength. The Steipler said, "On Rosh Hashanah it's written how much strength every person will have, and how much they need to struggle. If you will try to get out of your hard work, then you will have other difficulties that will arise. The same is true by Pesach cleaning, if we try to get out of it, we will have some other type of hard work. Therefore, be happy that we are working hard with Mitzvos, and we are preparing for Pesach with our children, and doing good things.

Today's message has been taken from a letter from the Rosh Yeshiva in the Yiddish Gilyon Parshas Vayikrah Taf Shin Pey Hey



**Tuesday 10 Nissan 5785**

### **The Door for Eliyahu**

#### **The Rosh Yeshiva Says:**

The Pasuk says that Eliyahu Hanavi will

come to tell us that Moshiach has arrived. The Rebbe told Reb Nosson that when he was in Eretz Yisrael by the cave of Eliyahu Hanavi, he imagined how Eliyahu Hanavi was standing there speaking to Hashem. Reb Nosson was impressed by this as Eliyahu Hanavi was a regular person and was able to reach such high levels just by speaking to Hashem. On Pesach, when we open up the door for Eliyahu Hanavi, we need to learn from him to speak to Hashem and then we will be redeemed from exile.

Today's message has been taken from Mohorosh Dertzeilt in the Yiddish Gilyon Parshas Vayikrah Taf Shin Pey Hey



**Wednesday 11 Nissan 5785**

### **Out of Mitzrayim**

#### **The Rosh Yeshiva Says:**

The holy Rebbe's name - Nachman, is the same Gematria as Pesach. The main aspect of the holy Rebbe is to take us out of Mitzrayim. This means to take out the restricted, to take a person out of his own Galus, his 'Meitzar Yam', his Small-Mindedness. The Yiden were freed from Mitzrayim through Peh-Sach, by speaking to Hashem, and this is what the holy Rebbe teaches us, to speak to Hashem in our own language, and this way we will be freed from our personal Galus, as well as the big Galus.

Today's message has been taken from Shmisen In Gedanken in the Yiddish Gilyon Parshas Vayikrah Taf Shin Pey Hey

