



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Vayikrah 5785

Vol 12:10

Thursday 27 Adar 5785

Help Your Wife

The Rosh Yeshiva Says:

Help prepare for Pesach at home. Help your wife, and specifically make sure to give her good words and listen to her. This is what gives a woman strength, when she feels that her husband listens to her and respects her. Make sure that during these days to be very happy. Don't be busy with stringencies, just be looking for ways to be happy. The Rebbe was very against stringencies, as the Chachamim said in (Brochos 25a), Hashem didn't give to the Torah to Angels, rather to us human beings according to the way that we can accept it. May we merit to fulfill everything that Hashem says in the Torah with simplicity, because the main aspect of Yiddishkeit is simplicity, and we should be happy just by simply keeping Torah and Mitzvos.

Today's message has been taken from a letter from the Rosh Yeshiva Wednesday Parshas Pekudei Taf Shin Pey Hey



Friday 28 Adar 5785

Clouds and Darkness

The Rosh Yeshiva Says:

This week's Parsha teaches us that the

Mishkan was the place where the Shechina rested and spread Hashem's light all over the world, but there was a cloud above it. That's the way of the world: before achieving holiness, you will first have to contend with clouds and darkness. Getting discouraged? Remember that even when it's dark, the fire of Hashem burns within; for you, and for every single Jew! – No matter where you find yourself and no matter what you've done until now, there's always a way for you to return to Hashem

.Today's message has been taken from Chizuk from the Parsha in Sparks of Emunah Parshas Pekudei Taf Shin Pey Hey



Sunday 1 Nissan 5785

Three Boxes of Compote

The Rosh Yeshiva Says:

Pesach has become such a huge commotion and such a big pressure. I don't know who started it that Pesach is such a big deal, but Pesach is an innocent and beautiful Yom Tov. There is such a tremendous hype that everyone has to purchase paper goods to last the entire year! What do you want from me? What? They squeeze people into getting everything right now all at once. I don't need

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three boxes of Compote, I don't even eat Compote! They manipulate people into thinking that a hunger is coming. All you need is Matzah and some Grape Juice and you are a free man.

Today's message has been taken from a lecture from the Rosh Yeshiva Thursday Parshas Pekudei Taf Shin Pey Hey



Monday 2 Nissan 5785

During Cleaning

The Rosh Yeshiva Says:

Fortunate is the one who, during cleaning his house, speaks to Hashem and sings to Hashem. This will bring you to the highest levels. Just as the Rebbe said (Sichas Haran 154), He spoke with many Tzadikim, and they told him that they were not able to reach their levels without simply speaking and conversing with Hashem. They spoke a lot to Hashem in a simple manner, and they conversed with Hashem a lot. This was the only way that they were able to reach the levels that they had achieved.

Today's message has been taken from Q&A in the Yiddish Gilyon Parshas Pekudei Taf Shin Pey Hey



Tuesday 3 Nissan 5785

The Holy Preparations

The Rosh Yeshiva Says:

Make sure that during these days before Pesach when we are so busy getting ready for the holy Yom Tov, we don't get angry or get into any arguments. There is no interest in all

the preparations if they are done with anger and fighting. You should also keep a sharp eye on your kids during these days. Include

them in the holy preparations, take them to the Matzah Bakery, take them shopping, call them to do the car, they should be busy with good things and not roam around free without any supervision. Children don't grow up on their own, if we invest in them, and we beg Hashem, we will merit beautiful Ehrlicher generations.

Today's message has been taken from a letter from the Rosh Yeshiva in the Gilyon Shiurei Chinuch Parshas Pekudei Taf Shin Pey Hey



Wednesday 4 Nissan 5785

His Own Galus Mitzrayim

The Rosh Yeshiva Says:

As we are preparing for the great Yom Tov of Pesach, when we will merit to get out of all impurity, as Pesach is a time when every Yid goes out of his own Galus Mitzrayim, as Chazal said in (Pesachim 116b), "A person must view himself as if he himself left Mitzrayim". Therefore we must Daven to be B'Simcha even more so, because at the same time, the Yetzer Horah finds ways to upset a Yid. He looks to steal away his greatness in holiness. He makes fathers get upset at his kids, or he makes a husband and a wife argue.

Today's message has been taken from The Therapy Gilyon #31

