



# THE ROSH YESHIVA SAYS:

Daily Messages from "A Powerful Minute"

A project of the "English Speaking Chaburas"

Heichal Hakodesh Breslev

Parshas Shmini 5784

Vol 69

## Thursday 18 Adar 2 5784

### Call Home

#### **The Rosh Yeshiva Says:**

You should call home during the day to show your wife your interest in what she is doing and how the kids are. It really means a lot to a woman when her husband calls home and is interested in her. I really want you to improve your Shalom Bayis, because it's the only way for us to be Ehrlich and holy. This is the only way we can be pure. Go for a little walk and do Hisbodidus, beg Hashem that there should be peace between you and your wife. Don't get angry with every small thing, and Chas Veshalom to cause your wife any pain.

Today's message has been taken from a letter from the Rosh Yeshiva Wednesday Parshas Tzav Taf Shin Pey Daled

## Friday 19 Adar 2 5784

### Your Own Shirt

#### **The Rosh Yeshiva Says:**

Rashi says that the Kohen needs to put on a shirt that is his own size. He can not put on someone else's clothes. This is a very nice thought, we can't copy someone else in Avodas Hashem. If someone gets up very early in the morning, I don't have to copy him. Someone else finishes all his studies,

and I can't, I must remember that Hashem wants me to put on my own shirt that fits me, that fits my size. The Rebbe once told someone who said that he can't get up for Chatzos, the Rebbe said your Chatzos will be 2:00 or 3:00. A father also can not tell his child, 'How come you're not like that kid?'. You don't have to be like anyone else, you have your own shirt that is your own personal size.

Today's message has been taken from a lecture from the Rosh Yeshiva to Avreichem Thursday Parshas Tzav Taf Shin Pey Daled

## Sunday 21 Adar 2 5784

### A Different Calculation

#### **The Rosh Yeshiva Says:**

Don't make any calculations on paper, nothing will change if we keep on checking how much things cost and how much we make. We need to make a different calculation, that there is a creator, who if we speak to him and beg him, he will give us all that we need. Especially if you cry out to him and say, "Hashem, I can't anymore, my debt is burdening me, help me bring home money for my wife and children. Hashem, I know that I'm at fault, I have sinned, I will come back and be good, I have remorse for all the bad that I have done, forgive me, please

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accept my repentance and give me prosperity".

Today's message has been taken from Ah Git Vort in the Yiddish Gilyon Parshas Tzav Taf Shin Pey Daled

**Monday 22 Adar 2 5784**

**Strong Will**

**The Rosh Yeshiva Says:**

The Rebbe had two Mechetunim, the holy Rav from Voltchisk, and the holy Rav from Chemelnik. The Voltchisker Ruv had a really strong will to come to Eretz Yisrael and he davened for 40 years to merit to come to Eretz Yisrael. When the Chemelniker Ruv heard this he laughed and said, "Why is he yearning so much, and is davening so hard to go? If he wants to go, let him take some money and go!". When the Rebbe heard this story he said, " You will see that because of the Voltchisker Ruvs strong will, he will end up going to Eretz Yisrael, and the Chelmelniker Ruv who thought that all you need to do is take some money and go, he will end up not making it. This is the way it really ended up turning out. We see from here that as long as a person really wants and yearns to be Ehrlich, he will ultimately merit to get out of his bad actions.

Today's message has been taken from A Vort Oif Der Parsha in the Yiddish Gilyon Parshas Tzav Taf Shin Pey Daled

**Tuesday 23 Adar 2 5784**

**Everything Will Change**

**The Rosh Yeshiva Says:**

Chazal tell us (Brachos 60b), to always say

that everything Hashem does is for the good. When a person truly believes that everything that happens is for his own benefit, he is Zoche to live in Gan Eden in this world, regardless of his suffering. He doesn't even consider running away or Chas Veshalom ending his life, instead, he uses his difficulties to come closer to Hashem. I beg of you, get rid of your negative thoughts and adopt the Rebbe's Eitzos of Tefilla and Hisbodidus. Find a quiet place with no one to disturb you and pour your heart out to Hashem. Tell him about your pain and plead with him to help you. Everything will change for the better, your situation will improve and you'll start finding the joy in life.

Today's message has been taken from a letter from the Rosh Yeshiva in Sparks of Emunah Parshas Tzav Taf Shin Pey Daled

**Wednesday 24 Adar 2 5784**

**This Tooth Hurts**

**The Rosh Yeshiva Says:**

Mohorosh said over how he once saw a Yid by a Tzion of a Tzadik, begging Hashem that his tooth hurts him, and he showed Hashem, here this one! Mohorosh was so impressed, because this is the way we need to speak to Hashem. We can actually show Hashem, here, right here it hurts me, here I have a bump, and here it's like that. Hashem is here, and I am speaking with Hashem. This is the highest level! What does it mean to be an Ehrlicher Yid? I think about Hashem, I speak to Hashem, and I thank him!

Today's message has been taken from Kartz In Sharf Monday Parshas Shmini Taf Shin Pey Daled