



THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Metzora 5784

Vol 71

Thursday 3 Nissan 5784

Food of Emunah

The Rosh Yeshiva Says:

We need to be very happy that very soon we will be eating the holy Matzah. The Zohar in (Shemos 183), says that the Matzah is called 'Food of Emunah'. Through Emunah we will be redeemed, as the Rebbe said in (Lekutei Mohoran 1:7), "The main part of Galus is lack of Emunah". What is Galus? That we don't have Emunah. When we would have Emunah, and know that everything is Hashem, then we would be redeemed from all problems.

Today's message has been taken from the Yiddish Gilyon Parshas Shmini Taf Shin Pey Daled



Friday 4 Nissan 5784

Live At Peace

The Rosh Yeshiva Says:

A Metzora sits outside the Machane, isolated from other people. The holy Rebbe said in (Lekutei Mohoran 1:14), If a person wants peace, he wants to live at peace with other people, with his wife, and with him himself, he must have Yiras Shamayim. He must constantly know and remember that only Hashem runs the world. Once we get this into our heads, then we won't disagree with anyone, because we will know that no

one is at fault, and everything is done by Hashem's good.

Today's message has been taken from Ah Vort Oif Der Parsha in the Yiddish Gilyon Parshas Tazria Taf Shin Pey Daled



Sunday 6 Nissan 5784

Clean My Inner Self

The Rosh Yeshiva Says:

While we are in the midst of cleaning the Chometz, we must remember what Reb Nosson told someone who didn't have any money for Pesach. Reb Nosson told him, "For Pesach there will be, but how can we bring the Pesach itself". We can actually see that for Pesach everyone has wine, Matzos and all good things. We need to beg Hashem, Help me merit to speak to you, and remember that no one can do anything to me, everything is from you. Help me have pure eyes, a pure mind, and a pure heart. Help me clean my inner self that it shouldn't be Chometzdig from the Yetzer Horah.

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Tazria Taf Shin Pey Daled



Monday 7 Nissan 5784

Extra Mehudar Wine

The Rosh Yeshiva Says:

Every Pesach, Mohorosh used to tell the

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following story: Reb Dovid of Mikolev was a close Talmid of the holy Baal Shem Tov. One year, he decided to make wine for his Rebbe for Pesach. How he toiled over the wine... He was busy with Kavanos, Inyanim, and Chumros, all so that the Baal Shem Tov should have extra-mehudar wine for Pesach. Reb Dovid guarded his precious barrel carefully as began his trip home. To his great dismay, the border police officer flippantly flicked open the barrel, rendering all the wine Yayin Nesech and unusable. Empty-handed, Reb Dovid returned to his Rebbe and brokenly told him the entire story. The Baal Shem Tov gently asked him, "Did you remember to ask Hashem for it to work out well?" The Baal Shem Tov was right. He has forgotten to daven for success, and that was why his efforts didn't bear fruit.

Today's message has been taken from Q&A in Sparks of Emunah Parshas Tazria Taf Shin Pey Daled

Tuesday 8 Nissan 5784

A Joyful Yom Tov

The Rosh Yeshiva Says:

Without Tefila, everything is a waste of time. Take a few moments each day to ask Hashem to grant you a joyful Yom Tov and protect you from eating Chometz, Chas Veshalom. This is how you will be zoche to a beautiful Yom Tov. You can use this Teffila to Daven everyday, 'Hashem, please help me be Mekabel the Yom Tov of Pesach with joy and protect me from even the tiniest piece of Chametz. What should I do if Yomim Tovim fill me with so much tension? Every time Yom Tov nears, I become

stressed and anxious. Help me not get upset at my wife and children, and make me love spending time with them. Hashem, please give me the gift of living with Emunah, and help me remember that you are always with me.

Today's message has been taken from Q&A in Sparks of Emunah Parshas Tazria Taf Shin Pey Daled

Wednesday 9 Nissan 5784

Don't Need Police

The Rosh Yeshiva Says:

The holy Kedushas Levi was once walking in the street on Pesach, when he asked a simple Yid if he can give him a bottle of beer? He said, Beer? What's with you? The Torah doesn't allow us to drink beer on Pesach! He offered to give him \$100, yet he said that the Torah doesn't allow it. He was offered \$1,000, No, the Torah doesn't let. He was offered \$10,000! Again he said, what's with you? Live me alone! He walked away and saw a Russian, and asked him if he has any Illegal Satin for some Ruble? The Russian said, Shh quiet, put the money down on the side and take the satin. The Kedushas Levi said, "Rebono Shel Olam! Look, you wrote in the Torah that for seven days we should not have any Chometz, and we don't need any police or law enforcement, in this merit that Yiden are preparing for Pesach with the holy Matzos, and we are cleaning for any Chometz, this will make sure that we will not be damaged in any way".

Today's message has been taken from the Motzei Shabbos Melava Malka Parshas Tazira Taf Shin Pey Daled